

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11

Strathcona Athletic Park
Sherwood Park, Alberta

Results

Women 100 Metre Dash Open

Sponsor: Shell Canada

Canada Games: 11.56 * 1977 Cindy Moore
National Sr: 10.98 # 1987-07- Angela Bailey
2003 WCSG: 12.00 ^ 2003-08- Karlyn Serby

Name	Yr	Team	Prelims
Preliminaries			
1 114 Laarman, Loudia	91	Alberta,Lethbridg	^ 11.97Q-0.9
2 119 Peart, Teneshia	86	Alberta,Calgary,	12.10Q-1.8
3 237 Grant, Chantal	89	Man,Winnipeg	12.02Q-0.9
4 192 Whitegibson, Billie	88	BC,Vancouver,	12.23Q-1.8
5 118 Nelson, Amonn	88	Alberta,Calgary,	12.39Q-1.8
6 173 Kisielewska, Paulina	88	BC,Vancouver,	12.53Q-0.9
7 247 Miskimmin, Caley	87	Man,Winnipeg	12.65q -1.8
8 193 Whitehead, Liza	87	BC,Vancouver,	12.66q -0.9
9 309 Hucul, Jenni	88	Sask,Saskatoon,	12.77 -1.8
10 299 Croteau, Erica	90	Sask,Saskatoon,	12.82 -0.9
11 249 Nnadi, Chiazio	86	Man,Winnipeg	12.87 -0.9
12 322 Siemens, Sharai	88	Sask,Saskatoon,	12.91 -1.8
13 364 Greer, Janelle	92	Yukon,Whitehors	14.12 -1.8

Women 100 Metre Dash Open

Sponsor: Shell Canada

Canada Games: 11.56 * 1977 Cindy Moore
National Sr: 10.98 # 1987-07- Angela Bailey
2003 WCSG: 12.00 ^ 2003-08- Karlyn Serby

Name	Yr	Team	Finals
Finals			
1 114 Laarman, Loudia	91	Alberta,Lethbridg	11.84^ 20
2 119 Peart, Teneshia	86	Alberta,Calgary,	11.87^ 18
3 237 Grant, Chantal	89	Man,Winnipeg	11.98^ 17
4 192 Whitegibson, Billie	88	BC,Vancouver,	12.13 16
5 118 Nelson, Amonn	88	Alberta,Calgary,	12.27 15
6 173 Kisielewska, Paulina	88	BC,Vancouver,	12.48 14
7 193 Whitehead, Liza	87	BC,Vancouver,	12.56 13
8 247 Miskimmin, Caley	87	Man,Winnipeg	12.79 12

Women 200 Metre Dash Open

Sponsor: Shell Canada

Canada Games: 23.33 * 1997 Latoya austin
National Sr: 22.62 # 1983-07- Marita Payne
2003 WCSG: 24.62 ^ 2003-08- Karlyn Serby

Name	Yr	Team	Prelims
Preliminaries			
1 119 Peart, Teneshia	86	Alberta,Calgary,	^ 24.59Q1.3
2 118 Nelson, Amonn	88	Alberta,Calgary,	24.63Q0.8
3 237 Grant, Chantal	89	Man,Winnipeg	24.92Q0.8
4 192 Whitegibson, Billie	88	BC,Vancouver,	25.48Q1.3
5 242 Johnson, Alyssa	91	Man,Winnipeg	25.47Q0.8
6 322 Siemens, Sharai	88	Sask,Saskatoon,	25.70Q1.3
7 165 Chin Aleong, Janessa	87	BC,Vancouver,	25.78q 1.3
8 172 Keeping, Cassie	89	BC,Vancouver,	25.80q 0.8

9 125 Smith, Courtney	89	Alberta,Edmonton	26.09 1.3
10 258 Woo, Meaghan	88	Man,Winnipeg	26.18 1.3
11 297 Buchko, Amanda	89	Sask,Saskatoon,	26.45 0.8
12 314 Kuspira, Katelyn	88	Sask,Yorkton, SK	26.91 0.8
13 364 Greer, Janelle	92	Yukon,Whitehors	28.99 1.3

Women 200 Metre Dash Open

Sponsor: Shell Canada

Canada Games: 23.33 * 1997 Latoya austin
National Sr: 22.62 # 1983-07- Marita Payne
2003 WCSG: 24.62 ^ 2003-08- Karlyn Serby

Name	Yr	Team	Finals
Finals			
1 118 Nelson, Amonn	88	Alberta,Calgary,	24.28^ 20
2 119 Peart, Teneshia	86	Alberta,Calgary,	24.37^ 18
3 237 Grant, Chantal	89	Man,Winnipeg	24.43^ 17
4 192 Whitegibson, Billie	88	BC,Vancouver,	25.12 16
5 242 Johnson, Alyssa	91	Man,Winnipeg	25.46 15
6 322 Siemens, Sharai	88	Sask,Saskatoon,	25.59 14
7 165 Chin Aleong, Janessa	87	BC,Vancouver,	25.97 13
8 172 Keeping, Cassie	89	BC,Vancouver,	26.10 12

Heptathlon: #4 Women 200 Metre Dash Open Heptathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 309 Hucul, Jenni	88	Sask,Saskatoon,	26.81 728
2 169 Johns, Adelle	86	BC,Vancouver,	27.25 691
3 104 Campbell, Sheri	87	Alberta,Edmonton	27.59 664
4 324 Smits, Veronika	89	Sask,Saskatoon,	27.77 649
5 378 Rutley, Erica	89	BC,Smithers, BC	28.33 605
6 179 Pighin, Brooke	89	BC,Vancouver,	30.22 467
7 317 Nelson, Alisha	89	Sask,Wymark,	30.53 446

Women 400 Metre Dash Open

Sponsor: Shell Canada

Canada Games: 53.41 * 2005 Esther Akinsule
National Sr: 49.91 # 1984-08- Marita Payne
2003 WCSG: 55.90 ^ 2003-08- Sharon Drake

Name	Yr	Team	Prelims
Preliminaries			
1 242 Johnson, Alyssa	91	Man,Winnipeg	56.03Q
2 308 Hart, Julia	90	Sask,Regina, SK	57.77Q
3 253 Romanson, Stephanie	90	Man,Winnipeg	56.86Q
4 178 Pearse, Anastasia	88	BC,Vancouver,	57.88Q
5 171 Kane, Brianna	89	BC,Vancouver,	57.89Q
6 116 Lotwin, Kelsey	89	Alberta,Calgary,	58.22Q
7 124 Simonson, Kayti	89	Alberta,Calgary,	58.55q
8 297 Buchko, Amanda	89	Sask,Saskatoon,	58.62q
9 323 Smith, Kailey	86	Sask,Moose Jaw,	58.80
10 258 Woo, Meaghan	88	Man,Winnipeg	59.09
11 172 Keeping, Cassie	89	BC,Vancouver,	59.43
12 107 Ford, Perri	88	Alberta,Calgary,	1:02.77
13 366 Pearson, Brittany	91	Yukon,Whitehors	1:06.34

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Women 400 Metre Dash Open**Sponsor: Shell Canada****Canada Games:** 53.41 * 2005 Esther Akinsule**National Sr:** 49.91 # 1984-08- Marita Payne**2003 WCSG:** 55.90 ^ 2003-08- Sharon Drake

Name	Yr	Team	Finals
Finals			
1 242 Johnson, Alyssa	91	Man,Winnipeg	55.67^ 20
2 178 Pearse, Anastasia	88	BC,Vancouver,	55.80^ 18
3 253 Romanson, Stephanie	90	Man,Winnipeg	56.51 17
4 124 Simonson, Kayti	89	Alberta,Calgary,	57.31 16
5 308 Hart, Julia	90	Sask,Regina, SK	57.36 15
6 297 Buchko, Amanda	89	Sask,Saskatoon,	58.26 14
7 171 Kane, Brianna	89	BC,Vancouver,	58.51 13
--- 116 Lotwin, Kelsey	89	Alberta,Calgary,	DNF

Women 800 Metre Run Open**Sponsor: Shell Canada****Canada Games:** 2:06.56 * 1993 Melanie Choiniere**National Sr:** 1:58.39 # 2001-09- Diane Cummins**2003 WCSG:** 2:10.66 ^ 2003-08- Alexandra Krasovska

Name	Yr	Team	Prelims
Preliminaries			
1 323 Smith, Kailey	86	Sask,Moose Jaw,	2:16.15Q
2 308 Hart, Julia	90	Sask,Regina, SK	2:16.79Q
3 253 Romanson, Stephanie	90	Man,Winnipeg	2:16.30Q
4 112 Hunter, Raeleen	87	Alberta,Edmonton	2:17.82Q
5 115 Langley, Breana	89	Alberta,Calgary,	2:17.08Q
6 189 Trenholm, Stephanie	90	BC,Vancouver,	2:19.31Q
7 183 Shaw, Angela	89	BC,Vancouver,	2:18.15q
8 117 McQueen, Riley	87	Alberta,Calgary,	2:19.88q
9 167 Digby, Erica	89	BC,Vancouver,	2:20.40
10 251 Paracholski, Meagan	93	Man	2:21.56
11 298 Calver, Christina	87	Sask,Saskatoon,	2:22.37
12 232 Campbell, Jennifer	87	Man,Winnipeg	2:23.91
13 362 Brook, Heidi	92	Yukon,Whitehors	2:45.79
14 365 Gustafson, Jodi	90	Yukon,Whitehors	3:12.11

Women 800 Metre Run Open**Sponsor: Shell Canada****Canada Games:** 2:06.56 * 1993 Melanie Choiniere**National Sr:** 1:58.39 # 2001-09- Diane Cummins**2003 WCSG:** 2:10.66 ^ 2003-08- Alexandra Krasovska

Name	Yr	Team	Finals
Finals			
1 253 Romanson, Stephanie	90	Man,Winnipeg	2:14.60 20
2 112 Hunter, Raeleen	87	Alberta,Edmonton	2:15.32 18
3 308 Hart, Julia	90	Sask,Regina, SK	2:15.64 17
4 323 Smith, Kailey	86	Sask,Moose Jaw,	2:15.67 16
5 189 Trenholm, Stephanie	90	BC,Vancouver,	2:17.34 15
6 115 Langley, Breana	89	Alberta,Calgary,	2:19.01 14
7 117 McQueen, Riley	87	Alberta,Calgary,	2:19.97 13
8 183 Shaw, Angela	89	BC,Vancouver,	2:20.76 12

Heptathlon: #7 Women 800 Metre Run Open Heptathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 169 Johns, Adelle	86	BC,Vancouver,	2:35.40 627
2 378 Rutley, Erica	89	BC,Smithers, BC	2:40.81 564
3 104 Campbell, Sheri	87	Alberta,Edmonton	2:42.97 539
4 179 Pighin, Brooke	89	BC,Vancouver,	2:45.85 508
5 309 Hucul, Jenni	88	Sask,Saskatoon,	2:59.48 370
6 317 Nelson, Alisha	89	Sask,Wymark,	3:15.13 237
--- 324 Smits, Veronika	89	Sask,Saskatoon,	DNF

Women 1500 Metre Run Open**Sponsor: Shell Canada****Canada Games:** 4:16.54 * 1985 Jill Purola**National Sr:** 4:00.27 # 1985-08- Lynn Williams**2003 WCSG:** 4:40.78 ^ 2003-08- Darolyn Trembath

