



NEWSLETTER

Dianne's Paddock

At the time of this message, we are still waiting for the Dressage Canada Rules for 2008 to be finalized. Until such time it is impossible to tell you what kind of shows LIEC will be able to offer its membership in the next show season. The current Board of Directors has decided that the best way to deal with the new rule changes is to poll the membership once we have a finalized version of the available levels. The Discovery Level, currently on the drawing board, and the Bronze Level are the options that best describe the shows we have offered in the past but, as yet, allowable tests in those levels and the fee structures have not been finalized. Until such time we will continue to send you accurate information as it is received – believe me, no one hates playing the waiting game more than I do!

Plans are afoot for the AGM and Awards Dinner to be held at Glen Meadows Golf and Country Club on November 24th. We have decided to provide our own music and entertainment this year so if any of you have been aspiring to get up and entertain, please let us know. As usual, the delicious buffet is heavily subsidized and contains vegetarian options. Our AGM and the election of the new Board of Directors will follow dinner and precede the presentation of awards. There are some delightful door prizes to be won and a draw for the volunteers.

Please see the job descriptions provided in this newsletter – we welcome any new members to the team. I would be more than willing to step aside and assist anyone who is interested in the President's job. If you would like to take on any of these volunteer positions or nominate someone you may think is suitable, please contact Sheila Skene (smskene@telus.net).

In closing, you will find information included regarding the Steward's Clinic that is coming to Duncan the weekend following our AGM. One of the requirements for a Bronze Level competition (this level would be comparable to a PaRC such as our 2 day show at the Fairground) is that they have a Steward present. There are no Stewards on Vancouver Island and HCBC is bringing this clinic here to provide information to any of you who may be interested. Please note however that a Steward is not allowed to officiate at a show where a family member is competing and may not be involved as part of the Show Committee.

Dianne

2007 LIEC Annual General Meeting & Awards Dinner

SATURDAY NOVEMBER 24TH

7:00PM

GLEN MEADOWS GOLF & COUNTRY CLUB

1050 MCTAVISH ROAD

MEMBER \$12.50 NON-MEMBERS \$20.00



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On the Road



Many of our members load up the truck and trailer to put their hard work and training to the test at competitions outside the Victoria area. Dressage is an important aspect of Three Day Eventing. **Glynis Schultz** had wins and consistent success to take home the BC Training Level Championship. **Sue Elliott** went to the winner's circle at the August event at the Avalon Horse Trials in the Pre Entry Division. **Loma Moth** at the Pre Entry level and **Gillian Dorosh** in Training level also had success taking second and third placing respectively. Notably, the entire **Wilman Brown Family** of **Roy, Virginia** and **Emily** consistently took home ribbons throughout the eventing season against stiff competition.

Lynn Thorburn competed consistently throughout the season improving her standings each time. Newcomer to the world of eventing, **Ruth Lick**, took second place in the Starter division thanks to strong showing in the dressage ring. Yes, you read that right, **Ruth Lick** took a second place at an event! As well, **Brad Bardua** placed fifth amongst a crowded Pre Entry division.

Moving to the more familiar setting of Dressage competitions, we found several of our members at the Rising Stars Dressage show. **Izi Casciola** took the Reserve Champion at Primary Training Level and **Olivia Dayton** was pinned as Champion at National Training Level. **Lauren Newman** won the National First Level Championship while **Amy Wellburn** and **Chelsea Vivian** placed very well amongst tough competitors.

Brittany Eastgate travelled the Rocky Mountains to ride in the Canadian National Young Rider Championships. The trip was worthwhile as she brought home Reserve Championships in both the technical test and the freestyle.

A review of the results of the BC Dressage Championships finds **Ruth Lick** returning to the dressage world and taking the Training Level Championship. **Lorraine Bardua** was the Open First Level Champion and the winner of the Blue Heron 6 year old Young Horse Division. **Lisa Bricknell** also ventured across the water to the BC Championships and had very respectable first showing on the mainland.

Our apologies to anyone whom we missed – please let us know - and congratulations to everyone who takes their show on the road and represents themselves and the Lower Island Equestrian Club.

Greenhawk Winter Series Workshops...

Gaining the Competitive Edge:

Mental Training for the Equestrian

David Freeze

November 23rd-25th

Evenings – details TBA

\$20.00/session

Learn to overcome pre-performance jitters, fear, and anxiety to gain the focus, confidence, motivation and mental state needed for both greater training and competitive success and increased enjoyment of your ride.

Alternative Healing Modalities I:

Chiropractic Care for Horses

Dr. Jane Kettner

Thursday, March 17th

7.00pm

Price TBA

Call Greenhawk to pre-register



Chase's Story

Submitted by Kathie Dorval

I bought Chase as a dressage horse for Samantha, my granddaughter, whom I have trained and has just recently won the Legion of Supreme Honor on her horse Cherokee. Samantha tried for a year to get Chase going but he just couldn't canter to the left. He would buck, kick out, switch leads on the hind end, race backwards, rear up and even refuse to go forward at all. When Samantha became frustrated trying with him, I began. I couldn't even pick up any contact on the reins; he would back away from it. When I tried to transition downward, he would stick his face way out and brace for the big pull on his mouth that he thought was coming. Little by little I got him to allow me to take a bit of contact and trust that I was not going to pull him down to a walk or halt. For the whole first year I rode him I had to stand in the stirrups to stay up off his back.

