

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 7****Heptathlon: #7 Women 800 Metre Run Open Heptathlon**

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
1 169 Johns, Adelle	86	BC,Vancouver, BC	2:35.40	627
2 378 Rutley, Erica	89	BC,Smithers, BC	2:40.81	564
3 104 Campbell, Sheri	87	Alberta,Edmonton	2:42.97	539
4 179 Pighin, Brooke	89	BC,Vancouver, BC	2:45.85	508
5 309 Hucul, Jenni	88	Sask,Saskatoon, SK	2:59.48	370
6 317 Nelson, Alisha	89	Sask,Wymark, SK	3:15.13	237
-- 324 Smits, Veronika	89	Sask,Saskatoon, SK	DNF	

Women 3000 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 9:10.01 1985 Jill Purola, ON

National Sr: # 8:32.17 1994-08-23 Angela Chalmers

Name	Year	Team	Finals	Points
1 321 Schaaf, Kendra	90	Sask,Craven, SK	9:47.59	20
2 174 Kolstad, Kristen	86	BC,Vancouver, BC	10:02.49	18
3 316 LePage, Karissa	91	Sask,Regina, SK	10:03.80	17
4 127 Tatlow, Nadia	89	Alberta,Calgary, AB	10:20.51	16
5 117 McQueen, Riley	87	Alberta,Calgary, AB	10:23.63	15
6 320 Roske, Alicia	88	Sask,Regina, SK	10:30.26	14
7 167 Digby, Erica	89	BC,Vancouver, BC	10:38.86	13
8 238 Grégoire, Mélanie	89	Man,Springfield	11:04.36	12
9 241 Hesketh, Andrea	89	Manitoba,Carman	11:09.73	11
10 254 Sherwin, Alice	88	Manitoba,Winnipeg	11:09.92	10
11 195 Wright, Gillian	88	BC,Vancouver, BC	11:25.82	9
12 122 Samoil, Katie	86	Alberta,Edmonton, A	13:25.91	8

Women 400 Metre Hurdles 30" Open

Sponsor: Shell Canada

Canada Games: * 58.53 1993 Miachaela Colluney, BC

National Sr: # 54.39 1996-07-31 Rosey Edeh

2003 WCSG: ^ 1:01.76 2003-08-10 Holly Ratzlaff, Alberta

Name	Year	Team	Finals	Points
Finals				
1 178 Pearse, Anastasia	88	BC,Vancouver, BC	1:02.01	20
2 124 Simonson, Kayti	89	Alberta,Calgary, AB	1:02.75	18
3 164 Boss, Traci	87	BC,Vancouver, BC	1:04.31	17
4 112 Hunter, Raeleen	87	Alberta,Edmonton	1:04.81	16
5 243 King, Diana	86	Manitoba,Winnipeg	1:04.89	15
6 232 Campbell, Jennifer	87	Manitoba,Winnipeg	1:05.04	14
7 230 Baker, Dana	87	Manitoba,Winnipeg	1:07.10	13
8 107 Ford, Perri	88	Alberta,Calgary, AB	1:08.60	12
Preliminaries				
9 298 Calver, Christina	87	Sask,Saskatoon, SK		11
10 311 Keeler, Jessica	90	Sask,Saskatoon, SK		10
11 175 Law, Christine	91	BC,Vancouver, BC		9

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 7****Women 4x100 Metre Relay Open**

Sponsor: Shell Canada			
Canada Games: * 45.61 1993 BC, BC			
Matheson, Morris, Perry, Vuu			
National Sr: # 43.17 1976-07-31			
Howe, Loverrock, McTaggart, Bailey			
2003 WCSG: ^ 47.83 2003-08-10 Alberta, Alberta			
E HUA, J KING, D GRUBER, M CZAJKOWSKI			
Team		Finals	Points
1 Alberta 'A'		46.03^	20
1) Peart, Teneshia 86	2) Nelson, Amonn 88		
3) Smith, Courtney 89	4) Laarman, Loudia 91		
2 British Columbia 'A'		47.27^	18
1) Whitehead, Liza 87	2) Chin Aleong, Janessa 87		
3) Kisielewska, Paulina 88	4) Whitegibson, Billie 88		
3 Manitoba 'A'		47.35^	16
1) Miskimmin, Caley 87	2) Johnson, Alyssa 91		
3) Nnadi, Chiazoo 86	4) Grant, Chantal 89		
4 Saskatchewan 'A'		48.67	14
1) Siemens, Sharai 88	2) Croteau, Erica 90		
3) Kuspira, Katelyn 88	4) Hucul, Jenni 88		