Name	Yr	Team	Finals
1 115 Langley, Breana	89	Alberta,Calgary,	4:44.59 20
2 316 LePage, Karissa	91	Sask,Regina, SK	4:45.44 18
3 117 McQueen, Riley	87	Alberta,Calgary,	4:46.19 17
4 250 Paracholski, Carly	93	Man,Winnipeg	4:48.39 16
5 325 Souter, Jodi	88	Sask,Pleasantdale	4:51.36 15
6 127 Tatlow, Nadia	89	Alberta,Calgary,	4:51.62 14
7 229 Adamson, Jaclyn	91	Man,Winnipeg	4:52.57 13
8 320 Roske, Alicia	88	Sask,Regina, SK	4:52.66 12
9 167 Digby, Erica	89	BC,Vancouver,	4:53.27 11
10 241 Hesketh, Andrea	89	Man,Carman	4:56.08 10
11 195 Wright, Gillian	88	BC,Vancouver,	5:04.75 9
12 366 Pearson, Brittany	91	Yukon,Whitehors	5:05.88 8
13 362 Brook, Heidi	92	Yukon,Whitehors	5:37.44 7

Women 3000 Metre Run Open**Sponsor: Shell Canada****Canada Games:** 9:10.01 * 1985 Jill Purola**National Sr:** 8:32.17 # 1994-08- Angela Chalmers

Name	Yr	Team	Finals
1 321 Schaaf, Kendra	90	Sask,Craven, SK	9:47.59 20
2 174 Kolstad, Kristen	86	BC,Vancouver,	10:02.49 18
3 316 LePage, Karissa	91	Sask,Regina, SK	10:03.80 17
4 127 Tatlow, Nadia	89	Alberta,Calgary,	10:20.51 16
5 117 McQueen, Riley	87	Alberta,Calgary,	10:23.63 15
6 320 Roske, Alicia	88	Sask,Regina, SK	10:30.26 14
7 167 Digby, Erica	89	BC,Vancouver,	10:38.86 13
8 238 Grégoire, Mélanie	89	Man,Springfield	11:04.36 12
9 241 Hesketh, Andrea	89	Man,Carman	11:09.73 11
10 254 Sherwin, Alice	88	Man,Winnipeg	11:09.92 10
11 195 Wright, Gillian	88	BC,Vancouver,	11:25.82 9
12 122 Samoil, Katie	86	Alberta,Edmonton	13:25.91 8

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Women 5000 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 16:16.88 * 2005 Megan Brown
 National Sr: 14:54.98 # 2003-08- Courtney Babcock
 2003 WCSG: 17:39.41 ^ 2003-08- Natasha Wodak

Name	Yr	Team	Finals
1 300 Doetzel, Danette	86	Sask,Macklin, SK	16:39.01^ 20
2 321 Schaaf, Kendra	90	Sask,Craven, SK	16:42.74^ 18
3 174 Kolstad, Kristen	86	BC,Vancouver,	17:18.03^ 17
4 304 Grebinski, Jayne	88	Sask,Regina, SK	17:19.66^ 16
5 254 Sherwin, Alice	88	Man,Winnipeg	19:26.94 15
6 238 Grégoire, Mélanie	89	Man,Springfield	20:11.40 14
7 122 Samoil, Katie	86	Alberta,Edmonton	23:03.54 13

Women 5000 Metre Race Walk Open**Sponsor: Shell Canada**

Canada Games: 23:26.04 * 1985 Pascale Grand
 National Sr: 21:52.85 #
 2003 WCSG: 26:47.84 ^ 2003-08- Megan Huzzey

Name	Yr	Team	Finals
1 191 Warwick, Heather	90	BC,Vancouver,	28:13.81 20
2 108 Gerwing, Michelle	87	Alberta,Edmonton	59:42.08 18
--- 122 Samoil, Katie	86	Alberta,Edmonton	DQ

Women 100 Metre Hurdles 33"-8.5m Open**Sponsor: Shell Canada**

Canada Games: 13.16 * 2001 Angela Whyte
 National Sr: 12.46 # 2004-06- Perdita Felicien
 2003 WCSG: 15.03 ^ 2003-08- Sue Kupper

Name	Yr	Team	Prelims
Preliminaries			
1 309 Hucul, Jenni	88	Sask,Saskatoon,	^ 14.32Q0.3
2 186 Stoffman, Zaria	89	BC,Vancouver,	^ 14.88Q-0.1
3 324 Smits, Veronika	89	Sask,Saskatoon,	15.72Q-0.1
4 244 Lajoie, Miranda	88	Man,Stonewall	16.00Q0.3
5 102 Breland, Melissa	89	Alberta,Vermilio	15.92Q-0.1
6 378 Rutley, Erica	89	BC,Smithers, BC	16.01Q0.3
7 128 Tse, Kimberly	86	Alberta,Calgary,	16.09q-0.1
8 230 Baker, Dana	87	Man,Winnipeg	16.29q 0.3
9 311 Keeler, Jessica	90	Sask,Saskatoon,	16.64 -0.1
10 129 Wilkes, Courtney	89	Alberta,Edmonton	16.83 0.3
--- 231 Baker, Kendra	89	Man,Winnipeg	DNF -0.1

Heptathlon: #1 Women 100 Metre Hurdles 33"-8.5m Open**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 309 Hucul, Jenni	88	Sask,Saskatoon,	14.49 910
2 169 Johns, Adelle	86	BC,Vancouver,	14.97 846
3 324 Smits, Veronika	89	Sask,Saskatoon,	15.79 740
4 378 Rutley, Erica	89	BC,Smithers, BC	16.26 683
5 104 Campbell, Sheri	87	Alberta,Edmonton	16.52 652
6 317 Nelson, Alisha	89	Sask,Wymark,	16.67 634
7 179 Pighin, Brooke	89	BC,Vancouver,	17.55 536

Women 100 Metre Hurdles 33"-8.5m Open**Sponsor: Shell Canada**

Canada Games: 13.16 * 2001 Angela Whyte
 National Sr: 12.46 # 2004-06- Perdita Felicien
 2003 WCSG: 15.03 ^ 2003-08- Sue Kupper

Name	Yr	Team	Finals
Finals			
1 309 Hucul, Jenni	88	Sask,Saskatoon,	14.28^ 20
2 186 Stoffman, Zaria	89	BC,Vancouver,	14.77^ 18
3 102 Breland, Melissa	89	Alberta,Vermilio	15.54 17
4 324 Smits, Veronika	89	Sask,Saskatoon,	15.57 16
5 378 Rutley, Erica	89	BC,Smithers, BC	16.17 15
6 244 Lajoie, Miranda	88	Man,Stonewall	16.19 14
7 128 Tse, Kimberly	86	Alberta,Calgary,	19.42 13
--- 230 Baker, Dana	87	Man,Winnipeg	DQ 0.8

Women 400 Metre Hurdles 30" Open**Sponsor: Shell Canada**

Canada Games: 58.53 * 1993 Miachaela Colluney
 National Sr: 54.39 # 1996-07- Rosey Edeh
 2003 WCSG: 1:01.76 ^ 2003-08- Holly Ratzlaff

Name	Yr	Team	Prelims
Preliminaries			
1 124 Simonson, Kayti	89	Alberta,Calgary,	1:02.49Q
2 178 Pearse, Anastasia	88	BC,Vancouver,	1:04.33Q
3 164 Boss, Traci	87	BC,Vancouver,	1:03.36Q
4 243 King, Diana	86	Man,Winnipeg	1:05.59Q
5 232 Campbell, Jennifer	87	Man,Winnipeg	1:04.57Q
6 230 Baker, Dana	87	Man,Winnipeg	1:06.65Q
7 112 Hunter, Raeleen	87	Alberta,Edmonton	1:05.70q
8 107 Ford, Perri	88	Alberta,Calgary,	1:07.49q
9 298 Calver, Christina	87	Sask,Saskatoon,	1:08.19
10 311 Keeler, Jessica	90	Sask,Saskatoon,	1:08.61
11 175 Law, Christine	91	BC,Vancouver,	1:09.63

Women 400 Metre Hurdles 30" Open**Sponsor: Shell Canada**

Canada Games: 58.53 * 1993 Miachaela Colluney
 National Sr: 54.39 # 1996-07- Rosey Edeh
 2003 WCSG: 1:01.76 ^ 2003-08- Holly Ratzlaff

Name	Yr	Team	Finals
Finals			
1 178 Pearse, Anastasia	88	BC,Vancouver,	1:02.01 20
2 124 Simonson, Kayti	89	Alberta,Calgary,	1:02.75 18
3 164 Boss, Traci	87	BC,Vancouver,	1:04.31 17
4 112 Hunter, Raeleen	87	Alberta,Edmonton	1:04.81 16
5 243 King, Diana	86	Man,Winnipeg	1:04.89 15
6 232 Campbell, Jennifer	87	Man,Winnipeg	1:05.04 14
7 230 Baker, Dana	87	Man,Winnipeg	1:07.10 13
8 107 Ford, Perri	88	Alberta,Calgary,	1:08.60 12

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Women 3000 Metre Steeplechase Open

Sponsor: Shell Canada

National Sr: 9:51.16 # 2002-06- Carol Henry

2003 WCSG: 11:13.00 ^ 2003-08- Tania Vander Meulen

Name	Yr	Team	Finals
1 238 Grégoire, Mélanie	89	Man, Springfield	11:38.86 20
2 115 Langley, Breana	89	Alberta, Calgary,	11:42.95 18
3 195 Wright, Gillian	88	BC, Vancouver,	12:46.93 17
4 180 Richard, Camille	87	BC, Vancouver,	14:22.52 16
5 122 Samoil, Katie	86	Alberta, Edmonto	14:47.55 15

Women 4x100 Metre Relay Open

Sponsor: Shell Canada

Canada Games: 45.61 * 1993 BC

Matheson, Morris, Perry, Vuu

National Sr: 43.17 # 1976-07-

Howe, Loverrock, McTaggart, Bailey

2003 WCSG: 47.83 ^ 2003-08- Alberta

E HUA, J KING, D GRUBER, M CZAJKOWSKI

Team	Relay	Finals
1 Alberta	A	46.03^ 20
1) Peart, Teneshia 86	2) Nelson, Amonn 88	
3) Smith, Courtney 89	4) Laarman, Loudia 91	
2 British Columbia	A	47.27^ 18
1) Whitehead, Liza 87	2) Chin Aleong, Janessa 87	
3) Kisielewska, Paulina 88	4) Whitegibson, Billie 88	
3 Manitoba	A	47.35^ 16
1) Miskimmin, Caley 87	2) Johnson, Alyssa 91	
3) Nnadi, Chiazio 86	4) Grant, Chantal 89	
4 Saskatchewan	A	48.67 14
1) Siemens, Sharai 88	2) Croteau, Erica 90	
3) Kuspira, Katelyn 88	4) Hucul, Jenni 88	

