

Whistler Try-A-Tri Triathlon - May 23rd 2009 - Sorted by Category

Place overall	Place in Cat	First name	Last Name	Cat	Hometown	Bib		300m Swim time	Rate 100m/min	Swim Place	14km Bike Time	Rate km/hr	Bike Place	4km Run time	Pace min/km	Run Place	Total time	Place overall
4	1	Brittany	Herle	F19-24	Squamish BC	140		00:06:20	00:02:07	1	00:33:27	25.11	1	00:18:41	00:04:40	1	00:58:28	4
29	2	Charne	Patrick	F19-24	aribaldi Higt BC	155		00:07:13	00:02:24	3	00:41:39	20.17	3	00:24:54	00:06:13	2	01:13:46	29
65	3	Katie	Coombs	F19-24	Whistler Bc	186		00:06:58	00:02:19	2	00:55:34	15.12	2	00:36:10	00:09:03	3	01:38:42	65
6	1	Haley	Oxenham	F25-29	rth Vancou BC	179		00:05:56	00:01:59	3	00:35:40	23.55	1	00:18:40	00:04:40	1	01:00:16	6
11	2	Robyn	Pook	F25-29	Whistler BC	157		00:05:38	00:01:53	2	00:36:51	22.80	2	00:19:56	00:04:59	4	01:02:25	11
13	3	Katelyn	Thompson	F25-29	Whistler BC	167		00:06:06	00:02:02	4	00:38:19	21.92	3	00:19:43	00:04:56	2	01:04:08	13
22	4	Sarah	Miller	F25-29	aribaldi Higt BC	153		00:05:23	00:01:48	1	00:42:19	19.85	4	00:22:53	00:05:43	6	01:10:35	22
28	5	Alana	Sampson	F25-29	Whistler BC	159		00:07:29	00:02:30	10	00:46:15	18.16	8	00:19:55	00:04:59	3	01:13:39	28
34	6	Meredith	Bodell	F25-29	Whistler BC	120		00:06:15	00:02:05	6	00:44:38	18.82	6	00:24:55	00:06:14	7	01:15:48	34
37	7	Carly	Fryer	F25-29	w Westmin BC	133		00:06:37	00:02:12	8	00:43:31	19.30	5	00:27:04	00:06:46	10	01:17:12	37
40	8	Gail	Hickey	F25-29	Surrey BC	141		00:06:38	00:02:13	9	00:48:19	17.39	10	00:22:43	00:05:41	5	01:17:40	40
41	9	Cydney	Walker	F25-29	rth Vancou BC	175		00:06:15	00:02:05	6	00:45:50	18.33	7	00:26:01	00:06:30	9	01:18:06	41
44	10	Natalie	Yakowich	F25-29	aribaldi Higt BC	172		00:06:09	00:02:03	5	00:47:18	17.76	9	00:26:00	00:06:30	8	01:19:27	44
64	11	Nicole	Todd	F25-29	Victoria BC	168		00:07:55	00:02:38	11	00:59:39	14.08	11	00:31:05	00:07:46	11	01:38:39	64
5	1	Sarah	Kent	F30-34	Toronto ON	189		00:04:51	00:01:37	1	00:37:51	22.19	1	00:17:27	00:04:22	1	01:00:09	5
17	2	Amber	Mann	F30-34	Whistler BC	150		00:07:29	00:02:30	3	00:39:32	21.25	2	00:19:55	00:04:59	3	01:06:56	17
20	3	Janis	Horwat	F30-34	Pemberton BC	174		00:08:47	00:02:56	5	00:40:42	20.64	3	00:19:06	00:04:46	2	01:08:35	20
53	4	Angela	Sommerfeld	F30-34	Richmond BC	163		00:06:25	00:02:08	2	00:53:40	15.65	4	00:28:21	00:07:05	4	01:28:26	53
62	5	Annessa	Terry	F30-34	Lillooet BC	166		00:07:50	00:02:37	4	01:00:12	13.95	5	00:29:23	00:07:21	5	01:37:25	62
19	1	Shannon	Ellis	F35-39	Pemberton BC	176		00:09:03	00:03:01	6	00:39:31	21.26	1	00:18:55	00:04:44	1	01:07:29	19
31	2	Lili	De Capite	F35-39	w Westmin BC	127		00:07:25	00:02:28	2	00:44:14	18.99	3	00:22:49	00:05:42	2	01:14:28	31
38	3	Faith	Hayman	F35-39	Vancouver BC	139		00:06:51	00:02:17	1	00:47:27	17.70	4	00:23:00	00:05:45	3	01:17:18	38
39	4	Donna	McKenzie	F35-39	Whistler BC	151		00:08:15	00:02:45	4	00:42:40	19.69	2	00:26:40	00:06:40	4	01:17:35	39
52	5	Tamara	Dorn	F35-39	St. Albert AB	129		00:07:34	00:02:31	3	00:53:41	15.65	5	00:26:45	00:06:41	5	01:28:00	52
56	6	Darlana	Knox	F35-39	Powell Rive BC	145		00:10:06	00:03:22	9	00:55:47	15.06	8	00:27:12	00:06:48	7	01:33:05	56
57	7	Corinne	Hamill	F35-39	Squamish BC	183		00:09:17	00:03:06	8	00:55:13	15.21	6	00:28:41	00:07:10	9	01:33:11	57
60	8	Rachel	Mimeault	F35-39	Powell Rive BC	190		00:09:16	00:03:05	7	00:58:10	14.44	10	00:26:47	00:06:42	6	01:34:13	60
61	9	Tara	Lowry	F35-39	w Westmin BC	148		00:12:02	00:04:01	11	00:55:14	15.21	7	00:28:24	00:07:06	8	01:35:40	61
67	10	Tricia	Tremblay	F35-39	Kamloops BC	170		00:11:58	00:03:59	10	00:56:12	14.95	9	00:37:53	00:09:28	10	01:46:03	67
70	11	Tammy	Dillon	F35-39	Lillooet BC	128		00:08:17	00:02:46	5	01:03:22	13.26	11	00:39:24	00:09:51	11	01:51:03	70
24	1	Tina	Gonnella	F40-44	Whistler BC	135		00:06:19	00:02:06	1	00:42:55	19.57	2	00:22:25	00:05:36	1	01:11:39	24
32	2	Martine	Norris	F40-44	Victoria BC	154		00:07:17	00:02:26	2	00:40:38	20.67	1	00:26:51	00:06:43	4	01:14:46	32
42	3	Dana	Hangle	F40-44	Lillooet BC	138		00:09:40	00:03:13	4	00:45:06	18.63	3	00:23:28	00:05:52	2	01:18:14	42
43	4	Kari	Stevenson	F40-44	Surrey BC	165		00:08:50	00:02:57	3	00:45:37	18.41	4	00:24:42	00:06:11	3	01:19:09	43
58	5	Vanessa	esterhout-L	F40-44	Redmond WA	184		00:10:48	00:03:36	5	00:51:12	16.41	5	00:31:21	00:07:50	5	01:33:21	58

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Place overall	Place in Cat	First name Last Name	Cat	Hometown	Bib		300m Swim time	Rate 100m/min	Swim Place	14km Bike Time	Rate km/hr	Bike Place	4km Run time	Pace min/km	Run Place	Total time	Place overall
12	1	Shelley Gunn	F45-49	Lillooet BC	137		00:05:29	00:01:50	2	00:38:42	21.71	1	00:19:51	00:04:58	1	01:04:02	12
33	2	Jacquetta Benard	F45-49	Lillooet BC	118		00:08:13	00:02:44	5	00:42:34	19.73	2	00:24:23	00:06:06	2	01:15:10	33
46	3	Monique Thibault	F45-49	Whistler BC	173		00:05:42	00:01:54	3	00:46:06	18.22	3	00:30:35	00:07:39	5	01:22:23	46
50	4	Marnie Brown	F45-49	Chilliwack BC	123		00:06:45	00:02:15	4	00:52:51	15.89	6	00:27:59	00:07:00	3	01:27:35	50
51	5	Amanda Gray	F45-49	Sidney BC	136		00:10:18	00:03:26	5	00:49:03	17.13	4	00:28:30	00:07:07	4	01:27:51	51
63	6	Cindy Cardiff	F45-49	Squamish BC	125		00:10:19	00:03:26	6	00:52:47	15.91	5	00:35:30	00:08:52	7	01:38:36	63
68	7	Lora Smart	F45-49	Saanichton BC	162		00:13:48	00:04:36	7	01:00:39	13.85	7	00:35:16	00:08:49	6	01:49:43	68
27	1	Laurie Irwin	F50-54	Sidney BC	144		00:06:08	00:02:03	1	00:44:05	19.05	2	00:22:44	00:05:41	2	01:12:57	27
45	2	Michelle Crowe	F50-54	Whistler BC	182		00:17:32	00:05:51	4	00:40:48	20.59	1	00:22:03	00:05:31	1	01:20:23	45
54	3	Lynne White	F50-54	Burnaby BC	171		00:09:26	00:03:09	2	00:55:11	15.22	3	00:25:57	00:06:29	3	01:30:34	54
69	4	Barbara Bradey	F50-54	Burnaby BC	122		00:10:27	00:03:29	3	01:11:08	11.81	4	00:28:37	00:07:09	4	01:50:12	69
49	1	Heather St Arnaud	F55-59	Pemberton BC	188		00:10:31	00:03:30	1	00:48:54	17.18	1	00:27:54	00:06:59	1	01:27:19	49
48	1	Frances Friesen	F60-64	Lillooet BC	132		00:13:11	00:04:24	2	00:47:12	17.80	1	00:26:18	00:06:34	1	01:26:41	48
59	2	Lynne Venner	F60-64	Whistler BC	187		00:11:06	00:03:42	1	00:51:40	16.26	2	00:31:00	00:07:45	2	01:33:46	59
8	1	Sean Fogarty	M25-29	Vancouver BC	130		00:06:43	00:02:14	3	00:35:34	23.62	1	00:18:40	00:04:40	2	01:00:57	8
14	2	Jordan Reems	M25-29	Nanaimo BC	181		00:06:45	00:02:15	4	00:40:00	21.00	2	00:18:24	00:04:36	1	01:05:09	14
25	3	Ryan Loewen	M25-29	Squamish BC	180		00:05:58	00:01:59	1	00:46:27	18.08	3	00:19:17	00:04:49	3	01:11:42	25
47	4	Terry Hickey	M25-29	Surrey BC	142		00:06:33	00:02:11	2	00:48:44	17.24	4	00:27:06	00:06:46	4	01:22:23	47
9	1	Chris Schuld	M30-34	Vancouver BC	160		00:07:26	00:02:29	2	00:35:37	23.58	1	00:18:03	00:04:31	2	01:01:06	9
15	2	Warwick Meller	M30-34	Vancouver BC	152		00:04:54	00:01:38	1	00:38:19	21.92	2	00:23:05	00:05:46	3	01:06:18	15
16	3	Jeff Clarke	M30-34	Burnaby BC	178		00:07:33	00:02:31	3	00:41:37	20.18	3	00:17:43	00:04:26	1	01:06:53	16
1	1	Frederic Jardot	M35-39	Whistler BC	131		00:05:45	00:01:55	1	00:32:57	25.49	1	00:16:55	00:04:14	1	00:55:37	1
26	2	Paul Plischke	M35-39	Victoria BC	156		00:06:53	00:02:18	2	00:41:10	20.40	2	00:24:14	00:06:03	4	01:12:17	26
35	3	Bob Summerwil	M35-39	Vancouver BC	191		00:10:10	00:03:23	3	00:43:20	19.38	3	00:22:45	00:05:41	3	01:16:15	35
36	4	Ronald Adolph	M35-39	Lillooet BC	117		00:11:15	00:03:45	4	00:43:58	19.11	4	00:21:27	00:05:22	2	01:16:40	36
2	1	James Stevens	M40-44	Abbotsford BC	164		00:04:45	00:01:35	1	00:34:46	24.16	3	00:18:16	00:04:34	1	00:57:47	2
3	2	Harry Coleman	M40-44	West Vancouver BC	126		00:05:17	00:01:46	2	00:32:37	25.75	1	00:20:03	00:05:01	2	00:57:57	3
7	3	Darrin Lee	M40-44	Redmond WA	185		00:05:34	00:01:51	3	00:34:13	24.55	2	00:20:53	00:05:13	4	01:00:40	7
21	4	Jack Hurtubise	M40-44	Pemberton BC	143		00:09:32	00:03:11	5	00:39:48	21.11	4	00:20:09	00:05:02	3	01:09:29	21
30	5	David Kratochvil	M40-44	Vancouver BC	146		00:08:38	00:02:53	4	00:44:10	19.02	5	00:21:15	00:05:19	5	01:14:03	30
23	1	Randy Leong	M45-49	Vancouver BC	147		00:07:12	00:02:24	1	00:42:51	19.60	1	00:21:15	00:05:19	1	01:11:18	23
71	2	Kevin Calder	M45-49	Burnaby BC	124		00:07:30	00:02:30	2	01:15:35	11.11	2	00:28:37	00:07:09	2	01:51:42	71
10	1	Riel Lupien	M50-54	Vancouver BC	149		00:09:13	00:03:04	1	00:34:37	24.27	1	00:17:51	00:04:28	1	01:01:41	10
55	2	Doug Smart	M50-54	Saanichton BC	161		00:15:13	00:05:04	2	00:45:50	18.33	2	00:31:43	00:07:56	2	01:32:46	55
18	1	Patrick McCurdy	M60-64	Whistler BC	177		00:06:38	00:02:13	1	00:39:32	21.25	1	00:20:55	00:05:14	1	01:07:05	18
66	1	Jack Bowe	M80-84	B BC	121		00:09:46	00:03:15	1	00:58:33	14.35	1	00:37:25	00:09:21	1	01:45:44	66