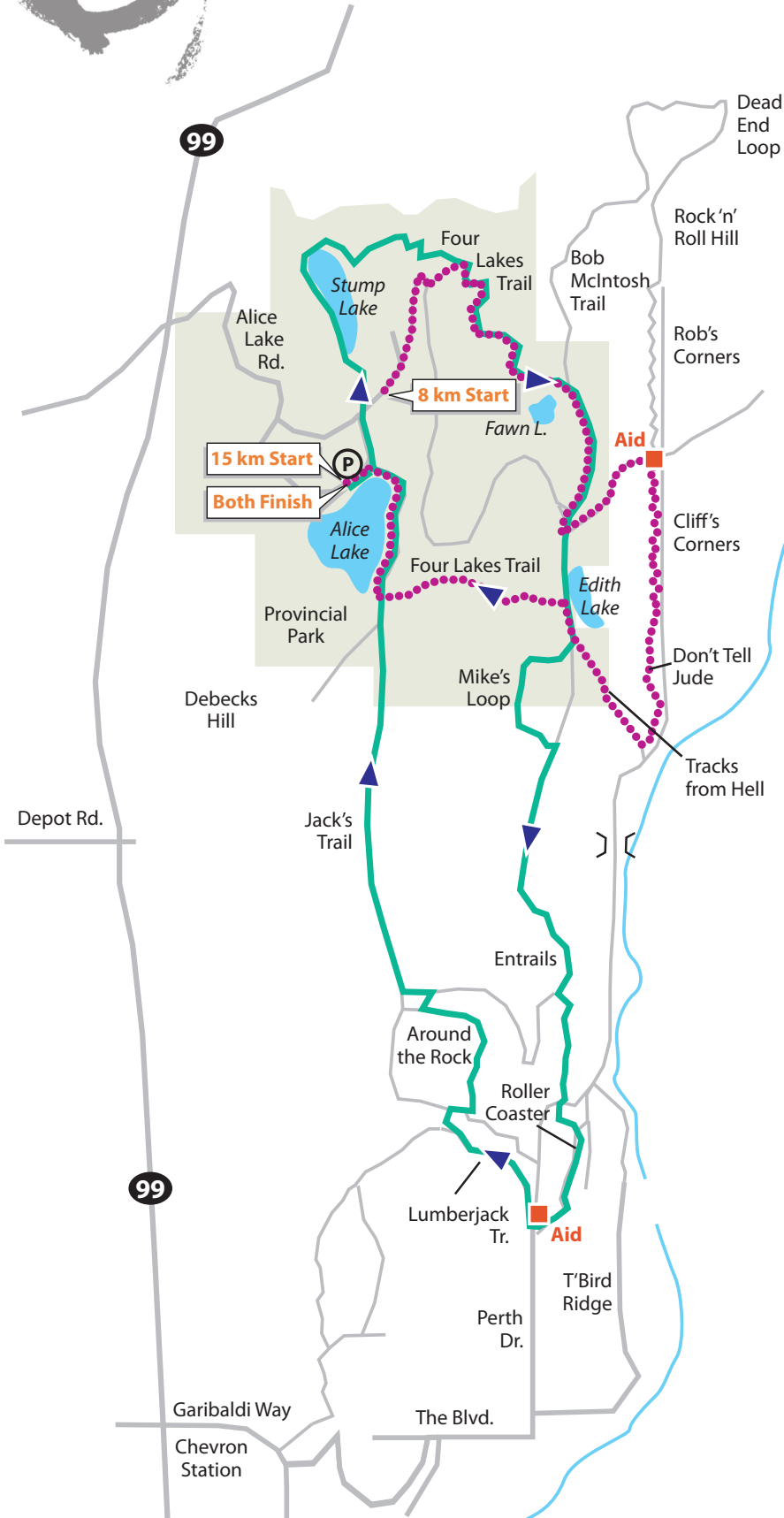




loop the lakes



Course Map 2008 (version 17-May-08)

Sunday, September 7th, 2008
Alice Lake Provincial Park, Squamish, BC

Start - 9 am

Experience some of the most scenic trails around Squamish in the 2nd annual LOOP THE LAKES 8 km and 15 km TRAIL RUNS. With two different courses to choose from, first time trail racers and seasoned off-road veterans alike will be able challenge themselves on the coastal rainforest trails of Alice Lake Provincial Park.

CHOOSE YOUR LOOP! The 8 km route follows the Four Lakes Trail and some additional, slightly "technical", trails. The 15 km route branches off from the Four Lakes Trail to more challenging technical terrain.

- 8 km course
- 15 km course

*This map is an approximate sketch of the route. For a more thorough overview of the Squamish trail network obtain the *Squamish Trail and Recreation Map* (Taiko Publishing, www.taikopublishing.com), available at bicycle stores and other Squamish retailers.

For more information about Loop the Lakes visit www.loopthelakes.com