Women 4x400 Metre Relay Open

Sponsor: Shell Canada

Canada Games: 3:40.48 * 1997 ON

Liphardt, Bell, Teteris, Fox

National Sr: 3:21.21 # 1984-08-

Crooks, Richardson, Killingback, Payne

2003 WCSG: 3:48.21 ^ 2003-08- Alberta

M CZAJKOWSKI, C BOUMA, J JONES, H RATZLAFF

Team	Relay	Finals
1 Alberta	A	3:46.30^ 20
1) Peart, Teneshia 86	2) Lotwin, Kelsey 89	
3) Simonson, Kayti 89	4) Nelson, Amonn 88	
2 Manitoba	A	3:49.32 18
1) King, Diana 86	2) Woo, Meaghan 88	
3) Romanson, Stephanie 90	4) Johnson, Alyssa 91	
3 Saskatchewan	A	3:50.28 16
1) Buchko, Amanda 89	2) Hart, Julia 90	
3) Siemens, Sharai 88	4) Smith, Kailey 86	
4 British Columbia	A	3:51.86 14
1) Kane, Brianna 89	2) Boss, Traci 87	
3) Keeping, Cassie 89	4) Pearse, Anastasia 88	

Women High Jump Open

Sponsor: Shell Canada

start @ 1.40m by 5's to 1.65m, then by 3's

Canada Games: 1.85m * 1985 Cockcroft, Forrester

National Sr: 1.98m # 1984-09- Debbie Brill

2003 WCSG: 1.72m ^ 2003-08- Claire Poliquin

Name	Yr	Team	Finals
1 100 Bergevin, Lindsey	89	Alberta, Leduc,	1.71m 20
2 176 Neveu, Karly	89	BC, Vancouver,	1.71m 18
3 177 Payne, Gabrielle	89	BC, Vancouver,	1.60m 17
4 326 Stevenson, Hannah	91	Sask, Melfort, SK	1.60m 16
5 186 Stoffman, Zaria	89	BC, Vancouver,	1.60m 15
6 104 Campbell, Sheri	87	Alberta, Edmonto	1.60m 14
7 315 Lang, Angie	91	Sask, Melfort, SK	1.55m 13
8 101 Boone, Katie	88	Alberta, Calgary	1.50m 12
9 255 Thiessen, Jen	91	Man, Graysville	1.45m 11
10 324 Smits, Veronika	89	Sask, Saskatoon,	1.40m 10

Heptathlon: #2 Women High Jump Open Heptathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 104 Campbell, Sheri	87	Alberta, Edmonto	1.58m 712
2 169 Johns, Adelle	86	BC, Vancouver,	1.55m 678
3 179 Pighin, Brooke	89	BC, Vancouver,	1.46m 577
4 324 Smits, Veronika	89	Sask, Saskatoon,	1.43m 544
5 317 Nelson, Alisha	89	Sask, Wymark,	1.40m 512
6 378 Rutley, Erica	89	BC, Smithers, BC	1.31m 419
6 309 Hucul, Jenni	88	Sask, Saskatoon,	1.31m 419

Women Pole Vault Open

Sponsor: Shell Canada

Start @ 2.40m, by 15's to 3.00m, by 10's

Canada Games: 3.85m * 2001 Dana Ellis

National Sr: 4.51m # 2005-07- Dana Ellis-Buller

Name	Yr	Team	Finals
1 327 Vause, Leah	87	Sask, Saskatoon	3.80m 20
2 108 Gerwing, Michelle	87	Alberta, Edmonto	3.50m 18
3 100 Bergevin, Lindsey	89	Alberta, Leduc,	3.20m 17
4 378 Rutley, Erica	89	BC, Smithers, BC	3.10m 16
5 129 Wilkes, Courtney	89	Alberta, Edmonto	3.00m 15
6 181 Richey, Meg	89	BC, Vancouver,	3.00m 14
7 236 Gauthier, Carissa	93	Man, Winnipeg	2.40m 13

Women Long Jump Open

Sponsor: Shell Canada

Canada Games: 6.05m * 1985 Tracey Smith

National Sr: 6.66m # 1996-05- Nicole Devonish

Name	Yr	Team	Finals
1 249 Nnadi, Chiazio	86	Man, Winnipeg	5.35m 20
2 180 Richard, Camille	87	BC, Vancouver,	5.33m 18
3 230 Baker, Dana	87	Man, Winnipeg	5.23m 17
4 296 Breker, Nicole	89	Sask, Muenster,	5.10m 16
5 194 Williams, Valerie	88	BC, Vancouver,	5.07m 15
6 231 Baker, Kendra	89	Man, Winnipeg	5.06m 14
7 128 Tse, Kimberly	86	Alberta, Calgary,	4.92m 13

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(Women Long Jump Open)

Name	Yr	Team	Finals
8 310 Jelinski, Jenna	90	Sask, Regina, SK	4.84m 12
9 190 van Ruyven, Michelle	88	BC, Vancouver,	4.72m 11
10 120 Pon, Stephanie	88	Alberta, Calgary	4.70m 10
11 317 Nelson, Alisha	89	Sask, Wymark,	4.67m 9
12 101 Boone, Katie	88	Alberta, Calgary	4.35m 8

Heptathlon: #5 Women Long Jump Open Heptathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 169 Johns, Adelle	86	BC, Vancouver,	5.00m 559
2 317 Nelson, Alisha	89	Sask, Wymark,	4.95m 546
3 104 Campbell, Sheri	87	Alberta, Edmonton	4.83m 514
4 309 Hucul, Jenni	88	Sask, Saskatoon,	4.78m 500
5 378 Rutley, Erica	89	BC, Smithers, BC	4.54m 438
6 324 Smits, Veronika	89	Sask, Saskatoon,	4.34m 388
7 179 Pighin, Brooke	89	BC, Vancouver,	4.19m 352

Women Triple Jump Open

Sponsor: Shell Canada

8m, 10m & 11m boards

Canada Games: 13.04m * 1997 Althea Williams

National Sr: 13.94m # 2006-04- Tabia Charles

2003 WCSG: 11.65m ^ 2003-08- Mandi Tasche

Name	Yr	Team	Finals
1 180 Richard, Camille	87	BC, Vancouver,	11.86m^ 20
2 184 Sprenkels, Tiffany	89	BC, Vancouver,	11.62m 18
3 249 Nnadi, Chiazio	86	Man, Winnipeg	11.41m 17
4 317 Nelson, Alisha	89	Sask, Wymark,	10.95m 16
5 128 Tse, Kimberly	86	Alberta, Calgary,	10.86m 15
6 194 Williams, Valerie	88	BC, Vancouver,	10.81m 14
7 296 Breker, Nicole	89	Sask, Muenster,	10.64m 13
8 310 Jelinski, Jenna	90	Sask, Regina, SK	10.50m 12
9 129 Wilkes, Courtney	89	Alberta, Edmonton	10.44m 11
10 231 Baker, Kendra	89	Man, Winnipeg	9.98m 10
11 120 Pon, Stephanie	88	Alberta, Calgary	9.94m 9
12 252 Pettinger, Khalicia	88	Man, Winnipeg	9.58m 8

Women Shot Put 4 kg Open

Sponsor: Shell Canada

Canada Games: 15.11m * 2001 Caroline Larose

National Sr: 17.17m # 1979-06- Carmen Ionesco

2003 WCSG: 14.33m ^ 2003-08- Kate Forbes

Name	Yr	Team	Finals
1 319 Revoy, Chelsey	89	Sask, Archerwill,	12.96m 20
2 303 Fowler, Caitlin	88	Sask, Lanigan, SK	12.55m 18
3 105 Carias, Rigel	88	Alberta, Grimsha	11.81m 17
4 245 MacIver, Alexandria	87	Man, Winnipeg	11.63m 16
5 302 Facca, Lindsay	87	Sask, Saskatoon,	10.97m 15
6 106 Dunn, MACKENZIE	90	Alberta, Red Deer,	10.49m 14
7 170 Johnstone, Elizabeth	87	BC, Vancouver,	10.46m 13
8 246 Mackie, Kristen	89	Man, Emerson	10.23m 12
9 256 Twerdun, Deondra	88	Man, Winnipeg	9.53m 11
10 188 Ter Laak, Lara	88	BC, Vancouver,	9.24m 10
11 113 Johnson, Atinuke	88	Alberta, Calgary	8.94m 9

12 292 Waugh, Jennifer	89	NWT	8.93m 8
13 168 Gleadle, Elizabeth	88	BC, Vancouver,	8.08m 7

Heptathlon: #3 Women Shot Put 4 kg Open Heptathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 309 Hucul, Jenni	88	Sask, Saskatoon,	10.24m 545
2 324 Smits, Veronika	89	Sask, Saskatoon,	9.35m 487
3 169 Johns, Adelle	86	BC, Vancouver,	8.92m 459
4 104 Campbell, Sheri	87	Alberta, Edmonton	8.62m 440
5 179 Pighin, Brooke	89	BC, Vancouver,	8.19m 412
6 317 Nelson, Alisha	89	Sask, Wymark,	7.11m 342
7 378 Rutley, Erica	89	BC, Smithers, BC	6.75m 319

Women Discus Throw 1 kg Open

Sponsor: Shell Canada

Canada Games: 50.00m * 2001 Julie Bourgon

National Sr: 62.72m # 1979-08- Carmen Ionesco

2003 WCSG: 47.25m ^ 2003-08- Novelle Murray

Name	Yr	Team	Finals
1 188 Ter Laak, Lara	88	BC, Vancouver,	39.19m 20
2 319 Revoy, Chelsey	89	Sask, Archerwill,	37.29m 18
3 313 Klimm, Sarah	88	Sask, Tisdale, SK	35.20m 17
4 234 Ferris, Karen	91	Man, Holland	34.46m 16
5 328 Vollman, Michelle	88	Sask, Luseland,	34.20m 15
6 245 MacIver, Alexandria	87	Man, Winnipeg	29.72m 14
7 246 Mackie, Kristen	89	Man, Emerson	29.53m 13
8 106 Dunn, MACKENZIE	90	Alberta, Red Deer,	29.22m 12
9 113 Johnson, Atinuke	88	Alberta, Calgary	27.91m 11
10 292 Waugh, Jennifer	89	NWT	27.53m 10
11 105 Carias, Rigel	88	Alberta, Grimsha	26.94m 9
12 168 Gleadle, Elizabeth	88	BC, Vancouver,	22.29m 8
13 170 Johnstone, Elizabeth	87	BC, Vancouver,	21.95m 7

Women Hammer Throw 4 kg Open

Sponsor: Shell Canada

Canada Games: 61.28m * 2001 Jennifer Joyce

National Sr: 68.48m # 2005-07- Jennifer Joyce

2003 WCSG: 53.72m ^ 2003-08- Kate Forbes

Name	Yr	Team	Finals
1 126 Steacy, Heather	88	Alberta, Lethbridg	52.01m 20
2 301 Dubourt, Elizabeth	86	Sask, Saskatoon,	49.09m 18
3 188 Ter Laak, Lara	88	BC, Vancouver,	46.67m 17
4 328 Vollman, Michelle	88	Sask, Luseland,	43.84m 16
5 313 Klimm, Sarah	88	Sask, Tisdale, SK	43.22m 15
6 103 Calnan, Sarah	86	Alberta, Lethbridg	39.14m 14
7 246 Mackie, Kristen	89	Man, Emerson	37.25m 13
8 113 Johnson, Atinuke	88	Alberta, Calgary	35.71m 12
9 234 Ferris, Karen	91	Man, Holland	28.34m 11
10 245 MacIver, Alexandria	87	Man, Winnipeg	24.74m 10
11 168 Gleadle, Elizabeth	88	BC, Vancouver,	18.72m 9
12 170 Johnstone, Elizabeth	87	BC, Vancouver,	17.25m 8

