

MY HEART CRIES FOR YOU

Dance by: Hank & Jetty Waistra
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Record: Green 14024
Directions for Man
Sequence: Intro-A-B-A-B-A-Tag

MEAS.

INTRODUCTION

- 1-4 WAIT;; SD DRAW TOUCH L & R;;
1-2 In bfly wait 2 meas;;
3-4 Sd L draw R to L touch; Sd R draw L to R touch;

PART A

- 1-4 WALTZ AWAY; TURN IN; 2 R FC SOLO TURNS;; (LEFT FOR LADY)
1-2 Trng away from ptrn turn L, trng to fc ptrn R,L; trng to fc RLOD R,L,R;
3-4 Starting solo trns bk L, trng to fc COH R,L; fwd/trn R, continue trng L,R; bfly Wall
(W bk R to fc wall cont. trng L,R; L,R,L to COH)
- 5-8 STEP SWING; SPIN/MANUEVER; 2 R FC TURNS;;
5-6 Fwd L, crossing R over L; toe pointed down not touching floor Rec R 1/4 R trn sd L,
cl R; CP RLOD (W spinning L,R,L);
7-8 BK/trn L,R,L; fwd/trn R,L,R; Bfly
- 9-16 REPEAT MEASURES 1-8 CP WALL

PART B

- 1-4 TWISTY BALANCE L & R;; TWISTY VINE; THRU TO BFLY;
1-2 Sd/trn L, fcg RLOD bk R, rec L; sd/trn R, fcg LOD bk L, rec R; (sd/trn R, fcg LOD
fwd L, rec R; sd/trn L, fcg RLOD, fwd R, rec L;)
3-4 Sd L, XRIB, sd L; (W sd R, XLIF, sd L; XRIF, sd L, cl R; (W XLIF, sd R, cl L;)
- 5-8 DRIFT APART; STEP TO TAMARA; CHANGE SIDES; ON TO FACE;
5-6 Holding on to both hands bk L,R,L; in place; Releasing M's R hand W's L hand step
fwd R, L,R; right hips tog (W placing L hand in back M taking hold W's left with his
R hand) bringing lead hand up to make an arch;
7-8 Wheel 1/4 Right L,R,L; Holding on to M's R, W's L hand, releasing M's L, W's R, turn
to fc R,L,R;
- 9-16 REPEAT MEASURES 1-8 RLOD

TAG

- 1-4 BALANCE L & R;; VINE/TWIRL; THRU FACE CLOSE;
1-2 Sd L,XRIB, rec L; sd R,XLIB, rec R;
3-4 Sd L,XRIB, sd L; (W making R to trn under M's arm R,L,R; XRIF, sd L, cl R; (W
XLIF, sd R, cl L;)
- 5-8 BOX;; CANTER; APT. PT;
5-6 Fwd L, sd R, cl L; Bk R, sd L, cl R;
7-8 Sd L, draw R-cl; Bk L, pt R fwd ptrn;