



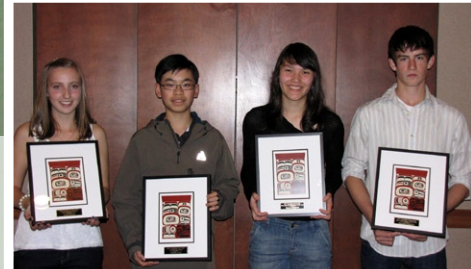
COQUITLAM TENNIS CLUB JUNIOR TENNIS PROGRAM 2012

SPRING SUMMER LESSONS JUNIOR TENNIS KIDS TENNIS HIGH PERFORMANCE TRAINING TENNIS CAMPS TOURNAMENTS COMPETITION TOURNAMENT ROAD TRIPS

A brand new year and a brand new start to the season. Spring is always the best time of the year. Fresh and new. The whole season is waiting for you to make the most of it and there is so much to look forward to. Interest in tennis is again on the upswing in the Lower Mainland. Our community junior tennis program has continued to attract interests from communities far beyond the Tri-Cities boundaries. As such it may have already become the largest outdoor program of its kind in our province. As our outdoor tennis program continue to expand, it has something for everyone. We will introduce you to the world of tennis or elevate your game through your sense of adventure and renewed perspective. From the beginners to the advanced juniors, from the kids tennis to the high performance groups, from learning to competing, we want you to enjoy the lessons and discover or rediscover the fun in tennis and the healthy lifestyle benefits it will bring into your life. Be transformed and feel the difference this season. Sign up and discover what tennis is all about. Let the magic of tennis happens here and it could be a season you will never forget! Come visit us at the Coquitlam Town Centre tennis courts on Pipeline Road at Guildford Way.

Adrian Tan, CTC Junior Program Director

WEBSITE: www.ctcjuniorprogram.blogspot.com/
EMAIL: ctcjuniorprogram@telus.net (preferred and best option)
TELEPHONE: 604.944.1138 (call only on weekday and weekend evenings)



KIDS TENNIS 1 3 – 5 years old \$50 per child

1 hour per lesson • Total 5 hours – 5 weeks • 6:1 ratio

- **Session A:** March 31 – April 28
(A) Saturday 11 am – 12 pm or 12 pm – 1 pm
- **Session B:** May 19 – June 16
- **Session C:** June 30 – July 28
- **Session D:** August 11 – September 8
(B / C / D) Saturday 9 am – 10 am or 10 am – 11 am

• *Introduce juniors to the game of tennis in a fun and enjoyable atmosphere. Emphasis is on improving eye-ball coordination and ball handling skills. Basic strokes – forehand and backhand groundstrokes will be covered.*

KIDS TENNIS 2 6 – 9 years old \$55 per child

1 hour per lesson • Total 5 hours – 5 weeks • 6:1 ratio

- **Session A:** March 31 – April 28
(A) Saturday 11 am – 12 pm or 12 pm – 1 pm
- **Session B:** May 19 – June 16
- **Session C:** June 30 – July 28
- **Session D:** August 11 – September 8
(B / C / D) Saturday 9 am – 10 am or 10 am – 11 am

• *Introduce juniors to the game of tennis in a fun and enjoyable atmosphere. Emphasis is on improving eye-ball coordination and ball handling skills. Basic strokes – forehand and backhand groundstrokes will be covered.*

KIDS TENNIS 3 6 – 9 years old \$55 per child

1 hour per lesson • Total 5 hours – 5 weeks • 6:1 ratio

- **Session A:** March 31 – April 28
(A) Saturday 12 pm – 1 pm
- **Session B:** May 19 – June 16
- **Session C:** June 30 – July 28
- **Session D:** August 11 – September 8
(B / C / D) Saturday 10 am – 11 am

• *This is an extension to Kids Tennis 2 for juniors who are ready to take their tennis to the next level. Emphasis is on sustaining longer rallies over the net. Forehand and backhand groundstrokes techniques will be refined. Volley and serve will be introduced.*