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Heptathlon: #6 Women Javelin Throw 600g Open Heptathlon
Sponsor: Shell Canada

Name	Yr	Team	Finals
1 179 Pighin, Brooke	89	BC,Vancouver,	42.62m 718
2 169 Johns, Adelle	86	BC,Vancouver,	27.48m 429
3 324 Smits, Veronika	89	Sask,Saskatoon,	26.97m 419
4 104 Campbell, Sheri	87	Alberta,Edmonton	22.85m 342
5 309 Hucul, Jenni	88	Sask,Saskatoon,	22.33m 332
6 378 Rutley, Erica	89	BC,Smithers, BC	18.66m 264
7 317 Nelson, Alisha	89	Sask,Wymark,	18.02m 252

Women Javelin Throw 600 g Open**Sponsor: Shell Canada**

Canada Games: 52.22m * 1981 Monique Lapres

National Sr: 55.31m # 2003-05- Alana Redfern

2003 WCSG: 50.23m ^ 2003-08- Krista Woodward

Name	Yr	Team	Finals
1 179 Pighin, Brooke	89	BC,Vancouver,	44.42m 20
2 168 Gleadle, Elizabeth	88	BC,Vancouver,	43.67m 18
3 248 Mullin, Debra	86	Man,Baylor	38.18m 17
4 318 Pickett, Shyla	87	Sask,Saskatoon,	36.34m 16
5 121 Reed, Kelsey	89	Alberta,Sherwood	34.61m 15
6 302 Facca, Lindsay	87	Sask,Saskatoon,	33.20m 14
7 170 Johnstone, Elizabeth	87	BC,Vancouver,	32.39m 13
8 319 Revoy, Chelsey	89	Sask,Archerwill,	31.68m 12
9 240 Harmon, Sara	90	Man,Melita	30.97m 11
10 239 Grondin, Renee	92	Man,Winnipeg	26.93m 10
11 103 Calnan, Sarah	86	Alberta,Lethbridg	21.75m 9
12 104 Campbell, Sheri	87	Alberta,Edmonton	21.57m 8

Women Heptathlon Open**Sponsor: Shell Canada**

Canada Games: 5433 * 1989 Catherine Bond

National Sr: 6314 # 2006-05- Jessica Zelinka

Name	Yr	Team	Finals
1 169 Johns, Adelle	86	BC,Vancouver,	4289 20
2 104 Campbell, Sheri	87	Alberta,Edmonton	3863 18
3 309 Hucul, Jenni	88	Sask,Saskatoon,	3804 17
4 179 Pighin, Brooke	89	BC,Vancouver,	3570 16
5 378 Rutley, Erica	89	BC,Smithers, BC	3292 15
6 324 Smits, Veronika	89	Sask,Saskatoon,	3227 14
7 317 Nelson, Alisha	89	Sask,Wymark,	2969 13

Women 100 Metre Dash Special O**Sponsor: Shell Canada**

2003 WCSG: 15.48 ^ 2003-08- Sarah McCarthy

Name	Yr	Team	Prelims
1 187 Strauss, Laura	89	BC,Smithers	15.86Q1.2
2 306 Harrison, Ameer	82	Sask,Saskatoon,	16.68Q-0.3
3 312 Kinnear, Lindsay	88	Sask,Lumsden,	15.93Q1.2
4 185 Stacey, Jennifer	82	BC,Sechelt	17.14Q-0.3
5 233 Daly, Melissa	88	Man,Winnipeg,	17.34Q1.2
6 109 Good, Cheyenne	89	Alberta,Lac St.	18.77Q-0.3

7 110 Grimson, Kristine	84	Alberta,Edmonton	20.01q 1.2
8 363 Cowper, Brittany	82	Yukon,Whitehors	24.19q 1.2
9 367 Pigage, Mallory	90	Yukon,Whithorse	42.39 -0.3

Women 100 Metre Dash Special O**Sponsor: Shell Canada**

2003 WCSG: 15.48 ^ 2003-08- Sarah McCarthy

Name	Yr	Team	Finals
1 187 Strauss, Laura	89	BC,Smithers	15.62 20
2 312 Kinnear, Lindsay	88	Sask,Lumsden,	15.99 18
3 306 Harrison, Ameer	82	Sask,Saskatoon,	16.57 17
4 233 Daly, Melissa	88	Man,Winnipeg,	16.96 16
5 185 Stacey, Jennifer	82	BC,Sechelt	17.19 15
6 109 Good, Cheyenne	89	Alberta,Lac St.	18.73 14
7 110 Grimson, Kristine	84	Alberta,Edmonton	20.79 13

Women 200 Metre Dash Special O**Sponsor: Shell Canada**

2003 WCSG: 32.52 ^ 2003-08- Morgan Urzada

Name	Yr	Team	Prelims
1 235 Fontaine, Kim	86	Man,Winnipeg	32.71Q-1.4
2 187 Strauss, Laura	89	BC,Smithers	33.19Q-2.1
3 312 Kinnear, Lindsay	88	Sask,Lumsden,	33.98Q-1.4
4 306 Harrison, Ameer	82	Sask,Saskatoon,	36.08Q-2.1
5 185 Stacey, Jennifer	82	BC,Sechelt	35.66Q-1.4
6 233 Daly, Melissa	88	Man,Winnipeg,	36.25Q-2.1
7 109 Good, Cheyenne	89	Alberta,Lac St.	40.31q-1.4
8 110 Grimson, Kristine	84	Alberta,Edmonton	44.43q-2.1
9 367 Pigage, Mallory	90	Yukon,Whithorse	1:42.52 -2.1
--- 363 Cowper, Brittany	82	Yukon,Whitehors	DQ -1.4

Women 200 Metre Dash Special O**Sponsor: Shell Canada**

2003 WCSG: 32.52 ^ 2003-08- Morgan Urzada

Name	Yr	Team	Finals
1 235 Fontaine, Kim	86	Man,Winnipeg	32.68 20
2 187 Strauss, Laura	89	BC,Smithers	32.83 18
3 312 Kinnear, Lindsay	88	Sask,Lumsden,	33.92 17
4 306 Harrison, Ameer	82	Sask,Saskatoon,	35.25 16
5 185 Stacey, Jennifer	82	BC,Sechelt	36.02 15
6 233 Daly, Melissa	88	Man,Winnipeg,	36.56 14
7 109 Good, Cheyenne	89	Alberta,Lac St.	42.56 13
8 110 Grimson, Kristine	84	Alberta,Edmonton	46.44 12

Women Long Jump Special O**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 235 Fontaine, Kim	86	Man,Winnipeg	3.49m 20
2 312 Kinnear, Lindsay	88	Sask,Lumsden,	3.42m 18
3 187 Strauss, Laura	89	BC,Smithers	3.05m 17
4 233 Daly, Melissa	88	Man,Winnipeg,	2.98m 16

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Name	Yr	Team	Finals
5 185 Stacey, Jennifer	82	BC,Sechelt	2.96m 15
6 306 Harrison, Ameer	82	Sask,Saskatoon,	2.54m 14
7 109 Good, Cheyenne	89	Alberta,Lac St.	2.52m 13
8 110 Grimson, Kristine	84	Alberta,Edmonton	2.17m 12

Women 200 Metre Dash Wheelchair**Sponsor: Shell Canada****Canada Games: 34.36 * 2001 Diane Roy**

Name	Yr	Team	Prelims
Preliminaries			
1 307 Harrower, Cory	88	Sask,Regina	41.35Q-0.2
2 111 Hershick-Fraser,	85	Alberta,Calgary	45.09Q-0.2
3 166 DeGagne, Stephanie	90	BC,Abbotsford	45.48Q-0.2
4 123 Shiu, Vicki	88	Alberta	47.54q-0.2
5 305 Hancock, Tannis	83	Sask,Saskatoon,	55.33q-0.2

Women 200 Metre Dash Wheelchair**Sponsor: Shell Canada****Canada Games: 34.36 * 2001 Diane Roy**

Name	Yr	Team	Finals
Finals			
1 307 Harrower, Cory	88	Sask,Regina	42.52 20
2 111 Hershick-Fraser,	85	Alberta,Calgary	46.37 18
3 166 DeGagne, Stephanie	90	BC,Abbotsford	46.87 17
4 123 Shiu, Vicki	88	Alberta	47.87 16
5 305 Hancock, Tannis	83	Sask,Saskatoon,	57.08 15

Women 800 Metre Run Wheelchair**Sponsor: Shell Canada****Canada Games: 2:18.97 * 1993 Teresa Ferguson****2003 WCSG: 2:41.71 ^ 2003-08- Kiran Aujlay**

Name	Yr	Team	Finals
1 307 Harrower, Cory	88	Sask,Regina	2:48.67 20
2 123 Shiu, Vicki	88	Alberta	3:25.78 18
3 111 Hershick-Fraser,	85	Alberta,Calgary	3:26.78 17
4 166 DeGagne, Stephanie	90	BC,Abbotsford	3:43.30 16

Women 1500 Metre Run Wheelchair**Sponsor: Shell Canada****Canada Games: 4:22.85 * 2001 Messica Matassa****2003 WCSG: 5:46.80 ^ 2003-08- Kiran Aujlay**

Name	Yr	Team	Finals
1 307 Harrower, Cory	88	Sask,Regina	5:56.85 20
2 111 Hershick-Fraser,	85	Alberta,Calgary	6:54.36 18
3 123 Shiu, Vicki	88	Alberta	7:11.18 17

Men 100 Metre Dash Open**Sponsor: Shell Canada****Canada Games: 10.38 * Nathon Taylor****National Sr: 9.84 # 1996-07- Donovan Bailey****2003 WCSG: 10.75 ^ 2003-08- Donovan Alexander**

Name	Yr	Team	Prelims
Preliminaries			
1 137 Effah, Sam	88	Alberta,Calgary,	10.85Q-1.5
2 352 Senick, Joel	89	Sask,Saskatoon,	10.93Q1.6
3 286 Szczepaniak, David	88	Man,Winnipeg	10.93Q1.6
4 207 Fralick, Brandt	87	BC,Vancouver,	11.10Q-1.5
5 199 Charles, Ricardo	88	BC,Vancouver,	11.05Q1.6
6 208 Giuffre, Mike	87	BC,Vancouver,	11.22Q-1.5
7 130 Bazerd, Charles	89	Alberta,Sherwood	11.10q 1.6
8 276 Labbe, Nathan	88	Man,McCreary	11.13q 1.6
9 136 Ebrado, Elizar	88	Alberta,Edmonton	11.19 1.6
10 333 Forsythe, Sean	86	Sask,Regina, SK	11.30 -1.5
11 280 Moolchan, Kieran	89	Man,East Selkirk	11.36 -1.5
12 337 Hretsina, Landon	89	Sask,Saskatoon,	11.53 -1.5
13 369 Hoefs, Boris	87	Yukon,Whitehors	12.48 -1.5

