

# TREATMENT PLAN FOR INDIVIDUAL THERAPY

## I. PRESENTING PROBLEMS

### A. Identified by client

- 1.
- 2.
- 3.
- 4.

### B. Identified by therapist

- 1.
- 2.
- 3.
- 4.

## II. GOALS OF THERAPY

### A. Short term (List and give estimated time for accomplishment)

- 1.
- 2.
- 3.

### B. Long term

- 1.
- 2.

## Treatment Plan for Individual Therapy

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3.

4.

### III. THERAPEUTIC METHODS TO BE EMPLOYED:

1.

2.

3.

4.

### IV. COLLATERAL AND SUPPORTIVE SERVICES TO BE USED:

1.

2.

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Therapist: