

# *Central Alberta Bicycle Club*

*Presents*

## *2010 River Bend Cross Madness*



**November 6<sup>th</sup>, 2010**

**River Bend Golf Course, Red Deer**



**Course:** This is a really great pure Cyclocross course. This years course is new. A 2.km course with a 40ft sand section, grass, and a run up that offers a true test of Cyclocross skill.

**Directions: From Highway 2**

**Note: Google Maps and MapQuest do not give accurate directions to the golf course**

- 1.) Take the 67 Street Overpass going East
- 2.) Stay on 67 Street, as you go over the Red Deer River Bridge
- 3.) Take a left at the first set of lights
- 4.) Follow the road until you see the River Bend Sign
- 5.) Turn Left, follow the road down the hill to the parking lot.

race will start on the south end of that parking lot at the big tent.

**Parking:** there is ample parking in front of the club house.

**Amenities:** the club house will be open for washrooms, and the concession will be open for drinks and food.

**Registration and Sign-On:**

Please use [www.karelo.com](http://www.karelo.com) – No race day registration will be available!

Please sign on prior to the start of your race in the club house Sign-on opens at 9:30 am and closes 30 minutes prior to your race

**Race Fees: \$30**

- All riders must have a valid UCI/CCA license. Riders who have are general members may purchase a day license for \$10 from the Technical Delegate.
- Riders are expected to know and understand the UCI [Cyclo-cross](#) rules.
- Please bring your race license, and **road racing** body numbers. If you do not have body numbers, the ABA will provide those for you on race day. Failure to bring your license will result in a \$10 fine. Position one number **down the center of your back** (so you are almost sitting on it) or both body-numbers **down low on your back pockets** so they are clearly visible from anywhere behind.
- New 'cross riders will compete in the Cyclo-cross category corresponding to their respective Road or Mountain Bike category, whichever is higher:

**Road / MTB category Cyclo-cross Category:**

Cat 4 and 5 / Beginner and Sport: Sport Men  
Cat 3 / Expert: Expert Men  
All Women's Categories: Open Women  
Cat 1 and 2 / Elite Elite: Open Men

- Prizes will be awarded to the top three finishers in each category.

**Bikes and Equipment:**

Cyclo-cross bicycles must be used in the Expert and Elite/Open Men categories; mountain bikes are permitted in the categories of Sport Men and Women.

**MECHANICAL / FEED ZONE**

This is 'cross so NO Feed Zone. A mechanical and/ or warm up tent will be available to racers near the start finish area. Please be sure to label your gear, and remember to collect it after racing.

**Start Times:**

Sport Men:	11 am	40 min
Open Women:	12 noon	40 min
Expert Men:	1pm	50 min
Open Men:	2 pm	60 min

Prizes (\$Cash\$) will be awarded in accordance with ABA policy after each race based on entry so if you finish top 3 stick around to claim your hard-earned dough.

**COURSE PRE-RIDING**

The course is open for training from 10:00am to 10:50 am. The course will be closed during the races. **Any rider on the course during another category's race will be fined.** Opening the course between races will be at the discretion of the Chief Commissaire.

**Riders will be fined for the following:**

- Failure to wear a helmet while riding (pre/during/post race).
- Crossing the finish line twice.
- Racing in non club / team issue kit.

**Race Organizer:**

Dan Surian dan.surian@rdc.ab.ca

<http://goo.gl/maps/fSMv>

