

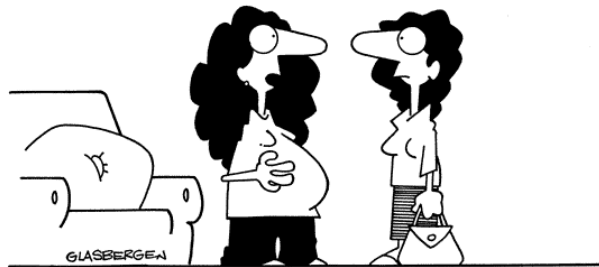
Board of Directors

- ◇ Donna Fries, Chairperson
- ◇ Lillian Turzanski
- ◇ Shawn Metchewais
- ◇ Rhonda Miron
- ◇ Jody Nicholson
- ◇ Sandy Kingdon
- ◇ Lorne Kaban
- ◇ Francis Quinney
- ◇ Yolanda Maksymyk

Centre Staff

- Audrey McFarlane** - Executive Director
- Kim Kachmarski** - Administration Assistant
- Angie Cardinal** - Administration Assistant
- Debbie Crosby** - Team Coordinator
- Janne Ring** - Family Support Consultant
- Gina Olfson** - FASD Educator
- Tracey Knowlton** - Mothers-to-be Mentor
- Kamili Lucas** - Adult Support Consultant
- Doris Stanley** - FASD Support Consultant
- Pauline John** - Mentor, Kehewin

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"It's been 8 months since I've had a cigarette or a beer. I'm so clean, I get a buzz from chewing gum!"

Office News

The news in the office this month is that we have hired a new Team Coordinator who will be in charge of doing all children and adult clinics from now on. Her name is Debbie Crosby and we are so happy she could join our team.

YAHOO!!

In partnership with the Tribal Chiefs Ventures Health

Council and Kehewin First Nations and the LCFASD we are piloting a Mentorship Program in Kehewin. Pauline John is the new Mentor who will be working with high risk women in this specific area. This is a very exciting project and we appreciate her hard work and dedication to help

these ladies.

In other news our Executive Director Audrey McFarlane has been appointed to the Board of Directors for the Canada Northwest FASD Research Network.

Congrats to Audrey from everyone here in the office. We send you a big

WAAHOOO!!



Lakeland Centre for Fetal Alcohol Spectrum Disorder

Volume 1, Issue 15

February 2005

2nd Annual Fundraiser

The Lakeland Centre for FASD 2nd Annual Fundraiser was held on February 2, 2005 at the Willow Prairie Hall in LaCorey.

It was an evening full of many laughs, lots of auction items to bid for and excellent food.

Bonnie McFarlane and Richard Vos who you know as both being on "Last Comic Standing" which was aired last year, did a wonderful performance for us putting on quite a show.

Bonnie who is the sister to our own Executive Director Audrey McFarlane has been on tour with Rich.

The sold out crowd helped us to raise just over \$20,000.00.

These funds will be used to offset the center's operating costs and special projects not currently covered by the government.

We would like to thank

our exceptional organizing committee for their hard work in organizing such a huge event for us:

- Heather Rymut,
- Sue Lysachok,
- Geri Thibeault,
- Kim Kachmarski,
- and Ed Rondeau.

Thank you to all of our corporate sponsors we couldn't have done it without your help:

- * Cold Lake Ford/Ducharme Motors
- * Marlin Travel
- * Ed Demers & Heather Rymut
- * Canadian Natural Resources Ltd.
- * Renegade Trucking
- * Tee-Beau's Consulting Services Inc.
- * A.H.R.&E Bonnyville Staff
- * Century Vallen - Kevin Ritter & Staff
- * Pete Pelley
- * Dale Panteluk & Royal LePage
- * Transwest Insurance/V Realty GMAC Real Estate

- * 790 CFCW
- * Kim Bell - K&L Finishers
- * Pals Surveys
- * Value Drug Mart - Tri City Mall & Marina Mall
- * Holyoke Contracting
- * Encana
- * Merlene Griffith
- * Susan Lynes
- * Bonnyville IGA

We would also like to give a very special Thank You to:

- Charlene McKay
- Debbie Gilingwater
- Vern Lynes
- Tanya Giles

For their wonderful help during the evening. We couldn't have done it without all of the volunteer help that we had.

Also a special thanks goes out to Bonnie and Rich for making our fundraiser a very enjoyable evening for all the people who attended.

We hope to see you all again at our next fundraiser.

We are located:
Box 479
202,4807-51 Street
Cold Lake, AB
T9M 1P1

Phone: 780-594-9905
Fax: 780-594-9907
Toll Free: 1-877-594-5454

Feel Free to come in and browse our wide selection of resources including: CD's, video's, cassettes and much more on Fetal Alcohol Spectrum Disorder.



Our Vision

We envision a region with no new FASD births & where currently affected individuals are well supported.

