

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 5****Women 200 Metre Dash Open****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 23.33 1997 Latoya austin, ON

National Sr: # 22.62 1983-07-10 Marita Payne

2003 WCSG: ^ 24.62 2003-08-09 Karlyn Serby, TS

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1 119 Peart, Teneshia	86	Alberta, Calgary, AB	^ 24.59Q	1.3	1
2 118 Nelson, Amonn	88	Alberta, Calgary, AB	24.63Q	0.8	2
3 237 Grant, Chantal	89	Manitoba, Winnipeg	24.92Q	0.8	2
4 192 Whitegibson, Billie	88	BC, Vancouver, BC	25.48Q	1.3	1
5 242 Johnson, Alyssa	91	Manitoba, Winnipeg	25.47Q	0.8	2
6 322 Siemens, Sharai	88	Sask, Saskatoon, SK	25.70Q	1.3	1
7 165 Chin Aleong, Janessa	87	BC, Vancouver, BC	25.78q	1.3	1
8 172 Keeping, Cassie	89	BC, Vancouver, BC	25.80q	0.8	2
9 125 Smith, Courtney	89	Alberta, Edmonton, A	26.09	1.3	1
10 258 Woo, Meaghan	88	Manitoba, Winnipeg	26.18	1.3	1
11 297 Buchko, Amanda	89	Sask, Saskatoon, SK	26.45	0.8	2
12 314 Kuspira, Katelyn	88	Sask, Yorkton, SK	26.91	0.8	2
13 364 Greer, Janelle	92	Yukon, Whitehorse	28.99	1.3	1

Women 5000 Metre Race Walk Open

Sponsor: Shell Canada

Canada Games: * 23:26.04 1985 Pascale Grand, QC

National Sr: # 21:52.85

2003 WCSG: ^ 26:47.84 2003-08-10 Megan Huzzey, BC

Name	Year	Team	Finals	Points
1 191 Warwick, Heather	90	BC, Vancouver, BC	28:13.81	20
2 108 Gerwing, Michelle	87	Alberta, Edmonton, A	59:42.08	18
-- 122 Samoil, Katie	86	Alberta, Edmonton, A	DQ	

Heptathlon: #1 Women 100 Metre Hurdles 33"-8.5m Open Heptathlon

Sponsor: Shell Canada

Name	Year	Team	Finals	Wind	Points
1 309 Hucul, Jenni	88	Sask, Saskatoon, SK	14.49	0.7	910
2 169 Johns, Adelle	86	BC, Vancouver, BC	14.97	0.7	846
3 324 Smits, Veronika	89	Sask, Saskatoon, SK	15.79	0.7	740
4 378 Rutley, Erica	89	BC, Smithers, BC	16.26	0.7	683
5 104 Campbell, Sheri	87	Alberta, Edmonton	16.52	0.7	652
6 317 Nelson, Alisha	89	Sask, Wymark, SK	16.67	0.7	634
7 179 Pighin, Brooke	89	BC, Vancouver, BC	17.55	0.7	536

Heptathlon: #2 Women High Jump Open Heptathlon

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
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Strathcona Athletic Park

Sherwood Park, Alberta

Results - Session 5

....Heptathlon: #2 Women High Jump Open Heptathlon

1	104	Campbell, Sheri	87	Alberta,Edmonton	1.58m	712																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61
					P	P	P	P	P	P	P	P	P	P	P	P	O	O	XO	XO	XXX	
2	169	Johns, Adelle	86	BC,Vancouver, BC	1.55m	678																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55	1.58	
					P	P	P	P	P	P	P	P	P	P	P	P	O	O	XXO	XXX		
3	179	Pighin, Brooke	89	BC,Vancouver, BC	1.46m	577																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49				
					P	P	P	P	P	P	P	P	P	O	O	O	O	XXX				
4	324	Smits, Veronika	89	Sask,Saskatoon, SK	1.43m	544																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46					
					P	P	P	P	P	P	P	P	P	P	XO	O	XXX					
5	317	Nelson, Alisha	89	Sask,Wymark, SK	1.40m	512																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43						
					O	P	O	O	O	O	O	O	XO	O	XO	XXX						
6	378	Rutley, Erica	89	BC,Smithers, BC	1.31m	419																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34									
					O	P	O	P	O	O	XO	XXO	XXX									
6	309	Hucul, Jenni	88	Sask,Saskatoon, SK	1.31m	419																
					1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34									
					P	P	P	O	XO	P	XXO	O	XXX									