Women 4x400 Metre Relay Open

Sponsor: Shell Canada			
Canada Games: * 3:40.48 1997 ON, ON			
Liphardt, Bell, Teteris, Fox			
National Sr: # 3:21.21 1984-08-11			
Crooks, Richardson, Killingback, Payne			
2003 WCSG: ^ 3:48.21 2003-08-10 Alberta, Alberta			
M CZAJKOWSKI, C BOUMA, J JONES, H RATZLAFF			
Team		Finals	Points
1 Alberta 'A'		3:46.30^	20
1) Peart, Teneshia 86	2) Lotwin, Kelsey 89		
3) Simonson, Kayti 89	4) Nelson, Amonn 88		
2 Manitoba 'A'		3:49.32	18
1) King, Diana 86	2) Woo, Meaghan 88		
3) Romanson, Stephanie 90	4) Johnson, Alyssa 91		
3 Saskatchewan 'A'		3:50.28	16
1) Buchko, Amanda 89	2) Hart, Julia 90		
3) Siemens, Sharai 88	4) Smith, Kailey 86		
4 British Columbia 'A'		3:51.86	14
1) Kane, Brianna 89	2) Boss, Traci 87		
3) Keeping, Cassie 89	4) Pearse, Anastasia 88		

Heptathlon: #5 Women Long Jump Open Heptathlon

Sponsor: Shell Canada						
Name	Year	Team	Finals	Wind	Points	
1 169 Johns, Adelle	86	BC, Vancouver, BC	5.00m	-0.2	559	
4.80m(-0.1)	4.90m(-0.6)	5.00m(-0.2)				

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 7****....Heptathlon: #5 Women Long Jump Open Heptathlon**

2	317 Nelson, Alisha	89 Sask,Wymark, SK	4.95m	-0.6	546
	4.71m(+0.0) 4.70m(-1.0) 4.95m(-0.6)				
3	104 Campbell, Sheri	87 Alberta,Edmonton	4.83m	+0.0	514
	4.83m(+0.0) 4.81m(-0.1) 4.50m(-0.1)				
4	309 Hucul, Jenni	88 Sask,Saskatoon, SK	4.78m	-0.1	500
	4.63m(+0.0) 4.78m(-0.1) FOUL(+0.0)				
5	378 Rutley, Erica	89 BC,Smithers, BC	4.54m	+0.0	438
	4.29m(0.4) 4.33m(+0.0) 4.54m(+0.0)				
6	324 Smits, Veronika	89 Sask,Saskatoon, SK	4.34m	-0.1	388
	4.34m(-0.1) PASS(-0.1) PASS(-0.1)				
7	179 Pighin, Brooke	89 BC,Vancouver, BC	4.19m	-0.1	352
	FOUL(-0.2) 4.05m(-0.2) 4.19m(-0.1)				

