

**2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11****Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 4****Women 800 Metre Run Open****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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Sponsor: Shell Canada  
 Canada Games: \* 2:06.56 1993 Melanie Choiniere, QC  
 National Sr: # 1:58.39 2001-09-02 Diane Cummins  
 2003 WCSG: ^ 2:10.66 2003-08-09 Alexandra Krasovska, BC

Name	Year	Team	Prelims	H#
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## Preliminaries

1	323	Smith, Kailey	86 Sask,Moose Jaw, SK	2:16.15Q	2
2	308	Hart, Julia	90 Sask,Regina, SK	2:16.79Q	1
3	253	Romanson, Stephanie	90 Manitoba,Winnipeg	2:16.30Q	2
4	112	Hunter, Raeleen	87 Alberta,Edmonton	2:17.82Q	1
5	115	Langley, Breana	89 Alberta,Calgary, AB	2:17.08Q	2
6	189	Trenholm, Stephanie	90 BC,Vancouver, BC	2:19.31Q	1
7	183	Shaw, Angela	89 BC,Vancouver, BC	2:18.15q	2
8	117	McQueen, Riley	87 Alberta,Calgary, AB	2:19.88q	1
9	167	Digby, Erica	89 BC,Vancouver, BC	2:20.40	2
10	251	Paracholski, Meagan	93 Manitoba	2:21.56	1
11	298	Calver, Christina	87 Sask,Saskatoon, SK	2:22.37	2
12	232	Campbell, Jennifer	87 Manitoba,Winnipeg	2:23.91	1
13	362	Brook, Heidi	92 Yukon,Whitehorse	2:45.79	1
14	365	Gustafson, Jodi	90 Yukon,Whitehorse	3:12.11	2

**Women 100 Metre Hurdles 33"-8.5m Open**

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Sponsor: Shell Canada  
 Canada Games: \* 13.16 2001 Angela Whyte, AB  
 National Sr: # 12.46 2004-06-19 Perdita Felicien  
 2003 WCSG: ^ 15.03 2003-08-08 Sue Kupper, Alberta

Name	Year	Team	Finals	Wind	Points
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## Finals

1	309	Hucul, Jenni	88 Sask,Saskatoon, SK	14.28^	0.8	20
2	186	Stoffman, Zaria	89 BC,Vancouver, BC	14.77^	0.8	18
3	102	Breland, Melissa	89 Alberta,Vermilion,	15.54	0.8	17
4	324	Smits, Veronika	89 Sask,Saskatoon, SK	15.57	0.8	16
5	378	Rutley, Erica	89 BC,Vancouver, BC	16.17	0.8	15
6	244	Lajoie, Miranda	88 Manitoba,Stonewall	16.19	0.8	14
7	128	Tse, Kimberly	86 Alberta,Calgary, AB	19.42	0.8	13
--	230	Baker, Dana	87 Manitoba,Winnipeg	DQ	0.8	Rule 163.6

## Preliminaries

9	311	Keeler, Jessica	90 Sask,Saskatoon, SK			11
10	129	Wilkes, Courtney	89 Alberta,Edmonton, A			10
--	231	Baker, Kendra	89 Manitoba,Winnipeg			

**Women Long Jump Open**

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Sponsor: Shell Canada  
 Canada Games: \* 6.05m 1985 Tracey Smith, ON  
 National Sr: # 6.66m 1996-05-17 Nicole Devonish