Heptathlon: #3 Women Shot Put 4 kg Open Heptathlon

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
1 309 Hucul, Jenni	88	Sask,Saskatoon, SK	10.24m	545
10.24m 8.65m 9.77m				
2 324 Smits, Veronika	89	Sask,Saskatoon, SK	9.35m	487
8.63m 8.63m 9.35m				
3 169 Johns, Adelle	86	BC,Vancouver, BC	8.92m	459
8.92m 8.52m 8.32m				
4 104 Campbell, Sheri	87	Alberta,Edmonton	8.62m	440
8.33m 8.43m 8.62m				
5 179 Pighin, Brooke	89	BC,Vancouver, BC	8.19m	412
7.64m 8.19m 8.00m				
6 317 Nelson, Alisha	89	Sask,Wymark, SK	7.11m	342
6.22m 7.11m 6.71m				
7 378 Rutley, Erica	89	BC,Smithers, BC	6.75m	319
6.75m 5.60m 5.89m				

Women Hammer Throw 4 kg Open

Sponsor: Shell Canada

Canada Games: *	61.28m	2001	Jennifer Joyce, BC		
National Sr: #	68.48m	2005-07-09	Jennifer Joyce		
2003 WCSG: ^	53.72m	2003-08-09	Kate Forbes, Alberta		
Name	Year	Team	Finals	Points	
1 126 Steacy, Heather	88	Alberta,Lethbridge,	52.01m	20	
FOUL FOUL 48.48m 50.24m 52.01m FOUL					
2 301 Dubourt, Elizabeth	86	Sask,Saskatoon, SK	49.09m	18	
49.09m FOUL 48.44m 46.52m 48.12m FOUL					

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3	188	Ter Laak, Lara	88	BC,Vancouver, BC	46.67m	17
		46.67m 42.29m FOUL FOUL FOUL 45.48m				
4	328	Vollman, Michelle	88	Sask,Luseland, SK	43.84m	16
		42.07m 42.35m 43.52m FOUL 41.95m 43.84m				
5	313	Klimm, Sarah	88	Sask,Tisdale, SK	43.22m	15
		41.36m 40.96m 41.24m 41.54m 43.22m FOUL				
6	103	Calnan, Sarah	86	Alberta,Lethbridge,	39.14m	14
		FOUL FOUL 31.23m FOUL 39.14m FOUL				
7	246	Mackie, Kristen	89	Manitoba,Emerson	37.25m	13
		FOUL 31.19m 36.96m FOUL FOUL 37.25m				
8	113	Johnson, Atinuke	88	Alberta,Calgary	35.71m	12
		33.47m FOUL 35.39m 34.39m 32.52m 35.71m				
9	234	Ferris, Karen	91	Manitoba,Holland	28.34m	11
		27.78m 28.34m FOUL				
10	245	MacIver, Alexandria	87	Manitoba,Winnipeg	24.74m	10
		22.04m 24.74m FOUL				
11	168	Gleadle, Elizabeth	88	BC,Vancouver, BC	18.72m	9
		17.01m 18.72m PASS				
12	170	Johnstone, Elizabeth	87	BC,Vancouver, BC	17.25m	8
		17.25m FOUL PASS				

Women 100 Metre Dash Special O**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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2003 WCSG: ^ 15.48 2003-08-09 Sarah McCarthy, Alberta

Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	187	Strauss, Laura	89	BC,Smithers	15.86Q 1.2 2
2	306	Harrison, Ameer	82	Sask,Saskatoon, SK	16.68Q -0.3 1
3	312	Kinnear, Lindsay	88	Sask,Lumsden, SK	15.93Q 1.2 2
4	185	Stacey, Jennifer	82	BC,Sechelt	17.14Q -0.3 1
5	233	Daly, Melissa	88	Man,Winnipeg, MB	17.34Q 1.2 2
6	109	Good, Cheyenne	89	Alberta,Lac St. Ann	18.77Q -0.3 1
7	110	Grimson, Kristine	84	Alberta,Edmonton, A	20.01q 1.2 2
8	363	Cowper, Brittany	82	Yukon,Whitehorse	24.19q 1.2 2
9	367	Pigage, Mallory	90	Yukon,Whithorse	42.39 -0.3 1

Women Long Jump Special O

Sponsor: Shell Canada

Name	Year	Team	Finals	Wind	Points
=====					
1	235	Fontaine, Kim	86	Manitoba,Winnipeg	3.49m 0.6 20
		3.07m(0.5) 3.49m(0.6) 3.30m(0.7) 3.45m(1.1) 3.05m(0.7) PASS(NWI)			
2	312	Kinnear, Lindsay	88	Sask,Lumsden, SK	3.42m 0.7 18
		FOUL(+0.0) 3.42m(0.7) 3.33m(1.0) 3.12m(1.8) 3.10m(0.9) 2.95m(0.5)			
3	187	Strauss, Laura	89	BC,Smithers	3.05m 0.7 17
		2.60m(+0.0) 2.91m(0.2) 3.05m(0.7) 3.04m(0.7) 2.95m(1.3) 2.90m(0.3)			
4	233	Daly, Melissa	88	Man,Winnipeg, MB	2.98m 0.9 16
		2.19m(+0.0) 2.58m(+0.0) 2.76m(0.9) 2.56m(+0.0) 2.78m(0.3) 2.98m(0.9)			

