

Passion Killers

Three Dozen Guaranteed Ways To Kill Passion

By David S. Hersh, Ed.D., FAACS
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- 1) One partner does all the sexual initiation.
- 2) All sexual initiation is done nonverbally.
- 3) Boredom from routine - familiarity - inability to explore.
- 4) Can only be sexual in the dark with quiet.
- 5) Distraction or interruption during sex: TV, telephone, kids, etc.
- 6) Acquiescence rather than responsiveness - (inability to say NO). Being sexual when one would rather not.
- 7) A wide discrepancy between partners in desired frequency within a sexually exclusive relationship.
- 8) Not being able to share fantasy material.
- 9) No sexual conversation outside bed.
- 10) Anger about nonsexual aspects of the relationship.
- 11) Wham, bam, thank you ma'am.
- 12) Fear of being sexually out of control ("sexual abandon").
- 13) Constant focus on orgasm as a goal.
- 14) Leaving sex for when one is too tired.
- 15) Not masturbating or not being able to speak about masturbation with partner.
- 16) Jealousy.
- 17) Conflicts in sexual or nonsexual value system.
- 18) Strictly defined gender roles in the relationship.
- 19) Assumed sexual exclusivity.
- 20) Belief that sex should be spontaneous.
- 21) Having many children without sufficient spacing.
- 22) Intercourse in only one position.
- 23) Sex as serious business.
- 24) Aversion to or embarrassment by props or sexual dress.
- 25) Faking orgasm.
- 26) Sexual secrets.
- 27) Religious orthodoxy - sex as a duty.
- 28) Lack of physical or emotional safety.
- 29) Physical illness.
- 30) Sex traded for non-sexual goals.
- 31) Expectation of a woman having orgasm during intercourse.
- 32) Not liking oral sex and having a partner who does.
- 33) An undesired change in the personal hygiene or grooming of one's partner.
- 34) Weight gain.
- 35) Power imbalance.
- 36) Sexual dysfunction - anorgasmia, painful intercourse, rapid ejaculation, erectile problems.