Name	Year	Team	Finals	Wind	Points
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1	249	Nnadi, Chiazio	86	Manitoba, Winnipeg	5.35m	-0.1	20
					5.15m(-0.5) 5.34m(0.7) 5.35m(-0.1) 5.13m(+0.0) FOUL(0.4) 5.28m(1.0)		
2	180	Richard, Camille	87	BC, Vancouver, BC	5.33m	0.4	18
					FOUL(+0.0) 5.14m(-0.2) 5.17m(-0.3) 5.14m(+0.0) 5.33m(0.4) 5.33m(0.6)		
3	230	Baker, Dana	87	Manitoba, Winnipeg	5.23m	0.6	17
					5.13m(+0.0) 5.15m(-0.2) FOUL(+0.0) 5.17m(+0.0) 5.23m(0.6) FOUL(0.7)		
4	296	Breker, Nicole	89	Sask, Muenster, SK	5.10m	1.1	16
					4.89m(-0.3) 4.90m(-0.2) 5.05m(+0.0) 4.88m(-0.2) 5.09m(+0.0) 5.10m(1.1)		
5	194	Williams, Valerie	88	BC, Vancouver, BC	5.07m	1.6	15
					4.68m(+0.0) 5.01m(+0.0) FOUL(-0.1) FOUL(-0.1) FOUL(0.1) 5.07m(1.6)		
6	231	Baker, Kendra	89	Manitoba, Winnipeg	5.06m	-0.5	14
					5.06m(-0.5) FOUL(+0.0) FOUL(-0.3) 4.97m(-0.3) FOUL(0.1) FOUL(0.4)		
7	128	Tse, Kimberly	86	Alberta, Calgary, AB	4.92m	0.9	13
					4.52m(+0.0) 4.90m(0.6) 4.86m(+0.0) 4.84m(+0.0) 4.79m(-0.1) 4.92m(0.9)		
8	310	Jelinski, Jenna	90	Sask, Regina, SK	4.84m	0.4	12
					4.30m(-0.3) 4.80m(0.6) 4.75m(+0.0) 4.79m(+0.0) 4.84m(0.4) 4.70m(0.5)		
9	190	van Ruyven, Michelle	88	BC, Vancouver, BC	4.72m	-0.7	11
					4.72m(-0.7) 3.87m(+0.0) 4.09m(-0.2)		
10	120	Pon, Stephanie	88	Alberta, Calgary	4.70m	+0.0	10
					FOUL(+0.0) FOUL(+0.0) 4.70m(+0.0)		
11	317	Nelson, Alisha	89	Sask, Wymark, SK	4.67m	-0.5	9
					4.60m(-0.3) 4.67m(-0.5) FOUL(-0.2)		
12	101	Boone, Katie	88	Alberta, Calgary	4.35m	+0.0	8
					FOUL(+0.0) 4.35m(+0.0) 4.33m(+0.0)		

**Women 200 Metre Dash Wheelchair**

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Sponsor: Shell Canada  
 Canada Games: \* 34.36 2001 Diane Roy

Name	Year	Team	Finals	Wind	Points
=====					
Finals					
1	307	Harrower, Cory	88	Saskatchewan, Regina	42.52 -1.4 20
2	111	Hershick-Fraser, Sam	85	Alberta, Calgary	46.37 -1.4 18
3	166	DeGagne, Stephanie	90	BC, Abbotsford	46.87 -1.4 17
4	123	Shiu, Vicki	88	Alberta	47.87 -1.4 16
5	305	Hancock, Tannis	83	Sask, Saskatoon, SK	57.08 -1.4 15

**Men 800 Metre Run Open****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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Sponsor: Shell Canada  
 Canada Games: \* 1:48.82 1989 Michael McLean, AB  
 National Sr: # 1:43.93 2006-08-27 Gary Reed  
 2003 WCSG: ^ 1:53.84 2003-08-09 Luke Ratzlaff, Alberta

Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1	141	Holm, David	86	Alberta, Edmonton	1:56.41Q 2
2	343	Mazzei, Darren	87	Sask, Regina, SK	1:58.78Q 1
3	153	Russell, Ryan	88	Alberta, Calgary, AB	1:56.49Q 2
4	261	Barnett, Colin	89	Manitoba, Winnipeg	1:59.02Q 1
5	278	Man, Mitchell	89	Manitoba, Carman	1:57.03Q 2
6	154	Saizew, Michael	87	Alberta, Calgary, AB	1:59.20Q 1
7	221	Nicol, Scott	88	BC, Vancouver, BC	1:57.83q 2

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8	196	Adair, Michael	87	BC,Vancouver, BC	1:58.71q	2
9	361	Upton, Eric	89	Sask,Saskatoon, SK	1:59.30	2
10	271	Galloway, Marshall	89	Manitoba,Brandon	1:59.71	1
11	204	Dhaliwal, Manpreet	90	BC,Vancouver, BC	2:00.54	1
12	375	Westberg, Robbie	88	Yukon Territories	2:15.10	1
13	372	Macdonald, Sean	88	Yukon,Whitehorse	2:15.60	1

