

# AIKIDO SCHEDULES

effective September 1, 2011

**AIKIDO CENTRE - 690 Sumas St.** (see contact information at bottom of page)

Next Beginner Classes start Sept 19 & Nov 7, 2011, Jan 2, 2012, Feb 20, 2012, April 9, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 - 7:15 pm LV 1 & up	6:15 - 7:15 pm Juniors	6:00 - 7:15 pm LV 1 & up	6:15 - 7:15 pm Juniors	6:00 - 7:15 pm LV 1 & up	10:30 - noon LV 1 & up
7:30 - 8:45 pm Beginners	7:30 - 8:45 pm LV 2 & up	7:30 - 8:45 pm Beginners	7:30 - 8:45 pm LV 2 & up		

## UVIC

(info 595-0390)

MONDAY	WEDNESDAY
6:00 - 8:00 pm	6:00 - 8:00 pm

## SHAWNIGAN LAKE

(info 250-743-4791)

MONDAY	WEDNESDAY	SATURDAY
7:30 - 8:45 pm	7:30 - 8:45 pm	8:30 - 9:30 am

## SAN SHU KAN

(239 Menzies - info 382-5282)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
6 - 7:15 pm Juniors	6 - 7:15 pm LV 2 & up		6 - 7:15 pm LV 2 & up	10:30 - noon LV 1 & up
7:30 - 9 pm LV 2 & up	7:30 - 9 pm Beginners	7:30 - 9 pm 2nd kyu & up	7:30 - 9 pm Beginners	

AIKIDO CENTRE PHONE 250-381-AIKI (2454)

[www.VictoriaAikidoCentre.bc.ca](http://www.VictoriaAikidoCentre.bc.ca)

INFORMATION 250-477-4899