

AIKIDO SCHEDULES

effective September 15, 2008

AIKIDO CENTRE - 690 Sumas St. (see info numbers at bottom)

(Beginner courses start Sept. 15/2008, Nov. 3/2008, Jan. 5/2009, Feb. 23/2009, Apr. 13/2009)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 - 7:15 pm LV 2 & up	6:15 - 7:15 pm Juniors	6:00 - 7:15 pm LV 2 & up	6:15 - 7:15 pm Juniors	6:00 - 7:15 pm LV 1 & up	10:30 - noon LV 1 & up
7:30 - 8:45 pm Beginners	7:30 - 8:45 pm LV 2 & up	7:30 - 8:45 pm Beginners	7:30 - 8:45 pm LV 2 & up		

SHAWNIGAN LAKE

(info 743-4791)

MON & WED	SATURDAY
7:30 - 8:45 pm	8:30 - 9:30 am

UVIC

(info 595-0390)

MON & WED	FRIDAY
7:00 - 8:30 pm	5:30 - 7:00 pm

WEST COAST

(info 385-2456)

690 Sumas

TUE & THUR

11:00 am - 12:15

GOLDSTREAM

(info 480-9558)

2750 Shoreline Dr.

TUE & THUR

6:30 - 7:30 pm

STILL WATERS

(info 589-3337)

7925 East Saanich

WED & THUR

7:00 - 9:00 pm

SANSHUKAN

(239 Menzies - info 382-5282)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
6 - 7:15 pm Juniors	6 - 7:15 pm LV 2 & up	6 - 7:15 pm Weapons LV 2 & up	6 - 7:15 pm LV 2 & up	10:30 - noon LV 2 & up
7:30 - 9 pm LV 2 & up	7:30 - 9 pm Beginners	7:30 - 9 pm 2nd kyu & up	7:30 - 9 pm Beginners	

AIKIDO CENTRE PHONE 381-AIKI (2454)

www.VictoriaAikidoCentre.bc.ca

INFORMATION 477-4899