**Decathlon: #10 Men 1500 Metre Run Open Decathlon**

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
1 138	Ferreira, Henry	88 Alberta,St. Paul, A	4:35.58	708
2 134	Cunningham, Marcus	86 Alberta,Calgary	4:50.58	615
3 353	Sharp, Keegan	89 Sask,Yorkton, SK	5:01.56	551
4 358	Trefiak, Brent	88 Sask,Paradise Hill,	5:16.82	467
5 260	Arndt, Philip	89 Manitoba,Pierson	5:23.65	431
6 259	Arndt, Alex	88 Manitoba,Pierson	5:54.78	286

**Men 110 Metre Hurdles 42"-9.13m Open**

Sponsor: Shell Canada

Canada Games: \* 14.09 2001 Jared MacLeod, MB

National Sr: # 13.08 1993-07-01 Mark McKoy

2003 WCSG: ^ 15.67 2003-08-08 Daniel Mezheritsky, BC

Name	Year	Team	Finals	Wind	Points
<b>Finals</b>					
1 143	Joseph, Nigel	86 Alberta,Calgary, AB	14.88^	0.2	20
2 134	Cunningham, Marcus	86 Alberta,Calgary	15.07^	0.2	18
3 280	Moolchan, Kieran	89 Man,East Selkirk	15.11^	0.2	17
4 200	Chenery, Mark	88 BC,Vancouver, BC	15.12^	0.2	16
5 163	Wolowidnyk, Ryan	87 Alberta,Edmonton, A	15.43^	0.2	15
6 330	Baker, Justin	89 Sask,Regina, SK	16.12	0.2	14
-- 283	Smook, Troy	88 Manitoba,Vita	DNF	0.2	
-- 228	Woytkowiak, Paul	89 BC,Vancouver, BC	DQ	0.2	Rule 168.7
<b>Preliminaries</b>					
9 359	Trowell, Nathan	88 Sask,Saltcoats, SK			11
-- 353	Sharp, Keegan	89 Sask,Yorkton, SK			

**Men High Jump Open**

Sponsor: Shell Canada

Start @ 1.60m, 1.70, then by 5's to 1.95m, then by 3's

Canada Games: \* 2.22m 1985 Mike Caza, ON

National Sr: # 2.35m 1999-08-23 Mark Boswell

2003 WCSG: ^ 2.06m 2003-08-08 Michael Kizinkewich, Man

Name	Year	Team	Finals	Points			
1 215	Little, Paul	88 BC,Vancouver, BC	2.04m	20			
	1.85	1.90	1.95	1.98	2.01	2.04	2.07
	O	P	O	O	O	O	XXX

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2	226	Swartz, Shawn	89 BC,Vancouver, BC	2.04m	18
		1.90 1.95 1.98 2.01 2.04 2.07			
		O O P XXO XXO XXX			
3	281	Rodewald, Lucas	90 Manitoba,Winnipeg	2.01m	17
		1.90 1.95 1.98 2.01 2.04			
		O O O O XXX			
4	340	MacDonald, Connor	90 Sask,Moose Jaw, SK	2.01m	16
		1.80 1.85 1.90 1.95 1.98 2.01 2.04			
		O O O O XO XXO XXX			
5	132	Ching, Andrew	87 Alberta,Calgary	1.95m	15
		1.90 1.95 1.98			
		O O XXX			
6	149	Nishiyama, Kurtis	88 Alberta,Edmonton	1.85m	14
		1.80 1.85 1.90			
		O O XXX			
7	196	Adair, Michael	87 BC,Vancouver, BC	1.85m	12.50
		1.80 1.85 1.90			
		O XO XXX			
7	161	Tyler, Isaac	89 Alberta,Edmonton	1.85m	12.50
		1.75 1.80 1.85 1.90			
		O O XO XXX			
9	331	Eckert, Jeremy	90 Sask,Regina, SK	1.80m	10.50
		1.80 1.85			
		O XXX			
9	291	Wilson, Aaron	89 Man,Fisher Branch	1.80m	10.50
		1.60 1.70 1.75 1.80 1.85			
		O O O O XXX			
11	260	Arndt, Philip	89 Manitoba,Pierson	1.75m	9
		1.60 1.70 1.75 1.80			
		XO XO O XXX			
12	293	Arsenault, Jean-Mark	88 NWT	1.70m	8
		1.60 1.70 1.75 1.80			
		O XO XXP X			
13	338	Jestadt, Ian	86 Sask,Regina, SK	1.60m	7
		1.60 1.70 1.75 1.80			
		O P P XXX			

