



*Coombs*  
**REFLEXOLOGY  
CLINIC**

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**Theda Mortenson**  
*Certified Reflexologist, Foot Reflexology*

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**By appointment only**  
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## **Reflexology... nature's secret for vibrant health.**

### **Your foot is wonderfully constructed.**

The reflexes in your feet are located in zones that correspond to all body parts, glands and organs. When the reflexologist stimulates these reflexes, it mimics the sensory signals for proprioception - the sense that indicates whether the body is moving with required effort, and where the various parts of the body are located in relation to each other.

***Reflexology*** is a natural healing art used for thousands of years to

- relieve tension
- reduce stress
- improve circulation
- promote multiple health benefits by manipulating reflexes in the feet.

Give your body the special attention it deserves.  
Call today for an appointment.

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