Decathlon: #1 Men 100 Metre Dash Open Decathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 134 Cunningham, Marcus	86	Alberta,Calgary	11.39 776
2 358 Trefiak, Brent	88	Sask,Paradise	11.73 705
3 260 Arndt, Philip	89	Man,Pierson	11.99 653
4 353 Sharp, Keegan	89	Sask,Yorkton, SK	12.00 651
5 138 Ferreira, Henry	88	Alberta,St. Paul,	12.02 647
6 259 Arndt, Alex	88	Man,Pierson	12.27 599
7 345 Mitchell, Robert	88	Sask,Regina, SK	12.34 586

Men 100 Metre Dash Open**Sponsor: Shell Canada****Canada Games: 10.38 * Nathon Taylor****National Sr: 9.84 # 1996-07- Donovan Bailey****2003 WCSG: 10.75 ^ 2003-08- Donovan Alexander**

Name	Yr	Team	Finals
Finals			
1 137 Effah, Sam	88	Alberta,Calgary,	10.71^ 20
2 352 Senick, Joel	89	Sask,Saskatoon,	10.92 18
3 199 Charles, Ricardo	88	BC,Vancouver,	10.97 17
4 207 Fralick, Brandt	87	BC,Vancouver,	11.00 16
5 130 Bazerd, Charles	89	Alberta,Sherwood	11.10 15
6 208 Giuffre, Mike	87	BC,Vancouver,	11.12 14
7 276 Labbe, Nathan	88	Man,McCreary	11.29 13
--- 286 Szczepaniak, David	88	Man,Winnipeg	FS 0.7

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Men 200 Metre Dash Open**Sponsor: Shell Canada**

Canada Games: 20.90 * 1997 Glenn Smith
National Sr: 20.17 # 1991-08- Atlee Mahorn
2003 WCSG: 21.81 ^ 2003-08- Raymond Ardill

Name	Yr	Team	Prelims
Preliminaries			
1 137 Effah, Sam	88	Alberta,Calgary,	^ 21.62Q0.7
2 206 Farrell, Leon	88	BC,Vancouver,	22.27Q0.3
3 207 Fralick, Brandt	87	BC,Vancouver,	22.00Q0.7
4 337 Hretsina, Landon	89	Sask,Saskatoon,	22.42Q0.3
5 286 Szczepaniak, David	88	Man,Winnipeg	22.21Q0.7
6 130 Bazerd, Charles	89	Alberta,Sherwood	22.43Q0.3
7 158 Sumani, Hafeez	88	Alberta,Calgary,	22.24q 0.7
8 270 Ferguson, Quin	88	Man,Winnipeg	22.35q 0.7
9 199 Charles, Ricardo	88	BC,Vancouver,	22.50 0.3
10 356 Simair, Josh	87	Sask,Prince	22.64 0.3
11 280 Moolchan, Kieran	89	Man,East Selkirk	22.78 0.3
12 333 Forsythe, Sean	86	Sask,Regina, SK	22.93 0.7
13 369 Hoefs, Boris	87	Yukon,Whitehors	24.84 0.3
14 376 Yeulet, James	88	Yukon	27.29 0.7

Men 200 Metre Dash Open**Sponsor: Shell Canada**

Canada Games: 20.90 * 1997 Glenn Smith
National Sr: 20.17 # 1991-08- Atlee Mahorn
2003 WCSG: 21.81 ^ 2003-08- Raymond Ardill

Name	Yr	Team	Finals
Finals			
1 137 Effah, Sam	88	Alberta,Calgary,	21.56^ 20
2 207 Fralick, Brandt	87	BC,Vancouver,	21.97 18
3 130 Bazerd, Charles	89	Alberta,Sherwood	22.10 17
4 286 Szczepaniak, David	88	Man,Winnipeg	22.23 16
5 206 Farrell, Leon	88	BC,Vancouver,	22.28 15
6 270 Ferguson, Quin	88	Man,Winnipeg	22.33 14
7 158 Sumani, Hafeez	88	Alberta,Calgary,	22.46 13
8 337 Hretsina, Landon	89	Sask,Saskatoon,	22.56 12

Men 400 Metre Dash Open**Sponsor: Shell Canada**

Canada Games: 46.59 * 1985 David Williams
National Sr: 44.44 # 2005-08- Tyler Christopher
2003 WCSG: 48.87 ^ 2003-08- Neal Hurtubise

Name	Yr	Team	Prelims
Preliminaries			
1 158 Sumani, Hafeez	88	Alberta,Calgary,	^ 48.44Q
2 151 Ratzlaff, Trent	86	Alberta,Calgary,	48.95Q
3 352 Senick, Joel	89	Sask,Saskatoon,	^ 48.47Q
4 270 Ferguson, Quin	88	Man,Winnipeg	49.17Q
5 272 Geyson, Kris	86	Man,Winnipeg	48.99Q
6 356 Simair, Josh	87	Sask,Prince	49.71Q
7 227 Vaartnou, Nick	88	BC,Vancouver,	49.48q

8 214 Lim, Kevin	88	BC,Vancouver,	49.75q
9 377 Unruh, Tyson	89	Sask	49.84
10 154 Saizew, Michael	87	Alberta,Calgary,	50.18
11 268 Durand, Zacharie	89	Man,LaBroquerie	50.84
12 221 Nicol, Scott	88	BC,Vancouver,	52.57
13 375 Westberg, Robbie	88	Yukon	58.62
14 376 Yeulet, James	88	Yukon	58.97

Men 400 Metre Dash Open**Sponsor: Shell Canada**

Canada Games: 46.59 * 1985 David Williams
National Sr: 44.44 # 2005-08- Tyler Christopher
2003 WCSG: 48.87 ^ 2003-08- Neal Hurtubise

Name	Yr	Team	Finals
Finals			
1 352 Senick, Joel	89	Sask,Saskatoon,	47.79^ 20
2 270 Ferguson, Quin	88	Man,Winnipeg	47.85^ 18
3 158 Sumani, Hafeez	88	Alberta,Calgary,	47.93^ 17
4 272 Geyson, Kris	86	Man,Winnipeg	48.18^ 16
5 151 Ratzlaff, Trent	86	Alberta,Calgary,	48.34^ 15
6 214 Lim, Kevin	88	BC,Vancouver,	49.06 14
7 356 Simair, Josh	87	Sask,Prince	49.78 13
8 227 Vaartnou, Nick	88	BC,Vancouver,	49.80 12

Decathlon: #5 Men 400 Metre Dash Open Decathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 134 Cunningham, Marcus	86	Alberta,Calgary	51.41 751
2 138 Ferreira, Henry	88	Alberta,St. Paul,	53.36 666
3 358 Trefiak, Brent	88	Sask,Paradise	53.53 659
4 353 Sharp, Keegan	89	Sask,Yorkton, SK	56.53 539
5 260 Arndt, Philip	89	Man,Pierson	57.89 488
6 259 Arndt, Alex	88	Man,Pierson	1:00.20 406

Men 800 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 1:48.82 * 1989 Michael McLean
National Sr: 1:43.93 # 2006-08- Gary Reed
2003 WCSG: 1:53.84 ^ 2003-08- Luke Ratzlaff

Name	Yr	Team	Prelims
Preliminaries			
1 141 Holm, David	86	Alberta,Edmonton	1:56.41Q
2 343 Mazzei, Darren	87	Sask,Regina, SK	1:58.78Q
3 153 Russell, Ryan	88	Alberta,Calgary,	1:56.49Q
4 261 Barnett, Colin	89	Man,Winnipeg	1:59.02Q
5 278 Man, Mitchell	89	Man,Carman	1:57.03Q
6 154 Saizew, Michael	87	Alberta,Calgary,	1:59.20Q
7 221 Nicol, Scott	88	BC,Vancouver,	1:57.83q
8 196 Adair, Michael	87	BC,Vancouver,	1:58.71q
9 361 Upton, Eric	89	Sask,Saskatoon,	1:59.30
10 271 Gallaway, Marshall	89	Man,Brandon	1:59.71
11 204 Dhaliwal, Manpreet	90	BC,Vancouver,	2:00.54
12 375 Westberg, Robbie	88	Yukon	2:15.10
13 372 Macdonald, Sean	88	Yukon,Whitehors	2:15.60

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Men 800 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 1:48.82 * 1989 Michael McLean

National Sr: 1:43.93 # 2006-08- Gary Reed

2003 WCSG: 1:53.84 ^ 2003-08- Luke Ratzlaff

Name	Yr	Team	Finals
Finals			
1 343 Mazzei, Darren	87	Sask,Regina, SK	1:53.22^ 20
2 141 Holm, David	86	Alberta,Edmonton	1:53.44^ 18
3 153 Russell, Ryan	88	Alberta,Calgary,	1:53.93 17
4 154 Saizew, Michael	87	Alberta,Calgary,	1:54.03 16
5 261 Barnett, Colin	89	Man,Winnipeg	1:54.45 15
6 278 Man, Mitchell	89	Man,Carman	1:55.81 14
7 221 Nicol, Scott	88	BC,Vancouver,	1:57.27 13
8 196 Adair, Michael	87	BC,Vancouver,	2:00.15 12

Decathlon: #10 Men 1500 Metre Run Open Decathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	4:35.58 708
2 134 Cunningham, Marcus	86	Alberta,Calgary	4:50.58 615
3 353 Sharp, Keegan	89	Sask,Yorkton, SK	5:01.56 551
4 358 Trefiak, Brent	88	Sask,Paradise	5:16.82 467
5 260 Arndt, Philip	89	Man,Pierson	5:23.65 431
6 259 Arndt, Alex	88	Man,Pierson	5:54.78 286

Men 1500 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 3:45.87 * 1981 Dennis Stark

National Sr: 3:31.71 # 2000-06- Kevin Sullivan

2003 WCSG: 3:54.34 ^ 2003-08- Brian Walker

Name	Yr	Team	Finals
1 148 Monds, Jevin	89	Alberta,Whitecou	3:57.97 20
2 133 Corrigan, Peter	89	Alberta,Calgary,	3:58.61 18
3 261 Barnett, Colin	89	Man,Winnipeg	3:59.04 17
4 156 Sinclair, Matthew	87	Alberta,Calgary,	3:59.82 16
5 265 Carr, Paul	86	Man,Winnipeg	4:01.80 15
6 201 Childs, Cliff	89	BC,Vancouver,	4:03.26 14
7 271 Gallaway, Marshall	89	Man,Brandon	4:05.72 13
8 346 Mitchell, Scott	86	Sask,Regina, SK	4:10.49 12
9 198 Bruchet, Lucas	87	BC,Vancouver,	4:13.04 11
10 204 Dhaliwal, Manpreet	90	BC,Vancouver,	4:13.65 10
11 361 Upton, Eric	89	Sask,Saskatoon,	4:18.03 9
12 371 Johnsgaard, Knute	92	Yukon,Whitehors	5:07.57 8

Men 3000 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 8:25.76 * 1973 William Briten

National Sr: 7:43.42 # 1998-08- Jeff Schiebler

Name	Yr	Team	Finals
1 156 Sinclair, Matthew	87	Alberta,Calgary,	8:44.79 20
2 264 Budigoma, Desire	88	Man,Winnipeg	8:50.06 18
3 139 Ford, Scott	89	Alberta,Edmonton	8:50.67 17
4 265 Carr, Paul	86	Man,Winnipeg	8:51.90 16
5 201 Childs, Cliff	89	BC,Vancouver,	8:55.22 15

