



The Shamrock

St. Patrick's Anglican Church, Back To Church 2011

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St. Patrick's Mission Statement:

Out of our diversity as children of God, we share the love of Jesus Christ
and seek our oneness in Christ.

The Good News About Our Christian Journey:

Come to Me, all you who labour and are heavy laden,
and I will give you rest.

Take my yoke upon you and learn from Me,
for I am gentle and lowly of heart,
and you will find rest for your souls,
for my burden is easy and My yoke is light.

Matthew 11:28-29

God at Work

Where does God go to work? Of course, we see God's work in the beauty and wonder of creation, in salvation through the death and resurrection of Jesus and in the gift of the Holy Spirit, which energizes our church. But do we actually see God at our work?

Where you work, where you go to school or where you volunteer are all places where God works. God works specifically through you in your regular job, activities and day-to-day life. No matter what your job is, whether you are a nurse, a construction worker, an administrator or a sales clerk, God is there at work with you. God is guiding you as a student, from kindergarten, right through post-secondary schooling. Even if you are retired, God still works alongside of you, especially through your volunteer work and your roles in life, say as a painter, or a pet-owner or a grandparent or a neighbour. For example, God works by giving us the skills to do our jobs well, by giving us the wisdom to navigate through the office politics, by giving us compassion for our clients and co-workers, by guiding us to take the right course, by giving us hope in what seems to be a dead-end job. The mission field is wherever we work, and God enables us to find ways to proclaim by word and example the good news of God's love for all.

At St. Patrick's we will be celebrating God at work this year. This is how we will do it.

1. There will be a map posted on the main bulletin board in the hall. There you can pin a flag at your workplace, school or volunteer place. If God mostly works through you at home, you can mark your home. This map will show the mission field.
2. Every week we will highlight a particular job or role in life and say a prayer of blessing. Individual people will not be singled out, unless they want to be. We will begin on September 11 with the blessing of backpacks and a prayer for the new school year. All students, of all ages, are welcome to bring their backpacks to church on that Sunday.
3. The workplace is sometimes a place of stress or conflict. Some people are overworked, and some do not get enough work. If you are feeling troubled about work, any of the clergy and many of the lay people would be willing to lend a listening ear and pray for guidance and healing.

Prayer:

God of all creation, may my work be faithful, may my work be honest, may my work be blessed, may my work bless others and may my work bless you.

May the wealth and work of the world be available to all and for the exploitation of none.

May managers, employees and shareholders work together like fingers on a hand.

This we pray through Jesus Christ our Lord. Amen.

– Kathy

Sunday, after church, a Mom asked her very young daughter what the lesson was about. The daughter answered, "Don't be scared. You'll get your quilt."

Needless to say, the Mom was perplexed. Later in the day, the pastor stopped by and the Mom asked him what that morning's Sunday school lesson was about. He said, "Be not afraid, thy Comforter is coming."

Who Runs This Parish?

Since we are a Christian Church, God runs this parish through the Holy Spirit. However, He has help through the clergy and dedicated lay people. The following are short biographies to help you get to know the clergy at our Parish.

The Ven. Kathy Bowman (Rector)

An autobiographical sketch such as this can never be complete and can never end. This, of course, barely scratches the surface of who I am and what has influenced me. However this brief framework provides a way to begin to understand a life.

I was born in Edmonton and brought up in the town of Jasper Place, which later became part of the City of Edmonton. I had a pretty normal and happy childhood. I went to *Brightview Elementary, Britannia Junior High and Jasper Place High Schools*. With my mother and brother, I went to *St. Barnabas Anglican Church* until I “graduated” after confirmation.

After high school I worked in a government office for two years, then attended the *University of Alberta* to obtain a B.A. I also spent a year at *Laval University* in Quebec City attempting to become more fluent in French. Upon my return to Edmonton, I worked for 3 years in the library of *Grant MacEwan College*. At this time I began to explore Christian faith and was drawn back into the Anglican Church, and back to *St. Barnabas* as well as to the *University Chaplaincy*. This continued as I returned to the U of A to work on a degree in Library Science (M.L.S). By the time I graduated I was feeling called to ordained ministry. Eventually I found my way through that process and through a M.Div. from *Trinity College, Toronto*.