KIDS TENNIS HIGH PERFORMANCE 7 – 9 years old

Next level up from Kids Tennis 3 • See High Performance 9 next page

BAD WEATHER • *Lessons affected will be rescheduled after the end of the season or session. However, rescheduled lessons will be made up until September 29, 2012. Lessons affected by wet weather will be updated on our junior program website at least an hour before the lesson starts.*

REFUND • *Prorated refunds only for the first 2 weeks. No refunds after the 2nd week of lessons or 2nd day of camp.*

REGISTRATION • *Groups are filled on a first-come-first-served basis.*

DISCOUNTS • *Early Bird and Sibling discounts can be applied towards registration fees. See registration page.*

BEGINNER 10 – 18 years old \$180 per child

1½ hours per lesson • Total 22.5 hours – 15 weeks • 6:1 ratio

May 26 – September 8
Saturday 11 am – 12:30 pm

No Lesson on August 25

- *Juniors will be grouped according to their level of ability.*
- *This level is for juniors starting off in tennis or who needs the basic strokes instructions. Emphasis is on the core fundamentals strokes such as forehand and backhand groundstrokes, volleys, and serves. Basic rules and scoring as well as basic positions and procedures for singles and doubles will be discussed.*

NOVICE 10 – 18 years old \$180 per child

1½ hours per lesson • Total 22.5 hours – 15 weeks • 6:1 ratio

May 26 – September 8
Saturday 11 am – 12:30 pm

No Lesson on August 25

- *Juniors will be grouped according to their level of ability.*
- *This is a step up from the beginner level, and for those who had at least a full season of basic tennis instructions and playtime. Emphasis is on groundstrokes control, short rallies, court positioning and shot placement. Core fundamentals strokes such as forehand and backhand groundstrokes, volleys and serves will be refined. Rules, scoring as well as basic positions and procedures for singles and doubles will be covered in games.*

INTERMEDIATE 10 – 18 years old \$180 per child

1½ hours per lesson • Total 22.5 hours – 15 weeks • 6:1 ratio

May 26 – September 8
Saturday 12:30 pm – 2 pm

No Lesson on August 25

- *Juniors will be grouped according to their level of ability.*
- *Juniors will continue to refine on the core fundamental strokes, techniques and footwork.*
- *At the lower level, juniors will be expected to keep the ball in play at a slower paced rally on a consistent basis. Also covered include strokes dependability, court coverage, ball placement and direction*
- *The higher intermediate level will emphasize strokes dependability, and ball placement with depth, spins and more power. Juniors will be expected to move towards a faster, stronger paced rally with better court coverage. Other areas covered include lobs and overheads, placement of first and second serves, return of serves, approached shots and net play.*
- *Positioning, scoring and strategy in singles and doubles will be covered in games.*

TENNIS CAMPS 6 – 18 years old \$96 per child

For beginner to intermediate players • Total 12 hours • 6:1 ratio

Monday to Thursday, 9 am to 12 pm

- **Session A:** July 9 – 12
- **Session B:** July 16 – 19
- **Session C:** July 23 – 26
- **Session D:** August 13 – 16
- **Session E:** August 20 – 23

HP 14 SPRING TRAINING 9 – 14 years old \$96 per child

2 hours per lesson • Total 12 hours – 6 weeks • 4:1 ratio

March 31 – May 5

Saturday 1 pm – 3 pm

• *This spring training is to prepare younger juniors for the upcoming Coquitlam Junior Spring Challenger tournament. Juniors will be competing in the under 10, 12 and 14 age categories during the May long weekend. Drills, practice matches and physical fitness will be emphasized. See the summer session for more details.*

[Early Bird and Sibling discounts do not apply to Spring Training]

HP 18 SPRING TRAINING 15 – 18 years old \$96 per child

2 hours per lesson • Total 12 hours – 6 weeks • 4:1 ratio

March 31 – May 5

Saturday 3 pm – 5 pm

• *This spring training is to prepare juniors for the upcoming Coquitlam Junior Spring Challenger tournament during the May long weekend. Drills, practice matches and physical fitness will be emphasized. See the summer session for more details.*

[Early Bird and Sibling discounts do not apply to Spring Training]