6 370 Hulstein, Rodney	86	Yukon,Whitehors	8:55.76 14
7 354 Sharp, Nigel	89	Sask,Regina, SK	8:56.28 13
8 342 Mazurik, Matt	87	Sask,Saskatoon,	9:10.75 12
9 341 Marin, Samir	89	Sask,Saskatoon	9:11.17 11
10 135 de Lange, Owen	88	Alberta,Calgary,	9:13.17 10
11 279 Miller, Greg	89	Man,Winnipeg	9:13.58 9
12 198 Bruchet, Lucas	87	BC,Vancouver,	9:16.55 8
13 197 Bartha, Janos	86	BC,Vancouver,	9:18.85 7
14 374 Sabo, Ray	88	Yukon,Whitehors	9:33.65 6

Men 5000 Metre Run Open**Sponsor: Shell Canada**

Canada Games: 13:57.82 * 1981 Dennis Stark

National Sr: 13:13.96 # 1998-09- Jeff Schiebler

2003 WCSG: 14:55.86 ^ 2003-08- Brian Walker

Name	Yr	Team	Finals
1 332 Fleming, Sean	88	Sask,Regina, SK	15:03.45 20
2 264 Budigoma, Desire	88	Man,Winnipeg	15:16.54 18
3 354 Sharp, Nigel	89	Sask,Regina, SK	15:23.26 17
4 201 Childs, Cliff	89	BC,Vancouver,	15:33.96 16
5 139 Ford, Scott	89	Alberta,Edmonton	15:35.58 15
6 370 Hulstein, Rodney	86	Yukon,Whitehors	15:47.66 14
7 162 Weikum, Jamie	89	Alberta,Edmonton	15:50.39 13
8 279 Miller, Greg	89	Man,Winnipeg	15:55.42 12
9 341 Marin, Samir	89	Sask,Saskatoon	16:01.08 11
10 197 Bartha, Janos	86	BC,Vancouver,	16:04.94 10
11 150 Orchard, Brad	86	Alberta,Calgary	16:12.69 9
12 277 Laurier, Joel	89	Man,Winnipeg	16:18.20 8
13 374 Sabo, Ray	88	Yukon,Whitehors	16:28.09 7
14 211 Haight, Dylan	91	BC,Vancouver,	16:33.97 6

Men 5000 Metre Race Walk Open**Sponsor: Shell Canada**

Canada Games: 44:09.11 *

National Sr: 39:26.02 #

Name	Yr	Team	Finals
1 205 Dunfee, Evan	90	BC,Vancouver,	22:45.56# 20
2 209 Gomez, Inaki	88	BC,Vancouver,	22:45.56# 18
3 202 Connolly, Creighton	88	BC,Vancouver,	25:05.24# 17
--- 150 Orchard, Brad	86	Alberta,Calgary	DNF

Men 110 Metre Hurdles 42"-9.13m Open**Sponsor: Shell Canada**

Canada Games: 14.09 * 2001 Jared MacLeod

National Sr: 13.08 # 1993-07- Mark McKoy

2003 WCSG: 15.67 ^ 2003-08- Daniel Mezheritsky

Name	Yr	Team	Prelims
Preliminaries			
1 143 Joseph, Nigel	86	Alberta,Calgary,	^ 15.17Q1.6
2 134 Cunningham, Marcus	86	Alberta,Calgary	^ 15.21Q1.6
3 163 Wolowidnyk, Ryan	87	Alberta,Edmonton	^ 15.19Q1.6
4 330 Baker, Justin	89	Sask,Regina, SK	^ 15.24Q1.6
5 280 Moolchan, Kieran	89	Man,East Selkirk	^ 15.24Q1.6
6 200 Chenery, Mark	88	BC,Vancouver,	15.85Q1.6

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Preliminaries ... (Men 110 Metre Hurdles 42"-9.13m Open)

Name	Yr	Team	Prelims
7 283 Smook, Troy	88	Man,Vita	16.40q 1.6
8 228 Woytkowiak, Paul	89	BC,Vancouver,	16.89q 1.6
9 359 Trowell, Nathan	88	Sask,Saltcoats,	17.01 1.6
--- 353 Sharp, Keegan	89	Sask,Yorkton, SK	DQ 1.6

Decathlon: #6 Men 110 Metre Hurdles 42"-9.13m Open

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 134 Cunningham, Marcus	86	Alberta,Calgary	15.26 818
2 138 Ferreira, Henry	88	Alberta,St. Paul,	16.31 698
3 353 Sharp, Keegan	89	Sask,Yorkton, SK	18.34 492
4 260 Arndt, Philip	89	Man,Pierson	19.64 378
5 358 Trefiak, Brent	88	Sask,Paradise	20.52 309
6 259 Arndt, Alex	88	Man,Pierson	21.75 224

Men 110 Metre Hurdles 42"-9.13m Open

Sponsor: Shell Canada

Canada Games: 14.09 * 2001 Jared MacLeod
 National Sr: 13.08 # 1993-07- Mark McKoy
 2003 WCSG: 15.67 ^ 2003-08- Daniel Mezheritsky

Name	Yr	Team	Finals
Finals			
1 143 Joseph, Nigel	86	Alberta,Calgary,	14.88^ 20
2 134 Cunningham, Marcus	86	Alberta,Calgary	15.07^ 18
3 280 Moolchan, Kieran	89	Man,East Selkirk	15.11^ 17
4 200 Chenery, Mark	88	BC,Vancouver,	15.12^ 16
5 163 Wolowidnyk, Ryan	87	Alberta,Edmonton	15.43^ 15
6 330 Baker, Justin	89	Sask,Regina, SK	16.12 14
--- 283 Smook, Troy	88	Man,Vita	DNF 0.2
--- 228 Woytkowiak, Paul	89	BC,Vancouver,	DQ 0.2

Men 400 Metre Hurdles 36" Open

Sponsor: Shell Canada

Canada Games: 50.54 * 1997 Alexandre Marchand
 National Sr: 48.77 # 2006-08- Adam Kunkel
 2003 WCSG: 53.90 ^ 2003-08- Yuai Chielk

Name	Yr	Team	Prelims
Preliminaries			
1 143 Joseph, Nigel	86	Alberta,Calgary,	54.25Q
2 330 Baker, Justin	89	Sask,Regina, SK	59.38Q
3 329 Andersen, Leslie	87	Sask,Battleford,	56.60Q
4 149 Nishiyama, Kurtis	88	Alberta,Edmonton	59.79Q
5 268 Durand, Zacharie	89	Man,LaBroquerie	58.11Q
6 133 Corrigan, Peter	89	Alberta,Calgary,	59.86Q
7 228 Woytkowiak, Paul	89	BC,Vancouver,	58.39q
8 287 Tully, Blair	89	Man,Marquette	1:00.95q
9 269 Esau, Kevin	86	Man,Mitchell	1:01.20
10 359 Trowell, Nathan	88	Sask,Saltcoats,	1:01.42

Men 400 Metre Hurdles 36" Open

Sponsor: Shell Canada

Canada Games: 50.54 * 1997 Alexandre Marchand
 National Sr: 48.77 # 2006-08- Adam Kunkel
 2003 WCSG: 53.90 ^ 2003-08- Yuai Chielk

Name	Yr	Team	Finals
Finals			
1 143 Joseph, Nigel	86	Alberta,Calgary,	53.06^ 20
2 329 Andersen, Leslie	87	Sask,Battleford,	56.56 18
3 268 Durand, Zacharie	89	Man,LaBroquerie	56.86 17
4 330 Baker, Justin	89	Sask,Regina, SK	56.88 16
5 228 Woytkowiak, Paul	89	BC,Vancouver,	59.96 15
6 287 Tully, Blair	89	Man,Marquette	1:01.00 14
7 133 Corrigan, Peter	89	Alberta,Calgary,	1:01.70 13
8 149 Nishiyama, Kurtis	88	Alberta,Edmonton	1:05.73 12

Men 3000 Metre Steeplechase Open

Sponsor: Shell Canada

Canada Games: 8:44.94 * 1989 Jean-Pierre Poulin
 National Sr: 8:12.58 # 1985-08- Graeme Fell
 2003 WCSG: 9:19.99 ^ 2003-08- Ian Manyfingers

Name	Yr	Team	Finals
1 135 de Lange, Owen	88	Alberta,Calgary,	9:35.29 20
2 162 Weikum, Jamie	89	Alberta,Edmonton	9:37.52 18
3 160 Theriault, Madison	88	Alberta,Calgary,	9:44.46 17
4 211 Haight, Dylan	91	BC,Vancouver,	9:58.24 16
5 342 Mazurik, Matt	87	Sask,Saskatoon,	9:58.29 15
6 380 DeJong, Calvary	86	Man,Winnioeg	10:04.48 14
7 346 Mitchell, Scott	86	Sask,Regina, SK	10:11.00 13
8 277 Laurier, Joel	89	Man,Winnipeg	10:11.73 12
9 196 Adair, Michael	87	BC,Vancouver,	10:57.58 11
10 361 Upton, Eric	89	Sask,Saskatoon,	11:15.38 10
11 215 Little, Paul	88	BC,Vancouver,	12:07.94 9

Men 4x100 Metre Relay Open

Sponsor: Shell Canada

Canada Games: 40.12 * 1997 ON
 Channer, Nicolini, Branch, Santos
 National Sr: 37.69 # 1996-08-

Esmie, Bilbert, Surin, Bailey
 2003 WCSG: 41.71 ^ 2003-08- Alberta

J FITZGERALD, A ROSENKE, C HIRSCH, J ELLIS

Team	Relay	Finals
1 British Columbia	A	41.54^ 20
1) Fralick, Brandt 87	2) Farrell, Leon 88	
3) Charles, Ricardo 88	4) Giuffre, Mike 87	
2 Saskatchewan	A	41.92 18
1) Forsythe, Sean 86	2) Simair, Josh 87	
3) Hretsina, Landon 89	4) Senick, Joel 89	
3 Manitoba	A	41.95 16
1) Durand, Zacharie 89	2) Szczepaniak, David 88	
3) Moolchan, Kieran 89	4) Labbe, Nathan 88	

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(Men 4x100 Metre Relay Open)

Team	Relay	Finals
4 Alberta	A	42.15 14
1) Bazerd, Charles 89	2) Effah, Sam 88	
3) Reddy, Julian 88	4) Sumani, Hafeez 88	

Men 4x400 Metre Relay Open

Sponsor: Shell Canada

Canada Games: 3:08.34 * 1993 ON

Archer, Davis, Mooney, Raymond

National Sr: 3:02.64 # 1976-07-

Seale, Domansky, Hope, Saunders

2003 WCSG: 3:16.44 ^ 2003-08- British Columbia

J SHIMELL, R ARDILL, G PITCHES, N HURTUBISE

Team	Relay	Finals
1 Alberta	A	3:14.07^ 20
1) Joseph, Nigel 86	2) Saizew, Michael 87	
3) Sumani, Hafeez 88	4) Ratzlaff, Trent 86	
2 Saskatchewan	A	3:14.84^ 18
1) Senick, Joel 89	2) Unruh, Tyson 89	
3) Hretsina, Landon 89	4) Simair, Josh 87	
3 British Columbia	A	3:18.84 16
1) Fralick, Brandt 87	2) Lim, Kevin 88	
3) Charles, Ricardo 88	4) Vaartnou, Nick 88	
4 Manitoba	A	3:25.77 14
1) Esau, Kevin 86	2) Durand, Zacharie 89	
3) Barnett, Colin 89	4) Ferguson, Quin 88	