I was ordained deacon in May 1984 and was placed as the assistant at *St. John the Evangelist Church* in Edmonton. There, I met David and discovered that we had lived in adjoining neighbourhoods as children, and had both gone to *St. Barnabas*. We were married in 1987. I left *St. John's* in January 1991 and did some part time interim ministry. I was rector of *St. George's*, near the University, from 1993 to 2005. After 12 years, it was time for a change, so I came to *St. Patrick's* in 2005. Ministry at *St. Patrick's* and in Mill Woods has been a great delight.



The task ahead of us is never as great as the Power behind us.

The Rev. Mark Vigrass, Vocational Deacon: Fifteen Things You May Not Know About Me

15. I was born in Calgary, AB about a half century ago.
14. I spent most of my elementary and high school years in Regina, SK.
13. Our family lived in St. John's, NL for a year in the early 1970s.
12. I grew up in the United Church, was part of a conservative Christian church for a while (ten years), and came to Anglicanism when I was about 30.
11. On three occasions, I have lived outside of Canada: In South Korea (two years); in Cameroon (West Africa) for 3 ½ months; and Tanzania (East Africa) for 3 ½ years.
10. Where else have I lived? Montreal (1 ½ years); Quebec City (3 ½ months); and Ottawa (2 years).
9. Just after high school, I came to Edmonton to attend the *University of Alberta*. I have a B.A. in Linguistics and Sociology from that period.
8. I attended the *University of Regina* in the early '90s, where I received a B.Ed. I taught high school English at government schools in Tanzania after that.
7. My first summer job after beginning university (the first time around) was as a weed researcher based out of Regina, SK. I loved working outside with a team counting weeds in test plots in farmers' fields! Lots of fresh air and prairie sky that summer.
6. Before I became a chaplain, I worked with people with disabilities in Regina. As part of that work, I was a supervisor in a commercial cleaning company for about a year and then I worked in a day program for about 6 years.
5. I became interested in hospital chaplaincy work when I went for training in Regina as an Anglican hospital visitor.
4. I was a student chaplain in Regina at both the *General Hospital* and the *Pasqua Hospital* (Oncology and Palliative Care).
3. I completed most of my training as a chaplain at *St. Paul University* in Ottawa. I had lots of hospital experiences at Ottawa-area hospitals.
2. I have been a chaplain at *St. Joseph's Auxiliary Hospital* for almost 6 years.
1. I have been studying Spanish for the last few years and hope to keep learning! I am also a big fan of opera.

The Rev. Carl E. Bergstrom

Carl E. Bergstrom, the only child of Carl and Ellen, was born in December 1929 near Boston, Massachusetts. In 1948, he attended *Canterbury College* in Danville, Indiana where he met his first wife, Lillian, the mother of their 4 sons. Following the closure of *Canterbury College*, he completed studies and graduated from *Butler University* in Indianapolis.

In 1952, he entered the *United States Army* and served with the 3rd *Infantry Division* in Korea until wounded. Granted a disability retirement, he went on to study at *Virginia Theological Seminary*, graduating in 1958. Following ordination as a priest in the *U.S. Episcopal Church*, there came 5 ½ years in parish ministry and 29 years as hospital chaplain.

After the death of the first wife, he married Pat, the mother of 3 daughters. They have lived in Edmonton years. The greatest gift in his life is the number of people who have been part of that life.

While driving in Pennsylvania, a family caught up to an Amish carriage. The owner of the carriage obviously had a sense of humour, because attached to the back of the carriage was a hand printed sign: "Energy efficient vehicle. Runs on oats and grass. Caution: Do not step in exhaust."

The Rev. Joanne Chambers

I'm a semi-retired priest who spends a lot of time in the glorious Shuswap area in British Columbia. My husband, Don, and I have built a retirement home in Blind Bay near *Sorrento Centre*. Our five grandchildren, along with their parents, have visited us this summer. We swam, golfed and hiked with them. Although *St. Patrick's* is my official church home, when we are in British Columbia, I attend *St. Mary's*, Sorrento. I love to garden, and it's especially enjoyable in Blind Bay where everything grows very well. For many years, I have believed this part of the world is blessed and holy. I feel blessed to be able to live part of my life here. My roots and my family are in Edmonton, so we will very likely never give up our home in Edmonton. As the summer draws to a close, we will be in Edmonton more, and you will see me pop up again at *St. Patrick's*.



