



August 2005

BAYSIDE NEWSLETTER

Coaches 2005-06

Senior Mens Coach (Director of Coaching)	Jon Thiel
2 nd Division Coach	Chris Veslemes
3 rd Division Coach	Mike Pajic
Womens Coach	Dave McBride
Junior Coaching Director (U19, U17, U16, U15)	Salem Shebani
Mini Directors	Don Wright & Andy Blackburn

Mens & Womens Practices
Tuesday & Thursday 7pm
@ South Surrey Athletic Park
Everyone Welcome!

BCRU Coaching Jamboree

All current and prospective Bayside Coaches, the BC Rugby Union is holding a Coaching Jamboree on September 9th, 10th and 11th. The topics that are being covered are "The Defensive Game" and the Head Clinician is Damian McGrath.

Like most top defence coaches, Damian has a Rugby League background and played professional Rugby League in England before moving into coaching with English Premier Rugby League Champions Leeds Rhinos and London Broncos; he moved into Rugby Union as Defence and Skills Coach for top English Club team, Leicester Tigers. Damian was then recruited by the RFU as Head Defence Coach at the England Elite Academy. Damian also

coaches England's senior Sevens team, and is currently Defence Coach for England "A".

They will also run part 1 of the new competency based (CBET) "Introduction to Competition" Course on Sunday 11th September: this new course replaces both the old NCCP Level 1 and 2 theory and technical components.

Bayside Rugby is offering to reimburse any coaches taking the course, as long as they make at least a 2-year commitment to coaching in the club.

For more information about the Jamboree go to bcrugby.com.

SENIORS PLAYING DUES 2005-2006 SEASON

Before the first game of the season	\$225.00
After the first game	\$250.00

Upcoming Events

Seniors Practices Start	Aug 9th
First Senior Game	Sept 17th

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