Men High Jump Open

Sponsor: Shell Canada

Start @ 1.60m, 1.70, then by 5's to 1.95m, then by 3's

Canada Games: 2.22m * 1985 Mike Caza

National Sr: 2.35m # 1999-08- Mark Boswell

2003 WCSG: 2.06m ^ 2003-08- Michael Kizinkewich

Name	Yr	Team	Finals
1 215 Little, Paul	88	BC,Vancouver,	2.04m 20
2 226 Swartz, Shawn	89	BC,Vancouver,	2.04m 18
3 281 Rodewald, Lucas	90	Man,Winnipeg	2.01m 17
4 340 MacDonald, Connor	90	Sask,Moose Jaw,	2.01m 16
5 132 Ching, Andrew	87	Alberta,Calgary	1.95m 15
6 149 Nishiyama, Kurtis	88	Alberta,Edmonton	1.85m 14
7 196 Adair, Michael	87	BC,Vancouver,	1.85m 12.5
7 161 Tyler, Isaac	89	Alberta,Edmonton	1.85m 12.5
9 331 Eckert, Jeremy	90	Sask,Regina, SK	1.80m 10.5
9 291 Wilson, Aaron	89	Man,Fisher	1.80m 10.5
11 260 Arndt, Philip	89	Man,Pierson	1.75m 9
12 293 Arsenaault, Jean-Mark	88	NWT	1.70m 8
13 338 Jestadt, Ian	86	Sask,Regina, SK	1.60m 7

Decathlon: #4 Men High Jump Open Decathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 353 Sharp, Keegan	89	Sask,Yorkton, SK	1.77m 602
1 138 Ferreira, Henry	88	Alberta,St. Paul,	1.77m 602
3 134 Cunningham, Marcus	86	Alberta,Calgary	1.71m 552
3 259 Arndt, Alex	88	Man,Pierson	1.71m 552

5 260 Arndt, Philip	89	Man,Pierson	1.68m 528
6 358 Trefiak, Brent	88	Sask,Paradise	1.59m 457

Decathlon: #8 Men Pole Vault Open Decathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	3.50m 482
2 134 Cunningham, Marcus	86	Alberta,Calgary	3.20m 406
3 260 Arndt, Philip	89	Man,Pierson	3.10m 381
4 259 Arndt, Alex	88	Man,Pierson	2.90m 333
5 358 Trefiak, Brent	88	Sask,Paradise	2.80m 309
6 353 Sharp, Keegan	89	Sask,Yorkton, SK	2.50m 242

Men Pole Vault Open

Sponsor: Shell Canada

Start @ 2.60m by 20's to 4.00m, by 10's

Canada Games: 5.15m * 2001 Jamie Johnson

National Sr: 5.61m # 1991-07- Douglas Wood

2003 WCSG: 4.80m ^ 2003-08- Graham Danzinger

Name	Yr	Team	Finals
1 350 Petrucha, Taylor	87	Sask,Saskatoon,	4.60m 20
2 159 Theodore, Deryk	89	Alberta,Edmonton	4.50m 18
3 213 Law, Geoffrey	89	BC,Vancouver,	4.50m 17
4 147 Milne, Blair	86	Alberta,Edmonton	4.10m 16
5 210 Gustavson, Reid	88	BC,Vancouver,	4.10m 15
6 138 Ferreira, Henry	88	Alberta,St. Paul,	3.40m 14
7 281 Rodewald, Lucas	90	Man,Winnipeg	3.20m 13
8 260 Arndt, Philip	89	Man,Pierson	3.00m 12
9 259 Arndt, Alex	88	Man,Pierson	2.80m 11
10 358 Trefiak, Brent	88	Sask,Paradise	2.80m 9.5
10 353 Sharp, Keegan	89	Sask,Yorkton, SK	2.80m 9.5
--- 216 Markloff, Timothy	88	BC,Campbell	NH

Decathlon: #2 Men Long Jump Open Decathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 134 Cunningham, Marcus	86	Alberta,Calgary	7.02m 818
2 353 Sharp, Keegan	89	Sask,Yorkton, SK	6.69m 741
3 138 Ferreira, Henry	88	Alberta,St. Paul,	6.37m 668
4 358 Trefiak, Brent	88	Sask,Paradise	6.21m 632
5 345 Mitchell, Robert	88	Sask,Regina, SK	6.05m 597
5 260 Arndt, Philip	89	Man,Pierson	6.05m 597
7 259 Arndt, Alex	88	Man,Pierson	5.02m 386

Men Long Jump Open

Sponsor: Shell Canada

Canada Games: 7.81m * 1997 Andrew Channer

National Sr: 8.20m # 1991-07- Edrick Floreal

Name	Yr	Team	Finals
1 140 Gamble, Quinton	86	Alberta,Edmonton	6.97m 20
2 276 Labbe, Nathan	88	Man,McCreary	6.97m 18
3 134 Cunningham, Marcus	86	Alberta,Calgary	6.87m 17
4 131 Cardoza, Matthew	89	Alberta,Edmonton	6.69m 16
5 210 Gustavson, Reid	88	BC,Vancouver,	6.68m 15
6 200 Chenery, Mark	88	BC,Vancouver,	6.46m 14
7 289 Walford, David	90	Man	6.44m 13

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(Men Long Jump Open)

Name	Yr	Team	Finals
8 379 Brown, Justin	86	Man,Winnipeg	6.34m 12
9 219 Moldavanov,	89	BC,Vancouver,	6.20m 11
10 335 Gee, Matt	87	Sask,Prince	6.09m 10
11 353 Sharp, Keegan	89	Sask,Yorkton, SK	6.07m 9
12 338 Jestadt, Ian	86	Sask,Regina, SK	5.79m 8

Men Triple Jump Open**Sponsor: Shell Canada****8m, 10m, 11m, & 13m boards**

Canada Games: 16.07m * 1985 Edrick Floreal
National Sr: 17.29m # 1989-06- Edrick Floreal
2003 WCSG: 15.18m ^ 2003-08- Bruce McCannel

Name	Yr	Team	Finals
1 276 Labbe, Nathan	88	Man,McCreary	14.35m 20
2 338 Jestadt, Ian	86	Sask,Regina, SK	14.07m 18
3 143 Joseph, Nigel	86	Alberta,Calgary,	14.01m 17
4 289 Walford, David	90	Man	13.59m 16
5 335 Gee, Matt	87	Sask,Prince	13.52m 15
6 219 Moldavanov,	89	BC,Vancouver,	13.28m 14
7 273 Gundrum, Joshua	89	Man,Swan Lake	13.13m 13
8 159 Theodore, Deryk	89	Alberta,Edmonton	12.77m 12
9 132 Ching, Andrew	87	Alberta,Calgary	12.70m 11
10 212 Khouw, Justin	87	BC,Vancouver,	12.41m 10
11 294 Davies, Matthew	89	NWT	12.18m 9
12 295 Sonko Boisclair,	89	NWT	11.89m 8
13 216 Markloff, Timothy	88	BC,Campbell	11.65m 7
14 334 Gardiner, Mitchell	88	Sask,Saskatoon,	11.29m 6

Decathlon: #3 Men Shot Put 16 lbs Open Decathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	12.40m 631
2 134 Cunningham, Marcus	86	Alberta,Calgary	10.66m 525
3 259 Arndt, Alex	88	Man,Pierson	10.57m 520
4 345 Mitchell, Robert	88	Sask,Regina, SK	10.46m 513
5 358 Trefiak, Brent	88	Sask,Paradise	10.20m 498
6 260 Arndt, Philip	89	Man,Pierson	9.84m 476
7 353 Sharp, Keegan	89	Sask,Yorkton, SK	8.80m 414

Men Shot Put 16 lbs Open**Sponsor: Shell Canada**

Canada Games: 17.76m * 2001 Dylan Armstrong
National Sr: 20.86m # 2004-06- Brad Snyder
2003 WCSG: 17.95m ^ 2003-08- Chris Meisner

Name	Yr	Team	Finals
1 336 Greif, Justin	88	Sask,Tisdale, SK	15.02m 20
2 357 Smith, Justin	87	Sask,Saskatoon,	13.57m 18
3 351 Pickering, Chris	89	Sask,Moose Jaw,	13.44m 17
4 282 Sedor, Mat	88	Man,Ste. Rose	13.31m 16
5 144 Lacroix, Sean	87	Alberta,Edmonton	13.19m 15
6 285 Suppes, Patrick	86	Man,Ridgeville	12.53m 14
7 266 Charrier, Justin	86	Man,Riverton	12.10m 13
8 157 Steacy, Sean	86	Alberta,Lethbridg	12.02m 12
9 145 McDonald, Darren	86	Alberta,Stony	11.57m 11

10 222 Nielsen, Kyle	89	BC,Langely, BC	11.35m 10
11 225 Skermer, David	87	BC,Vancouver,	10.01m 9
12 210 Gustavson, Reid	88	BC,Vancouver,	9.93m 8
13 372 Macdonald, Sean	88	Yukon,Whitehors	6.25m 7

Decathlon: #7 Men Discus Throw 2 kg Open Decathlon**Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	34.54m 554
2 134 Cunningham, Marcus	86	Alberta,Calgary	33.62m 536
3 358 Trefiak, Brent	88	Sask,Paradise	32.10m 506
4 260 Arndt, Philip	89	Man,Pierson	28.81m 441
5 259 Arndt, Alex	88	Man,Pierson	27.45m 415
6 353 Sharp, Keegan	89	Sask,Yorkton, SK	25.55m 378

Men Discus Throw 2 kg Open**Sponsor: Shell Canada**

Canada Games: 54.28m * 1997 Jason Gervais
National Sr: 67.88m # 1998-05- Jason Tunks
2003 WCSG: 45.40m ^ 2003-08- Jon Doucette

Name	Yr	Team	Finals
1 282 Sedor, Mat	88	Man,Ste. Rose	46.71m^ 20
2 336 Greif, Justin	88	Sask,Tisdale, SK	44.55m 18
3 225 Skermer, David	87	BC,Vancouver,	42.44m 17
4 285 Suppes, Patrick	86	Man,Ridgeville	40.82m 16
5 220 Moss, Curtis	87	BC,Burnaby, BC	40.51m 15
6 145 McDonald, Darren	86	Alberta,Stony	40.49m 14
7 157 Steacy, Sean	86	Alberta,Lethbridg	39.40m 13
8 351 Pickering, Chris	89	Sask,Moose Jaw,	35.21m 12
9 266 Charrier, Justin	86	Man,Riverton	34.50m 11
10 357 Smith, Justin	87	Sask,Saskatoon,	34.09m 10
11 144 Lacroix, Sean	87	Alberta,Edmonton	33.64m 9
12 224 Rose, James	87	BC,Vancouver,	33.17m 8

Men Hammer Throw 16 lbs Open**Sponsor: Shell Canada**

Canada Games: 64.96m * 2001 Dylan Armstrong
National Sr: 75.96m # 2006-07- James Steacy
2003 WCSG: 58.76m ^ 2003-08- Adam Smith