The Rev. Canon Susan Storey

Susan was born in the U.S. and came to Canada in 1978 to study theology at *Trinity College* in Toronto. She went on to earn a doctorate in theology [finally completed in 1991]. Ordained in 1987 Susan moved from Toronto to Saskatchewan and served multi-point rural parishes there from 1987 – 1993. In 1993 she moved to Edmonton to take a yearlong course in pastoral counselling. During her first three years in Edmonton, Susan lived at the Priory with the *Sisters of St. John the Divine*, an Anglican order of nuns. She spent three years serving *St. Thomas' Parish* in Sherwood Park in the mid-1990s, and then moved to Vegreville to serve *St. Mary's Parish* there and *Holy Trinity* in Tofield. Susan returned to Edmonton in 2004, again to serve *St. Thomas'*. When she left *St. Thomas'* in 2007, Susan spent a month in New Mexico at a Benedictine monastery taking a course in spiritual direction and enjoying the American southwest. Later that year she became the rector of *St. Columba's* in Beaumont where she remained until retiring this past winter.

Since the summer of 2000 Susan has owned 182 acres of land northeast of Edmonton where she keeps a travel trailer. There is also a small, partially finished pine cabin on the property. Over the years Susan has very much enjoyed spending time out at 'the land' watching birds and wildlife, and identifying flowering plants. At home in Edmonton, Susan enjoys trips to the gym, cooking, walking, spending time with friends, reading, and is learning to knit. She also enjoys trips to the B.C. coast and visits to family – two brothers and an aunt and uncle – in the eastern States.

In recent years Susan has attended *St. Patrick's* from time to time while on holidays, and is very happy to have now become an Honorary Assistant here now that she is retired from active parish ministry.

Back to Church Sunday

Most of us go to church because we were taken to church when we were little or we were invited to church as youth or adults. Consider with thanksgiving the one who took you to church or who invited you to church. If you have had periods on absence from church, how did you find your way back in? Did you go on your own, or did someone invite you and encourage you? Were you nervous? When you did go did you feel welcomed?

September 25 is Back to Church Sunday. We are all encouraged to invite friends, neighbours, colleagues or relatives to church. For some of you, that's a scary move, yet Christianity is sometimes about doing scary things, in trust that God works through us. If you value *St. Patrick's*, remember that others may value us too, if only they had the encouragement to come. It's simply a way to open the door, and to enable people to get past the barriers that they might have about going to church. So pray about whom you might invite, make the invitation and pick them up and drive them to church. If they cannot make September 25, choose another Sunday – at *St. Patrick's* they will be welcomed.

Information on the invitation process invitations and prayer cards are available at the back of the church.



Take Time To...

Be Friendly – *It is the sunshine of living.*

Laugh – *It is the music of the soul.*

Give – *It is the cure for selfishness.*

Read – *It is the fountain of wisdom.*

Love – *It is a God Given Privilege.*

Church Signs:

Aspire to inspire before you expire.

Where will you be sitting in eternity? Smoking or non-smoking?

Upcoming Events & Parish News

Save the date! **October 22** will be the time to enjoy wonderful food, dance to the music of DJ Dale Purkis, do a little shopping and enjoy the company of your fellow parishioners all at one event. The **Annual Dinner, Dance and Silent Auction** is a fun evening for the whole family. More details will be announced soon. Thanks go to the Men's Group for organizing this event.

Confirmation is a rite when Christians publicly affirm the promises of faith made on their behalf at baptism. The Bishop will be coming to *St. Patrick's* for confirmation in the spring. Confirmation is open to youth from grade 7 up to adults. If you are interested, please see Kathy. It is expected that classes for youth will begin late fall.

Sunday School will begin with registration on **September 11**. Classes are available for children from about age 3 to grade 6. If you have toddlers too young for Sunday School, toys, books and crayons are available at the back of the church. There is also a nursery. If you need help in church with your little ones, there are many parishioners who would be happy to play the role of grandparent.

Youth Group meets about 3 times a month for discussion, games and snacks. This group is open to all from about grade 7 to grade 12.

Our **Choir/Band** incorporates children, youth and adults to lead music once a month. All are welcome. Practices are twice monthly on Wednesdays at 6:30 p.m. Thanks go to Andrea Montgomery-Di Marco for her leadership and enthusiasm.