Women Shot Put 4 kg Open

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Sponsor: Shell Canada					
Canada Games: * 15.11m 2001 Caroline Larose, QC					
National Sr: # 17.17m 1979-06-20 Carmen Ionesco					
2003 WCSG: ^ 14.33m 2003-08-10 Kate Forbes, Alberta					
	Name	Year Team		Finals	Points
=====					
1	319 Revoy, Chelsey	89 Sask,Archerwill, SK	12.96m	20	
	12.44m 12.73m 12.96m 12.83m 12.76m 11.79m				
2	303 Fowler, Caitlin	88 Sask,Lanigan, SK	12.55m	18	
	11.16m 11.75m 12.55m FOUL 12.18m 11.87m				
3	105 Carias, Rigel	88 Alberta,Grimshaw, A	11.81m	17	
	11.24m 11.54m 11.65m 11.81m FOUL 11.68m				
4	245 MacIver, Alexandria	87 Manitoba,Winnipeg	11.63m	16	
	11.25m 10.86m 11.33m 11.38m 10.69m 11.63m				
5	302 Facca, Lindsay	87 Sask,Saskatoon, SK	10.97m	15	
	10.97m FOUL FOUL 10.71m FOUL 10.74m				
6	106 Dunn, MACKENZIE	90 Alberta,Red Deer, A	10.49m	14	
	FOUL 10.49m FOUL FOUL FOUL 9.96m				
7	170 Johnstone, Elizabeth	87 BC,Vancouver, BC	10.46m	13	
	9.36m 9.85m 9.58m 9.69m 9.99m 10.46m				
8	246 Mackie, Kristen	89 Manitoba,Emerson	10.23m	12	
	8.96m 9.29m 9.59m 10.23m 9.21m 9.33m				
9	256 Twerdun, Deondra	88 Manitoba,Winnipeg	9.53m	11	
	9.53m 9.46m 9.03m				
10	188 Ter Laak, Lara	88 BC,Vancouver, BC	9.24m	10	
	8.21m 8.81m 9.24m				
11	113 Johnson, Atinuke	88 Alberta,Calgary	8.94m	9	
	FOUL 8.77m 8.94m				
12	292 Waugh, Jennifer	89 NWT	8.93m	8	
	8.93m 8.93m 8.86m				
13	168 Gleadle, Elizabeth	88 BC,Vancouver, BC	8.08m	7	
	8.05m 8.08m 7.84m				

Heptathlon: #6 Women Javelin Throw 600g Open Heptathlon

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Sponsor: Shell Canada					
	Name	Year Team		Finals	Points
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2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 7****....Heptathlon: #6 Women Javelin Throw 600g Open Heptathlon**

1	179 Pighin, Brooke	89 BC,Vancouver, BC	42.62m	718
	FOUL 42.62m 40.03m			
2	169 Johns, Adelle	86 BC,Vancouver, BC	27.48m	429
	26.82m 27.48m FOUL			
3	324 Smits, Veronika	89 Sask,Saskatoon, SK	26.97m	419
	26.97m PASS PASS			
4	104 Campbell, Sheri	87 Alberta,Edmonton	22.85m	342
	FOUL 22.85m 22.08m			
5	309 Hucul, Jenni	88 Sask,Saskatoon, SK	22.33m	332
	20.52m 22.33m 20.48m			
6	378 Rutley, Erica	89 BC,Smithers, BC	18.66m	264
	18.66m FOUL FOUL			
7	317 Nelson, Alisha	89 Sask,Wymark, SK	18.02m	252
	18.02m FOUL 16.05m			

Men 3000 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 8:25.76 1973 William Briten, ON

National Sr: # 7:43.42 1998-08-28 Jeff Schiebler

Name	Year Team	Finals	Points
1 156 Sinclair, Matthew	87 Alberta,Calgary, AB	8:44.79	20
2 264 Budigoma, Desire	88 Manitoba,Winnipeg	8:50.06	18
3 139 Ford, Scott	89 Alberta,Edmonton, A	8:50.67	17
4 265 Carr, Paul	86 Manitoba,Winnipeg	8:51.90	16
5 201 Childs, Cliff	89 BC,Vancouver, BC	8:55.22	15
6 370 Hulstein, Rodney	86 Yukon,Whitehorse	8:55.76	14
7 354 Sharp, Nigel	89 Sask,Regina, SK	8:56.28	13
8 342 Mazurik, Matt	87 Sask,Saskatoon, SK	9:10.75	12
9 341 Marin, Samir	89 Sask,Saskatoon	9:11.17	11
10 135 de Lange, Owen	88 Alberta,Calgary, AB	9:13.17	10
11 279 Miller, Greg	89 Manitoba,Winnipeg	9:13.58	9
12 198 Bruchet, Lucas	87 BC,Vancouver, BC	9:16.55	8
13 197 Bartha, Janos	86 BC,Vancouver, BC	9:18.85	7
14 374 Sabo, Ray	88 Yukon,Whitehorse	9:33.65	6