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5	185	Stacey, Jennifer	82	BC,Sechelt	2.96m	1.0	15
					2.90m(1.0)	2.73m(1.4)	FOUL(0.7)
					2.76m(+0.0)	FOUL(1.1)	2.96m(1.0)
6	306	Harrison, Ameer	82	Sask,Saskatoon, SK	2.54m	0.5	14
					2.50m(+0.0)	2.43m(+0.0)	2.45m(0.4)
					2.54m(0.5)	2.53m(0.9)	2.53m(0.5)
7	109	Good, Cheyenne	89	Alberta,Lac St. Ann	2.52m	0.5	13
					2.34m(0.2)	2.52m(0.5)	2.40m(0.7)
					2.52m(+0.0)	2.38m(0.5)	2.32m(+0.0)
8	110	Grimson, Kristine	84	Alberta,Edmonton, A	2.17m	1.3	12
					2.07m(+0.0)	1.90m(0.6)	2.14m(0.8)
					2.00m(0.4)	FOUL(0.8)	2.17m(1.3)

Men 200 Metre Dash Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 20.90 1997 Glenn Smith, ON
 National Sr: # 20.17 1991-08-26 Atlee Mahorn
 2003 WCSG: ^ 21.81 2003-08-09 Raymond Ardill, BC

Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
1	137	Effah, Sam	88	Alberta,Calgary, AB	^ 21.62Q 0.7 1
2	206	Farrell, Leon	88	BC,Vancouver, BC	22.27Q 0.3 2
3	207	Fralick, Brandt	87	BC,Vancouver, BC	22.00Q 0.7 1
4	337	Hretsina, Landon	89	Sask,Saskatoon, SK	22.42Q 0.3 2
5	286	Szczepaniak, David	88	Manitoba,Winnipeg	22.21Q 0.7 1
6	130	Bazer, Charles	89	Alberta,Sherwood Pa	22.43Q 0.3 2
7	158	Sumani, Hafeez	88	Alberta,Calgary, AB	22.24q 0.7 1
8	270	Ferguson, Quin	88	Manitoba,Winnipeg	22.35q 0.7 1
9	199	Charles, Ricardo	88	BC,Vancouver, BC	22.50 0.3 2
10	356	Simair, Josh	87	Sask,Prince Albert,	22.64 0.3 2
11	280	Moolchan, Kieran	89	Man,East Selkirk	22.78 0.3 2
12	333	Forsythe, Sean	86	Sask,Regina, SK	22.93 0.7 1
13	369	Hoefs, Boris	87	Yukon,Whitehorse	24.84 0.3 2
14	376	Yeulet, James	88	Yukon Territories	27.29 0.7 1

Men 100 Metre Dash Special O**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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2003 WCSG: ^ 12.09 2003-08-09 Randy Debruyne, Alberta

Name	Year	Team	Prelims	Wind	H#
=====					
1	218	McIntyre, Glen	81	BC,Kelowna	12.39Q 1.0 2
2	217	McIntyre, Andrew	81	BC,Kelowna	12.68Q 1.0 1
3	223	Roberge, Chris	81	BC,Courtenay	12.88Q 1.0 2
4	274	Ingram, David	85	Manitoba,Winnipeg	13.45Q 1.0 1
5	275	Kehler, Brenton	86	Man,Winnipeg, MB	13.60Q 1.0 1
6	262	Breitfeld, Dietrich	85	Man,Steinbach, MB	13.60Q 1.0 2
7	344	Misponas, Aaron	83	Sask,Pinehouse, SK	13.61q 1.0 2
8	142	James, Evan	86	Alberta,Lac St. Ann	14.64q 1.0 1
9	373	Munroe, Owen	87	Yukon,Whitehorse	15.37 1.0 1
10	339	Kosar, Trent	81	Sask,Regina, SK	15.64 1.0 1
11	347	Neufeld, Dale	86	Sask,Regina, SK	18.08 1.0 2
12	146	Mergaert, Scott	88	Alberta,Edmonton, A	18.08 1.0 2
13	368	Chaplin, Garry	84	Yukon,Whitehorse	19.56 1.0 1