NEW HIGH PERFORMANCE 9 7 – 9+ years old \$220 per child

1½ hours per lesson • Total 33 hours – 14 weeks • 4:1 ratio

TWICE WEEKLY in July and August

May 26 – September 8

Saturday 12:30 pm – 2 pm

AND July 4 – August 22

Wednesday 4:00 pm – 5:30 pm

No Lessons on August 4, 25 and 29

• *For the younger juniors who are ready for the next level up from Kids Tennis 3 and are looking towards competitive tournament play in the near future.*

• *This session offers a lower instructor to student ratio, and a higher level of tennis instructions.*

• *Juniors will be grouped according to their level of ability.*

• *Play Tennis is added to the July and August expanded schedule to include games and friendly match play among each other on Wednesdays.*

• *Juniors will continue learning their core fundamental strokes, techniques and footwork. Focus is on getting to the consistency of shot making with placement, and depth. Spins may come into play at a later stage.*

• *Specialty shots such as lobs, overheads, drop shots and approach shots may also be covered.*

• *If juniors are ready for competitions, there are U8 (½ court) and U9 (¾ court) Progressive Tennis Tournaments during the outdoor season.*

PRIVATE LESSONS all levels, email or see WEBSITE FOR DETAILS

1 to 2 hours per lesson is available • 1:1 ratio or 2:1 ratio

HITTING PARTNERS all levels, email or see WEBSITE FOR DETAILS

1 to 2 hours per session is available • 1:1 ratio • minimal cost

• **JUNIORS & ADULTS:** *looking to find someone good to rally with? Get a hitting session with one of our club's top ranked older juniors.*

FOR TOURNAMENT PLAYERS ONLY

HIGH PERFORMANCE 14 10 – 14 years old \$260 per child

HIGH PERFORMANCE 18 15 – 18 years old \$260 per child

2 hours per lesson • Total 44 hours – 14 weeks • 4:1 ratio

TWICE WEEKLY in July and August

May 26 – September 8

HP 14 Saturday 2 pm – 4 pm

HP 18 Saturday 4 pm – 6 pm

AND July 4 – August 22

HP 14 Wednesday 12 noon – 2 pm

HP 18 Wednesday 3 pm – 4 pm

No Lessons on August 4, 25 and 29

• *This session is for juniors who want to start playing tournaments in 2012 or are already competing in tournaments.*

• *Juniors will be grouped according to their level of ability.*

• *This level offers a higher level of competition and advanced tennis instructions, and is open to juniors at the intermediate to advanced level.*

• *Juniors will continue to work on mastering the core fundamental strokes, techniques and footwork. Focus is on getting to the consistency of shot making with placement, depth, spins and power. Intensive drills and match play are also used to reinforce solid stroke foundations and achieve positive results. Specialty shots will include slice, lobs, overheads, drop shots and approach shots. Also covered are placement of first and second serves, return of serves, net play, tennis geometry, court coverage, singles and doubles match strategies, match preparation, mental aspects of the game, and physical fitness to help improve endurance, strength and flexibility.*

• *Juniors will be prepared for at least six open tournaments at the Challenger and/or Champs level during the season. In addition, this High Performance session will be expanded to twice weekly during July and August to include games on Wednesdays.*

• *Registration priority will be given first to tourney level players.*

HP 18 juniors selected for the CTC Junior League team, will have an additional cost of \$25 per person.

2012 JUNIORS' CLUB EVENTS

Friday, March 16 – Sunday, March 18

• **Junior Spring Break Champions** [Road Trip] @ Victoria

Friday, May 18 – Monday, May 21

• **Coquitlam Junior Spring Challenger Tournament** @ CTC

July – August

• **BC Junior League Tennis** @ Lower Mainland Tennis Clubs

July – August

• **Club Closed Junior Singles & Doubles Tournament**

Thursday, August 2 – Monday, August 6

• **Junior Grass Court Championship** [Road Trip] @ Duncan

Friday, August 24 – Tuesday, August 28

• **Coquitlam Junior Open Tournament** – Champs @ CTC

Tuesday, August 28 – Friday, August 31

• **Coquitlam Junior Open Tournament** – Challenger @ CTC

Saturday, September 1 – Monday, September 3

• **Whistler RC Labour Day Champs** [Road Trip] @ Whistler

Saturday, Mid-October [TBA]

• **CTC Awards & Banquet Evening** @ Poco Best Western

COQUITLAM TENNIS CLUB JUNIOR PROGRAM

2012 REGISTRATION

*All communications regarding lessons will be made by email. Please print your email address clearly. Other updates including rainouts will be posted on the junior program website.