Mission Statement

To establish & ensure that information about FASD, prevention, diagnosis & support services are available in the region.



- Information Clearinghouse
- Diagnostic & Support Services for Children
- Diagnostic & Support Services for Adults
- Mothers-to-be Mentorship Program
- Training and Education

We're on the Web!
www.lakelandfas.com



New FASD Consultant

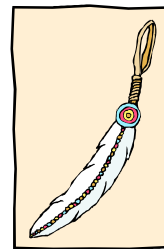


Tansi, Hello!
My name is Doris Stanley. I am from the Frog Lake First Nation Community. I have been contracted to work as an FASD Consultant through a Pilot Project in which Lakeland Centre for FASD is a part of. My work involves serving 6 First Nations Communities in this region. As a consultant, I travel to the 6 First Nations Communities to create awareness, prevention and education of Fetal Alcohol Spectrum Disorder. I have been honored to meet kind and caring people.

Other areas of work involve assisting individuals with referrals and supporting the individuals from the beginning of the referral, right through to the diagnosis and recommendations. My work doesn't stop there though. What's unique about my position is I get to work with the individuals after their diagnosis. I ensure that the recommendations are followed through. In working with individuals Respect and Empathy come hand in hand with sharing information of the knowledge of best practices, strategies, connecting

the individuals with the right resources of FASD. Lakeland Centre for FASD is in close proximity and the agency is very knowledgeable of this permanent disability and the service providers are very open minded and caring in delivering their services. I enjoy my work immensely and I hope I get to meet you in my future endeavors.

Hiy Hiy, Till we meet again.
Thank you



A new addition to our new sletter!!!
Please forward your questions to Janne at pwfascen@telusplanet.net or by mail and we will do our best to add them to our new sletter

This Issue's Best Practicing Stars

For this month's issue on who is our pick of being a Best Practicing Star we have chosen: St. Paul Ability Network and St. Paul Children

Services who go above and beyond the call of duty especially in complex cases.

We greatly appreciate this and we send out a big

Congratulations! To all of you special people.



Touch Our Future

The Alberta Centre for Child, Family & Community Research Presents.....
The Family Supports for Children with Disabilities Symposium
Thursday, March 10, 05
Fantasyland Hotel, West Edmonton Mall 8:00 am - 4:30 pm.
The keynote and guest speakers are inter & nationally recognized

researchers in the field:
- Dr. Carl J. Dunst: Developmental Psychologist: (*Characteristics & Consequences of Family-Centered Practices on Parent, Family & Child Functioning: Research Synthesis & Illustrative Examples*).
- Dr. Peter Rosenbaum, Co-Director: (*Family Centred-Service: What is it and why*

should I care? Lessons from Families of Children with Disabilities)
- Dr. Barry Trute: (*Family-centred care in childhood disability services: Understanding the steps in the dance*)
There is no registration fee and lunch will be provided for further information and to register please visit www.research4children.com



"Don't worry, I can melt your tongue off there. Just hold still..."

Lac La Biche Workshop

Being held on March 15 is the Meeting The Challenges: Working with clients who have FASD workshop which will be held in Lac La Biche at the Portage College in the McGrane Theatre. It will run from 8:30 am—4:30 pm. The cost to register is \$50.00 and

the registration deadline is February 28, 2005. The presenters are:
* Dr. Val Massey
* Audrey McFarlane
* Steve Richardson
For attending this workshop the Alberta College of Social Workers is accepting 7.5 hrs as part of the Category "A"

Continuing Competency Credits.
For more information or to register please call the Lakeland Centre for FASD at (780) 594-9905 or fax (780) 594-9907 and speak to Angie or email her at: pwfascen@telusplanet.net

Annual Family Conference March 18—19, 2005

Mark your calendars for the Alberta Association for Community Living Annual Family Conference being held March 18-19, 2005 at the Fantasyland Hotel in Edmonton. The conference includes presentations by Dr. Roger Slee, Dean, Faculty of Education, McGill University and he is presenting an all day workshop on: The Schools We Have and the Schools We Want:

Education for New Times & Saturday Address on Inclusive Education
Jo Massarelli, Director, SRV Implementation Project & Joe Osborn, Director, Indiana Safeguards Initiative are presenting an:
All Day Workshop: Strangers in the House: The Dilemma of Living with In-Home Supports.
The AACL is raising money to continue to assist children, adults and

families who need them to help make a difference for themselves.
Please send a donation today to help this worthy cause continue to make a difference in the lives of those less fortunate than ourselves.
For more information, please contact Diane Holmes at 780-451-3055 ext. 222, toll free number is 1-800-252-7556 ext. 222 or email her at mail@aacil.org

"Fear less, hope more;
Whine less, breathe more;
Talk less, say more;
Hate less, love more;
And all good things are yours."
-Swedish Proverb