One day while grooming him I noticed the bones in his rump were at different heights; the left was about an inch and a half lower than the other side. This is why he couldn't canter on the left lead – he couldn't put any weight on the left leg because the hip was locked! He had learned ways to compensate for this like traveling very wide behind so his legs didn't have to come up under but could go beside. Several chiropractic visits and adjustments later his hip would stay in place. He still doesn't quite trust that his hind legs can come up under himself without hurting but he is making significant progress. In the last month his rump has begun to swing up and down as his legs move. Even though it doesn't hurt, his brain is programmed to expect the pain.

To keep Chase going he is attended monthly by both a chiropractor and massage therapist. Before I ride him I do carrot stretches to both sides and between his legs. I take his hind legs up under his body as far as they will do and then out behind. I also use acupressure to make him round his back and tilt his pelvis, both up and under, and rotate his front legs while lifting them up – all to help him supple and be ready to work.

When I bought Chase he was seven years old and had been sold eight times. You can only imagine what this must have done to his mind and ability to trust and bond with someone. When new owners found out how 'bad' he was, he would just be sold again. Seven years of pain, being forced to do something he was not physically able to do, and being punished for not doing it. It must have been very hard for him to endure. I am sure many horses would have given up trying to please and become rouges. Chase always tries and I think he has done well considering his awful treatment in the past.

This summer he was finally rewarded for all his hard work when he was awarded the Legion of Honor, winning all his points in dressage.

...Call 652-1002 to register

Emergency First Aid I



Dr. Tino Martinez
Thursday, January 24th
7.00pm
\$10.00

Proceeds will be donated

Emergency First Aid II



Dr. Tino Martinez
Thursday, February 7th
7.00pm
\$10.00

Proceeds will be donated

A Guide to Routine Veterinary Care for the New Horse Owner

Dr. Tino Martinez
Thursday, February 21st
7.00pm
\$10.00

Proceeds will be donated

Job Descriptions – Board of Directors

PRESIDENT: the duties include but are not limited to ensuring the following tasks are done either by delegation or hands on: chairing meetings of the Board of Directors, approximately 8/year; providing an agenda



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for meetings; booking venues for shows; booking judges; obtaining permits; booking concessions; reviewing policies with Directors and ensuring they are kept up to date; ensuring that accurate up to date news from HCBC, DC and EC that impacts LIEC is passed on to members; providing updates for the web page; ordering ribbons, recalling trophies and having them engraved as necessary; finding Show Chairs and working with them to ensure shows are well organized; overseeing planning of the AGM; maintaining statistical data for year end awards; and finding sponsorship for shows, particularly the 2 day June show. The organizational side of this job can be done over the quiet winter months; show season is busy and the amount of time spent at shows is certainly an individual choice. Good organizational skills and computer skills are assets.

VICE-PRESIDENT: helps with the above duties and steps in for the President as needed.

SECRETARY: records minutes from meetings; reads minutes at the meetings or distributes to members before hand and amends as necessary.

TREASURER: this is an appointed position – the volunteer will be approved by the Board of Directors; should be fiscally responsible; accounting skills not necessary but would be an asset; computer skills and ability to make and maintain spread sheets an asset; should liaise with Show Chair or Show Secretary on day of show to ensure bills are paid; provides updated financial information to Board of Directors at meetings; has signing authority with President; makes deposits to the Credit Union; pays bills as necessary.

SHOW SECRETARY: has access to LIEC locker at EBLES; works with Show Chair to organize set up of surrounds evening before show and supervises same; sets up Judge's Booth and Show Office; keeps track of rosettes for yearly ordering, stores same and brings to shows; keeps copies of current tests and makes up the clip boards for Whipper-In and Scribes; purchases stationery supplies; opens the Office on show day; distributes competitors numbers; assists in scoring with the volunteers scheduled by the Show Chair.

DIRECTOR AT LARGE: attends meetings as scheduled; provides input into decision and policy making; assists with any of the above as necessary.

2007 LIEC Board of Directors

EXECUTIVE

PRESIDENT:	Dianne Moore	652-5189	diannemore@shaw.ca
VICE-PRESIDENT:	Linda Edgell	652-9386	ledgell@shaw.ca
SECRETARY:	Adrianna Sisco	391-0163	sisco@3web.net
TREASURER:	Deb Wellburn	655-4050	dwellburn@shaw.ca

DIRECTORS AT LARGE

	Lorraine Bardua	483-5017	hytail-r@shaw.ca
	Michelle Garnett	588-7728	mgarnett@uvic.ca
	Ruth Lick	652-9534	
MEMBERSHIP:	Gillian Phillips	475-0789	rod-and-gill@shaw.ca
NEWSLETTER:	Anna-Lise ter Mors	298-7705	annalise.tm@gmail.com