Men 400 Metre Hurdles 36" Open

Sponsor: Shell Canada

Canada Games: * 50.54 1997 Alexandre Marchand, QC

National Sr: # 48.77 2006-08-18 Adam Kunkel

2003 WCSG: ^ 53.90 2003-08-10 Yuai Chielk, Alberta

Name	Year Team	Finals	Points
1 143 Joseph, Nigel	86 Alberta,Calgary, AB	53.06^	20
2 329 Andersen, Leslie	87 Sask,Battleford, SK	56.56	18
3 268 Durand, Zacharie	89 Man,LaBroquerie	56.86	17
4 330 Baker, Justin	89 Sask,Regina, SK	56.88	16
5 228 Woytkowiak, Paul	89 BC,Vancouver, BC	59.96	15
6 287 Tully, Blair	89 Manitoba,Marquette	1:01.00	14
7 133 Corrigan, Peter	89 Alberta,Calgary, AB	1:01.70	13
8 149 Nishiyama, Kurtis	88 Alberta,Edmonton	1:05.73	12

Preliminaries

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results - Session 7****Men Pole Vault Open**

Sponsor: Shell Canada

Start @ 2.60m by 20's to 4.00m, by 10's

Canada Games: * 5.15m 2001 Jamie Johnson, AB

National Sr: # 5.61m 1991-07-14 Douglas Wood

2003 WCSG: ^ 4.80m 2003-08-10 Graham Danzinger, BC

Name	Year	Team	Finals	Points
1 350 Petrucha, Taylor	87	Sask, Saskatoon, SK	4.60m	20
2.60 2.80 3.00 3.20 3.40 3.60 3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.85	P P P P P P P P P P P P P O P P XXX			
2 159 Theodore, Deryk	89	Alberta, Edmonton, A	4.50m	18
2.60 2.80 3.00 3.20 3.40 3.60 3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60	P P P P P P P P P P P XO P O XXX			
3 213 Law, Geoffrey	89	BC, Vancouver, BC	4.50m	17
2.60 2.80 3.00 3.20 3.40 3.60 3.80 4.00 4.10 4.20 4.30 4.40 4.50 4.60	P P P P P P XXO P O P XO P XO XXX			
4 147 Milne, Blair	86	Alberta, Edmonton, A	4.10m	16
2.60 2.80 3.00 3.20 3.40 3.60 3.80 4.00 4.10 4.20 4.30	P P P P P P XO P O P XXX			
5 210 Gustavson, Reid	88	BC, Vancouver, BC	4.10m	15
2.60 2.80 3.00 3.20 3.40 3.60 3.80 4.00 4.10 4.20	P P P P P P O O XO XXX			
6 138 Ferreira, Henry	88	Alberta, St. Paul, A	3.40m	14
2.60 2.80 3.00 3.20 3.40 3.60	P P P XO O XXX			
7 281 Rodewald, Lucas	90	Manitoba, Winnipeg	3.20m	13
2.60 2.80 3.00 3.20 3.40	P P O O XXP			
8 260 Arndt, Philip	89	Manitoba, Pierson	3.00m	12
2.60 2.80 3.00 3.20	O P XO XXX			
9 259 Arndt, Alex	88	Manitoba, Pierson	2.80m	11
2.60 2.80 3.00	O O XXX			
10 358 Trefiak, Brent	88	Sask, Paradise Hill,	2.80m	9.50
2.60 2.80 3.00	XO O XXX			
10 353 Sharp, Keegan	89	Sask, Yorkton, SK	2.80m	9.50
2.60 2.80 3.00	XO O XXX			
-- 216 Markloff, Timothy	88	BC, Campbell River,	NH	
2.60	XXX			

Mixed 4x100 Metre Relay Co-ed Special O

Sponsor: Shell Canada

2003 WCSG: ^ 55.68 2003-08-10 Manitoba, Man

Team	Finals	Points
1 British Columbia 'A'	54.37^	20
1) Strauss, Laura 89	2) McIntyre, Andrew 81	
3) Roberge, Chris 81	4) McIntyre, Glen 81	
2 Manitoba 'A'	57.21	18

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1) Daly, Melissa 88	2) Kehler, Brenton 86		
3) Breitfeld, Dietrich 85	4) Ingram, David 85		
3 Saskatchewan 'A'		1:02.06	16
1) Kosar, Trent 81	2) Harrison, Ameer 82		
3) Kinnear, Lindsay 88	4) Misponas, Aaron 83		
4 Alberta 'A'		1:14.11	14
1) Grimson, Kristine 84	2) Good, Cheyenne 89		
3) Mergaert, Scott 88	4) James, Evan 86		