Leprechaun Lunches: (No, we do not eat leprechauns!) These lunches, held on the second Wednesday of the month, are for folks at St. Patrick's who wish to get together to enjoy each other's company over lunch. Some simply wish to visit. Others stay for games. Thanks go to Alma Phipps for organizing.

Stitch or Not is an informal group meeting on the first and third Wednesday of the month from about 1 to 3 p.m. Some bring a craft project and some come for the tea and company. Stitch or Not is open to all: men and women, young and old.

The **Quilting Group** is for all of any level of experience. Some work on their own projects, and others make quilts to give away. All are welcome.

The **Men's Group** meets for breakfast at 9 a.m. on the fourth Saturday of the Month at *Ricky's Grill* on 28th Avenue and 61st Street. There is hardly ever an agenda – just good conversation and good food.

Be still and know God in the **Contemplative Prayer Group**. This group meets about once a month under the leadership of spiritual director, Dr. Jane Leifer. The first meeting for the fall is scheduled for **September 29**. There is no charge for this group, but donations to cover expenses are welcome.

This year's **Share Lent Collection** for *Primate's World Relief and Development Fund (PWRDF)* totaled \$354.86.

Around the Parish:

Rune and Lois Anderson are pleased to announce a show and sale of a selection of their paintings at the **Allen Gray Continuing Care Centre** from **September 30th to October 31st, 2011**. The opening occurs on Friday, September 30 from 6 to 8 p.m. at the **Centre Gallery** at the Allen Gray located at 5005 – 29th

Avenue and refreshments will be served. All are welcome and 40% of the proceeds will be donated to the work of the AGCCC. The Allen Gray Continuing Care Centre is a 135 bed facility dedicated to providing resident centred care in a home-like environment. Since 1963, dedicated women with a vision about aging with dignity have owned and operated the AGCCC in conjunction with the Alberta Government. St. Patrick's conducts regular services there.

Congratulations to **Tara Simpson** on her graduation from High School. Best wishes as you begin studies at the *University of Alberta*.

Congratulations to **Sam and Ogo Muobuike** with big brother **Onyeka** on the arrival of their new baby girl, **Nueoma**.

We welcome **Grace**, a guest from *Nigeria*. She is visiting her daughter, **Chichi Morah**.

We welcome back to our Sunday worship and fellowship, **Shirley Stevenson**. Shirley has now moved back into Mill Woods, and is better able to get to church. It's great to see you again Shirley!

Many blessings go to **Joanne and Lisa Turner**, twin daughters of **Toyo Turner**. They are experiencing their first excursion to see the extended family in Ontario, and they have been baptized at *All Saints' Church* in Erin Ontario. We welcome you to the church family.

Have you noticed the plants thriving in the narthex and in the sunny corner of the parish hall? Thanks go to **Winona Walker** for her care of the plants.

Thanks go to **Jim Falconer** and **Dawn Jorgenson** for organizing the summer coffee shops. Everyone had a great time.

Rest in peace. Sadly, there are faces missing from the congregation. **Elizabeth (Betty) McLeod** and **Margaret Burt** have passed into eternal rest. They were both blessings to this parish and we miss them.

Thanks to **Sylvia Scarfe**, **Winona Walker**, **Warren Smith** and our clergy for the great contribution to this issue of *The Shamrock*.

Dates to Remember:

Sept. 7 & 14: First band/choir practice for the year
Sept. 7 & 21: Stitch or Not
September 11: Sunday School registration and First Youth Group
September 14: Leprechaun Lunch
September 23: Quilting
September 24: Men's Group
September 25: Back to Church Sunday
September 27: Habitat for Humanity Lunch
September 29: Prayer Group
September 29: Cell Group First Meeting
October 9: Harvest Festival & Intergenerational Service
October 22: Dinner Dance & Silent Auction
December 3: Cookie Walk

It is easier to preach ten sermons than it is to live one.