**Men Shot Put 16 lbs Open**

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Sponsor: Shell Canada						
Canada Games:	*	17.76m	2001	Dylan Armstrong,	BC	
National Sr:	#	20.86m	2004-06-18	Brad Snyder		
2003 WCSG:	^	17.95m	2003-08-08	Chris Meisner,	Alberta	
Name			Year Team		Finals	Points
=====						
1	336	Greif, Justin	88 Sask,Tisdale, SK	15.02m	20	
		14.91m 15.02m FOUL FOUL 14.49m FOUL				
2	357	Smith, Justin	87 Sask,Saskatoon, SK	13.57m	18	
		13.05m 12.40m 12.77m 12.30m 13.57m 12.96m				
3	351	Pickering, Chris	89 Sask,Moose Jaw, SK	13.44m	17	
		11.59m FOUL 12.53m 13.44m 13.16m FOUL				
4	282	Sedor, Mat	88 Manitoba,Ste. Rose	13.31m	16	
		FOUL 12.61m 13.12m 13.31m FOUL 13.00m				

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5	144	Lacroix, Sean	87	Alberta,Edmonton	13.19m	15
		FOUL 12.65m 13.19m 12.94m FOUL 13.03m				
6	285	Suppes, Patrick	86	Manitoba,Ridgeville	12.53m	14
		12.44m 12.08m 12.34m FOUL 11.87m 12.53m				
7	266	Charrier, Justin	86	Manitoba,Riverton	12.10m	13
		12.08m 11.85m FOUL 12.10m 11.73m FOUL				
8	157	Steady, Sean	86	Alberta,Lethbridge,	12.02m	12
		11.04m 12.02m FOUL FOUL 11.27m FOUL				
9	145	McDonald, Darren	86	Alberta,Stony Plain	11.57m	11
		11.57m FOUL FOUL				
10	222	Nielsen, Kyle	89	BC,Vancouver, BC	11.35m	10
		11.35m 11.27m 11.24m				
11	225	Skermer, David	87	BC,Vancouver, BC	10.01m	9
		FOUL 10.01m FOUL				
12	210	Gustavson, Reid	88	BC,Vancouver, BC	9.93m	8
		9.29m 9.77m 9.93m				
13	372	Macdonald, Sean	88	Yukon,Whitehorse	6.25m	7
		6.25m PASS PASS				

**Decathlon: #9 Men Javelin Throw 800 g Open Decathlon**

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
1 138 Ferreira, Henry	88	Alberta,St. Paul, A	48.84m	571
		48.84m 45.27m 44.98m		
2 358 Trefiak, Brent	88	Sask,Paradise Hill,	41.45m	463
		41.45m FOUL 40.96m		
3 260 Arndt, Philip	89	Manitoba,Pierson	38.78m	424
		20.79m FOUL 38.78m		
4 259 Arndt, Alex	88	Manitoba,Pierson	36.61m	393
		33.41m 36.61m 34.40m		
5 134 Cunningham, Marcus	86	Alberta,Calgary	36.13m	386
		36.13m 33.44m 27.85m		
6 353 Sharp, Keegan	89	Sask,Yorkton, SK	32.69m	337
		FOUL FOUL 32.69m		

**Men 200 Metre Dash Wheelchair**

Sponsor: Shell Canada

Canada Games: \* 29.59 1997 Jean-Thomas Boily, QC

Name	Year	Team	Finals	Wind	Points
1 355 Shaw, Kyle	87	Sask,Hazlet, SK	29.10*	-1.8	20
2 155 Sifton, Tyler	84	Alberta,Calgary	34.08	-1.8	18
3 203 Dewitt, Nathan	90	BC,Surrey	35.12	-1.8	17