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Name _____ Date of Birth _____

Address _____ City _____ Postal Code _____

Telephone (Home) _____ (Cell) _____ Email Address (Print Clearly) _____

KIDS TENNIS 1 3 – 5 years old • 1 Hour \$50 per child

- Session A1** • Saturday, March 31 (11 am)
- Session A2** • Saturday, March 31 (12 pm)
- Session B1** • Saturday, May 19 (9 am)
- Session B2** • Saturday, May 19 (10 am)
- Session C1** • Saturday, June 30 (9 am)
- Session C2** • Saturday, June 30 (10 am)
- Session D1** • Saturday, August 11 (9 am)
- Session D2** • Saturday, August 11 (10 am)

KIDS TENNIS 2 6 – 9 years old • 1 Hour \$55 per child

- Session A1** • Saturday, March 31 (11 am)
- Session A2** • Saturday, March 31 (12 pm)
- Session B1** • Saturday, May 19 (9 am)
- Session B2** • Saturday, May 19 (10 am)
- Session C1** • Saturday, June 30 (9 am)
- Session C2** • Saturday, June 30 (10 am)
- Session D1** • Saturday, August 11 (9 am)
- Session D2** • Saturday, August 11 (10 am)

KIDS TENNIS 3 6 – 9 years old • 1 Hour \$55 per child

- Session A** • Saturday, March 31 (12 pm)
- Session B** • Saturday, May 19 (10 am)
- Session C** • Saturday, June 30 (10 am)
- Session D** • Saturday, August 11 (10 am)

EARLY BIRD DISCOUNT (discount is per session per child)

Register no later than 4 weeks before the session starts.

Kid Tennis • \$5.00 off
 • For **Kid Tennis session A**, discount is given until March 17.

Beginner to Summer High Performance • \$10.00 off

Spring High Performance • Discount does not apply.

Tennis Camps • \$10.00 off

SIBLING DISCOUNT (discount is per session per child)

When 2 or more siblings are registered in our program.

Kid Tennis • Tennis Camp • \$5.00 off

Beginner to Summer High Performance • \$10.00 off

Spring High Performance • Discount does not apply.

BEGINNER 10 – 18 years old • 1½ Hours \$180 per child

- Session A** • Saturday, May 26 (11 am)

NOVICE 10 – 18 years old • 1½ Hours \$180 per child

- Session A** • Saturday, May 26 (11 am)

INTERMEDIATE 10 – 18 years old • 1½ Hours \$180 per child

- Session A** • Saturday, May 26 (12:30 pm)

HP SPRING TRAINING 2 Hours \$96 per child

- High Performance 14** • Saturday, March 31 (1 pm)
- High Performance 18** • Saturday, March 31 (3 pm)

HIGH PERFORMANCE Training 1½ Hours \$220 per child

- High Performance 9** • Saturday, May 26 (12:30 pm)

HIGH PERFORMANCE Training 2 Hours \$260 per child

- High Performance 14** • Saturday, May 26 (2 pm)
- High Performance 18** • Saturday, May 26 (4 pm)

TENNIS CAMPS 6 – 18 years old • 12 Hours \$96 per child

- Beginner Novice
- Low Intermediate High Intermediate
- Session A** • Monday to Thursday, July 9–12
- Session B** • Monday to Thursday, July 16–19
- Session C** • Monday to Thursday, July 23–26
- Session D** • Monday to Thursday, August 13–16
- Session E** • Monday to Thursday, August 20–23

Amount: _____

Less Early Bird Discount: _____

Less Sibling Discount: _____

Total: Cash Cheque _____

Cheque or cash payment only.

Make cheque payable to: **Coquitlam Tennis Club.**

Mail registration form to: **CTC Junior Program
 c/o #307-1199 Westwood Street
 Coquitlam, BC V3B 7P6**

RECEIVED BY _____	DATE _____
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