Name	Yr	Team	Finals
1 157 Steacy, Sean	86	Alberta,Lethbridg	61.48m^ 20
2 336 Greif, Justin	88	Sask,Tisdale, SK	52.59m 18
3 224 Rose, James	87	BC,Vancouver,	49.85m 17
4 351 Pickering, Chris	89	Sask,Moose Jaw,	40.85m 16
5 145 McDonald, Darren	86	Alberta,Stony	40.79m 15
6 284 Suppes, Garth	87	Man	39.83m 14
7 266 Charrier, Justin	86	Man,Riverton	36.98m 13
8 285 Suppes, Patrick	86	Man,Ridgeville	36.30m 12
9 357 Smith, Justin	87	Sask,Saskatoon,	33.65m 11
10 220 Moss, Curtis	87	BC,Burnaby, BC	27.08m 10
11 144 Lacroix, Sean	87	Alberta,Edmonton	21.07m 9

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Men Javelin Throw 800 g Open

Sponsor: Shell Canada

Canada Games: 75.20m * 1981 Mike Mahovich

National Sr: 84.41m # 2005-07- Scott Russell

2003 WCSG: 54.80m ^ 2003-08- Pat Clark

Name	Yr	Team	Finals
1 220 Moss, Curtis	87	BC,Burnaby, BC	71.50m^ 20
2 222 Nielsen, Kyle	89	BC,Langely, BC	62.19m^ 18
3 216 Markloff, Timothy	88	BC,Campbell	55.77m^ 17
4 349 Peet, Geoff	89	Sask,Tisdale, SK	53.54m 16
5 290 Waterhouse, Travis	88	Man,Carberry	52.29m 15
6 285 Suppes, Patrick	86	Man,Ridgeville	51.75m 14
7 138 Ferreira, Henry	88	Alberta,St. Paul,	51.27m 13
8 348 O'Donnell, Brandon	91	Sask,CutKnife,	49.74m 12
9 357 Smith, Justin	87	Sask,Saskatoon,	44.48m 11
10 288 Twiss, Justin	90	Man,Haywood	42.10m 10
11 132 Ching, Andrew	87	Alberta,Calgary	41.13m 9
12 134 Cunningham, Marcus	86	Alberta,Calgary	8.49m 8

Decathlon: #9 Men Javelin Throw 800 g Open Decathlon

Sponsor: Shell Canada

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	48.84m 571
2 358 Trefiak, Brent	88	Sask,Paradise	41.45m 463
3 260 Arndt, Philip	89	Man,Pierson	38.78m 424
4 259 Arndt, Alex	88	Man,Pierson	36.61m 393
5 134 Cunningham, Marcus	86	Alberta,Calgary	36.13m 386
6 353 Sharp, Keegan	89	Sask,Yorkton, SK	32.69m 337

Men Decathlon Open

Sponsor: Shell Canada

Canada Games: 7133 * 1989 Garth Peet

National Sr: 8626 # 1996-05- Michael Smtih

Name	Yr	Team	Finals
1 138 Ferreira, Henry	88	Alberta,St. Paul,	6227 20
2 134 Cunningham, Marcus	86	Alberta,Calgary	6183 18
3 358 Trefiak, Brent	88	Sask,Paradise	5005 17
4 353 Sharp, Keegan	89	Sask,Yorkton, SK	4947 16
5 260 Arndt, Philip	89	Man,Pierson	4797 15
6 259 Arndt, Alex	88	Man,Pierson	4114 14

Men 100 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: 12.09 ^ 2003-08- Randy Debruyne

Name	Yr	Team	Prelims
1 218 McIntyre, Glen	81	BC,Kelowna	12.39Q1.0
2 217 McIntyre, Andrew	81	BC,Kelowna	12.68Q1.0
3 223 Roberge, Chris	81	BC,Courtenay	12.88Q1.0
4 274 Ingram, David	85	Man,Winnipeg	13.45Q1.0
5 275 Kehler, Brenton	86	Man,Winnipeg,	13.60Q1.0
6 262 Breitfeld, Dietrich	85	Man,Steinbach,	13.60Q1.0
7 344 Misponas, Aaron	83	Sask,Pinehouse,	13.61q 1.0
8 142 James, Evan	86	Alberta,Lac St.	14.64q 1.0

9 373 Munroe, Owen	87	Yukon,Whitehors	15.37 1.0
10 339 Kosar, Trent	81	Sask,Regina, SK	15.64 1.0
11 347 Neufeld, Dale	86	Sask,Regina, SK	18.08 1.0
12 146 Mergaert, Scott	88	Alberta,Edmonton	18.08 1.0
13 368 Chaplin, Garry	84	Yukon,Whitehors	19.56 1.0

Men 100 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: 12.09 ^ 2003-08- Randy Debruyne

Name	Yr	Team	Finals
1 218 McIntyre, Glen	81	BC,Kelowna	12.61 20
2 217 McIntyre, Andrew	81	BC,Kelowna	12.67 18
3 223 Roberge, Chris	81	BC,Courtenay	13.03 17
4 274 Ingram, David	85	Man,Winnipeg	13.49 16
5 275 Kehler, Brenton	86	Man,Winnipeg,	13.55 15
6 344 Misponas, Aaron	83	Sask,Pinehouse,	13.64 14
7 262 Breitfeld, Dietrich	85	Man,Steinbach,	13.78 13
8 142 James, Evan	86	Alberta,Lac St.	14.80 12

Men 200 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: 24.53 ^ 2003-08- Randy Debruyne

Name	Yr	Team	Prelims
1 218 McIntyre, Glen	81	BC,Kelowna	25.72Q-1.1
2 217 McIntyre, Andrew	81	BC,Kelowna	25.88Q0.6
3 223 Roberge, Chris	81	BC,Courtenay	26.45Q-1.1
4 274 Ingram, David	85	Man,Winnipeg	28.12Q0.6
5 344 Misponas, Aaron	83	Sask,Pinehouse,	27.98Q-1.1
6 275 Kehler, Brenton	86	Man,Winnipeg,	28.56Q0.6
7 262 Breitfeld, Dietrich	85	Man,Steinbach,	29.01q-1.1
8 142 James, Evan	86	Alberta,Lac St.	30.59q0.6
9 373 Munroe, Owen	87	Yukon,Whitehors	32.69 0.6
10 339 Kosar, Trent	81	Sask,Regina, SK	32.93 0.6
11 347 Neufeld, Dale	86	Sask,Regina, SK	36.53 -1.1
12 146 Mergaert, Scott	88	Alberta,Edmonton	41.60 -1.1
13 368 Chaplin, Garry	84	Yukon,Whitehors	45.44 0.6

Men 200 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: 24.53 ^ 2003-08- Randy Debruyne

Name	Yr	Team	Finals
1 218 McIntyre, Glen	81	BC,Kelowna	25.48 20
2 217 McIntyre, Andrew	81	BC,Kelowna	25.89 18
3 223 Roberge, Chris	81	BC,Courtenay	26.47 17
4 344 Misponas, Aaron	83	Sask,Pinehouse,	28.09 16
5 262 Breitfeld, Dietrich	85	Man,Steinbach,	28.89 15
6 275 Kehler, Brenton	86	Man,Winnipeg,	29.12 14
7 142 James, Evan	86	Alberta,Lac St.	30.54 13

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men Long Jump Special O****Sponsor: Shell Canada**

Name	Yr	Team	Finals
1 218 McIntyre, Glen	81	BC,Kelowna	5.00m 20
2 223 Roberge, Chris	81	BC,Courtenay	4.97m 18
3 274 Ingram, David	85	Man,Winnipeg	4.63m 17
4 217 McIntyre, Andrew	81	BC,Kelowna	4.60m 16
5 262 Breitfeld, Dietrich	85	Man,Steinbach,	4.55m 15
6 142 James, Evan	86	Alberta,Lac St.	4.29m 14
7 344 Misponas, Aaron	83	Sask,Pinehouse,	4.24m 13
8 275 Kehler, Brenton	86	Man,Winnipeg,	4.11m 12
9 373 Munroe, Owen	87	Yukon,Whitehors	3.39m 11
10 339 Kosar, Trent	81	Sask,Regina, SK	2.41m 10
11 347 Neufeld, Dale	86	Sask,Regina, SK	2.13m 9
12 368 Chaplin, Garry	84	Yukon,Whitehors	2.00m 8
13 146 Mergaert, Scott	88	Alberta,Edmonto	1.82m 7

Men 200 Metre Dash Wheelchair**Sponsor: Shell Canada****Canada Games: 29.59 * 1997 Jean-Thomas Boily**

Name	Yr	Team	Prelims
Preliminaries			
1 355 Shaw, Kyle	87	Sask,Hazlet, SK	* 29.28Q-0.7
2 155 Sifton, Tyler	84	Alberta,Calgary	34.11Q-0.7
3 203 Dewitt, Nathan	90	BC,Surrey	34.77q -0.7

Men 200 Metre Dash Wheelchair**Sponsor: Shell Canada****Canada Games: 29.59 * 1997 Jean-Thomas Boily**

Name	Yr	Team	Finals
Finals			
1 355 Shaw, Kyle	87	Sask,Hazlet, SK	29.10* 20
2 155 Sifton, Tyler	84	Alberta,Calgary	34.08 18
3 203 Dewitt, Nathan	90	BC,Surrey	35.12 17

Men 800 Metre Run Wheelchair**Sponsor: Shell Canada****Canada Games: 1:57.45 * 1993 Andre Desrosiers****2003 WCSG: 2:36.00 ^ 2003-08- Ryan Kayseas**

Name	Yr	Team	Finals
1 355 Shaw, Kyle	87	Sask,Hazlet, SK	1:59.86^ 20
2 203 Dewitt, Nathan	90	BC,Surrey	2:45.40 18
3 155 Sifton, Tyler	84	Alberta,Calgary	3:02.56 17

Men 1500 Metre Run Wheelchair**Sponsor: Shell Canada****Canada Games: 3:38.63 * 1997 Mathieu Parent****2003 WCSG: 4:52.94 ^ 2003-08- Ryan Kayseas**

Name	Yr	Team	Finals
1 355 Shaw, Kyle	87	Sask,Hazlet, SK	3:53.88^ 20
2 203 Dewitt, Nathan	90	BC,Surrey	5:15.65 18
3 155 Sifton, Tyler	84	Alberta,Calgary	6:39.46 17

Mixed 4x100 Metre Relay Co-ed Special O**Sponsor: Shell Canada****2003 WCSG: 55.68 ^ 2003-08- Manitoba**

Team	Relay	Finals
1 British Columbia	A	54.37^ 20
1) Strauss, Laura 89	2) McIntyre, Andrew 81	
3) Roberge, Chris 81	4) McIntyre, Glen 81	
2 Manitoba	A	57.21 18
1) Daly, Melissa 88	2) Kehler, Brenton 86	
3) Breitfeld, Dietrich 85	4) Ingram, David 85	
3 Saskatchewan	A	1:02.06 16
1) Kosar, Trent 81	2) Harrison, Ameer 82	
3) Kinnear, Lindsay 88	4) Misponas, Aaron 83	
4 Alberta	A	1:14.11 14
1) Grimson, Kristine 84	2) Good, Cheyenne 89	
3) Mergaert, Scott 88	4) James, Evan 86	