Key Parish Contacts

Address: 334 Knottwood Road North, Edmonton, AB, T6K 2Z7
Telephone: 780-463-5452
E-mail: stpatricks@telus.net
Web Site: www.stpatricksanglican.ca

Rector: Archdeacon Kathleen Bowman 780-435-5346
Deacon: The Rev. Mark Vigrass 780-436-7555
Honorary Assistants: The Rev. Carl Bergstrom 780-468-6276
The Rev. Joanne Chambers 780-432-7523
The Rev. Canon Susan Storey 780-463-2451
People's Warden: • Nancy Medaglia 780-462-6898
Rector's Warden: Jean Ashmore 780-462-2890
Assistant Warden: Jayne Berg 780-463-6455

Vestry (in addition to the Rector and Wardens):

Lois Anderson	780-456-3085	Jim Falconer	780-462-2638
Phyllis Hamilton	780-461-8771	Lynda Haug	780-462-7459
Shannon Horneman	780-757-5851	Mary Kinloch	780-435-5346
• Alma Phipps	780-437-2718	• Sylvia Scarfe	780-465-1557
Gordon Storheim	780-452-6608	Kenn Tuckey	780-440-3420
The Rev. Mark Vigrass	780-436-7555		

(A • before the name of a Vestry member designates a member of Synod)

Vestry Secretary: Sylvia Scarfe 780-465-1557
(Vestry Meets at 7:00 p.m. on the second Tuesday of each month except July and August. Minutes and agenda are ready beforehand. Minutes and financial statements are posted on the bulletin board for the parish to read.)

Envelope Secretary: Sharon Troniak 780-463-7285
Co-Treasurers: Jayne Berg 780-463-6455
Florence Glanfield 780-758-4398

Church Programs:

Altar Guild: Pam Vigilance 780-642-9546
Altar Flowers: Jeannette Pawliuk 780-462-8125
Food Bank: Jim Haiste 780-462-4463
Greeters: Vivian Bell 780-461-2097
Housekeeping: Archdeacon Kathleen Bowman 780-463-5452
Intercessors: The Rev. Mark Vigrass 780-436-7555
Long Term Stewardship: The Wardens (see above)
Men's Group: The Rev. Mark Vigrass 780-436-7555
Music:
Newsletter: Wayne Madden 780-485-9804
Outreach: Jean Ashmore 780-462-2890

Key Parish Contacts (continued):

<i>Phone Tree:</i>	Winona Walker	780-468-4244
	Flossy Obuekwe	780-439-8767
	Rosalyn Murray	780-490-6733
<i>Property:</i>		
<i>PRWDF:</i>	The Rev. Mark Vigrass	780-436-7555
<i>Readers and Servers:</i>	Archdeacon Kathleen Bowman	780-463-5452
<i>Stitch or Not and Quilting:</i>	Catherine Haiste	780-462-4463
<i>Sunday School:</i>	Nancy Medaglia	780-462-6898
	Mary Kinloch	780-435-5346
<i>Website:</i>		
<i>Youth Group:</i>	Dave Kinloch	780-435-5346
(See a job without a name? Could that be a place for you?)		



From *The Friendship Book 2011* for June 24th:

*Usually the Beatitudes refer to the **Sermon on the Mount**. Our friend Pat was observing a bumblebee in her flowerbeds one sunny day when she came up with some “Bee-attitudes.”*

Te secret of the little creature’s happiness, it seemed, lay in the following, and these are good thoughts for all of us to keep in mind too:

- Bee busy – doing what you love to do.*
- Bee true – to the dreams God has for you.*
- Bee sure – to taste the sweetness of the day.*
- Bee silly – laugh lots and take time off to play.*
- Bee bold – enough to trust your wings and fly.*
- Bee-lieve – the power of prayer will get you by.*
- Bee happy – keep your outlook bright and sunny.*
- Bee yourself – because you really are a honey!*

Blind Bartimaeus



"What do you want me to do for you?" Jesus asked him. The blind man said, "Rabbi, I want to see." Mark 10:51 (NIV)

Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.

As _____ and his disciples, together with a large crowd, were leaving the city, a _____ man, Bartimaeus, was sitting by the roadside _____. When he heard that it was Jesus of Nazareth, he began to _____, "Jesus, Son of David, have _____ on me!"

Many told him to be _____, but he shouted all the more, "Son of David, have mercy on me!"

"What do you want me to do for you?" Jesus asked him.

The blind man said, "Rabbi, I want to _____."

"Go," said Jesus, "your _____ has _____ you." Immediately he received his _____ and followed Jesus along the road.

begging	faith	Jesus	quiet	shout
blind	healed	mercy	see	sight