

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 100 Metre Dash Open****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada					
Canada Games: * 11.56 1977 Cindy Moore, ON					
National Sr: # 10.98 1987-07-06 Angela Bailey					
2003 WCSG: ^ 12.00 2003-08-07 Karlyn Serby, TS					
Name	Year	Team	Prelims	Wind	H#
Preliminaries					
3 237 Grant, Chantal	89	Manitoba,Winnipeg	12.02Q	-0.9	2
7 247 Miskimmin, Caley	87	Manitoba,Winnipeg	12.65q	-1.8	1
11 249 Nnadi, Chiazoo	86	Manitoba,Winnipeg	12.87	-0.9	2

Women 100 Metre Dash Open

Sponsor: Shell Canada					
Canada Games: * 11.56 1977 Cindy Moore, ON					
National Sr: # 10.98 1987-07-06 Angela Bailey					
2003 WCSG: ^ 12.00 2003-08-07 Karlyn Serby, TS					
Name	Year	Team	Finals	Wind	Points
Finals					
3 237 Grant, Chantal	89	Manitoba,Winnipeg	11.98^	1.9	17
8 247 Miskimmin, Caley	87	Manitoba,Winnipeg	12.79	1.9	12
Preliminaries					
11 249 Nnadi, Chiazoo	86	Manitoba,Winnipeg			9

Women 200 Metre Dash Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada					
Canada Games: * 23.33 1997 Latoya austin, ON					
National Sr: # 22.62 1983-07-10 Marita Payne					
2003 WCSG: ^ 24.62 2003-08-09 Karlyn Serby, TS					
Name	Year	Team	Prelims	Wind	H#
Finals					
3 237 Grant, Chantal	89	Manitoba,Winnipeg	24.92Q	0.8	2
5 242 Johnson, Alyssa	91	Manitoba,Winnipeg	25.47Q	0.8	2
10 258 Woo, Meaghan	88	Manitoba,Winnipeg	26.18	1.3	1

Women 200 Metre Dash Open

Sponsor: Shell Canada					
Canada Games: * 23.33 1997 Latoya austin, ON					
National Sr: # 22.62 1983-07-10 Marita Payne					
2003 WCSG: ^ 24.62 2003-08-09 Karlyn Serby, TS					
Name	Year	Team	Finals	Wind	Points
Finals					
3 237 Grant, Chantal	89	Manitoba,Winnipeg	24.43^	1.3	17
5 242 Johnson, Alyssa	91	Manitoba,Winnipeg	25.46	1.3	15
Preliminaries					
10 258 Woo, Meaghan	88	Manitoba,Winnipeg			10

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 400 Metre Dash Open****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 53.41 2005 Esther Akinsule, ON

National Sr: # 49.91 1984-08-06 Marita Payne

2003 WCSG: ^ 55.90 2003-08-08 Sharon Drake, Man

Name	Year	Team	Prelims	H#
1 242 Johnson, Alyssa	91	Manitoba, Winnipeg	56.03Q	1
3 253 Romanson, Stephanie	90	Manitoba, Winnipeg	56.86Q	1
10 258 Woo, Meaghan	88	Manitoba, Winnipeg	59.09	2

Women 400 Metre Dash Open

Sponsor: Shell Canada

Canada Games: * 53.41 2005 Esther Akinsule, ON

National Sr: # 49.91 1984-08-06 Marita Payne

2003 WCSG: ^ 55.90 2003-08-08 Sharon Drake, Man

Name	Year	Team	Finals	Points
Finals				
1 242 Johnson, Alyssa	91	Manitoba, Winnipeg	55.67^	20
3 253 Romanson, Stephanie	90	Manitoba, Winnipeg	56.51	17
Preliminaries				
10 258 Woo, Meaghan	88	Manitoba, Winnipeg		10

Women 800 Metre Run Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 2:06.56 1993 Melanie Choiniere, QC

National Sr: # 1:58.39 2001-09-02 Diane Cummins

2003 WCSG: ^ 2:10.66 2003-08-09 Alexandra Krasovska, BC

Name	Year	Team	Prelims	H#
3 253 Romanson, Stephanie	90	Manitoba, Winnipeg	2:16.30Q	2
10 251 Paracholski, Meagan	93	Manitoba	2:21.56	1
12 232 Campbell, Jennifer	87	Manitoba, Winnipeg	2:23.91	1

Women 800 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 2:06.56 1993 Melanie Choiniere, QC

National Sr: # 1:58.39 2001-09-02 Diane Cummins

2003 WCSG: ^ 2:10.66 2003-08-09 Alexandra Krasovska, BC

Name	Year	Team	Finals	Points
Finals				
1 253 Romanson, Stephanie	90	Manitoba, Winnipeg	2:14.60	20
Preliminaries				
10 251 Paracholski, Meagan	93	Manitoba		10
12 232 Campbell, Jennifer	87	Manitoba, Winnipeg		8

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 1500 Metre Run Open**

=====					
Sponsor: Shell Canada					
Canada Games: * 4:16.54 1985 Jill Purola, ON					
National Sr: # 4:00.27 1985-08-30 Lynn Williams					
2003 WCSG: ^ 4:40.78 2003-08-07 Darolyn Trembath, Man					
Name	Year	Team	Finals	Points	
=====					
4 250		Paracholski, Carly	93 Manitoba, Winnipeg	4:48.39	16
7 229		Adamson, Jaclyn	91 Manitoba, Winnipeg	4:52.57	13
10 241		Hesketh, Andrea	89 Manitoba, Carman	4:56.08	10

Women 3000 Metre Run Open

=====					
Sponsor: Shell Canada					
Canada Games: * 9:10.01 1985 Jill Purola, ON					
National Sr: # 8:32.17 1994-08-23 Angela Chalmers					
Name	Year	Team	Finals	Points	
=====					
8 238		Grégoire, Mélanie	89 Man, Springfield	11:04.36	12
9 241		Hesketh, Andrea	89 Manitoba, Carman	11:09.73	11
10 254		Sherwin, Alice	88 Manitoba, Winnipeg	11:09.92	10

Women 5000 Metre Run Open

=====					
Sponsor: Shell Canada					
Canada Games: * 16:16.88 2005 Megan Brown, AB					
National Sr: # 14:54.98 2003-08-03 Courtney Babcock					
2003 WCSG: ^ 17:39.41 2003-08-07 Natasha Wodak, BC					
Name	Year	Team	Finals	Points	
=====					
5 254		Sherwin, Alice	88 Manitoba, Winnipeg	19:26.94	15
6 238		Grégoire, Mélanie	89 Man, Springfield	20:11.40	14

Women 100 Metre Hurdles 33"-8.5m Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====					
Sponsor: Shell Canada					
Canada Games: * 13.16 2001 Angela Whyte, AB					
National Sr: # 12.46 2004-06-19 Perdita Felicien					
2003 WCSG: ^ 15.03 2003-08-08 Sue Kupper, Alberta					
Name	Year	Team	Prelims	Wind	H#
=====					
Preliminaries					
4 244		Lajoie, Miranda	88 Manitoba, Stonewall	16.00Q	0.3 1
8 230		Baker, Dana	87 Manitoba, Winnipeg	16.29q	0.3 1
-- 231		Baker, Kendra	89 Manitoba, Winnipeg	DNF	-0.1 2 Rule 163.6

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 100 Metre Hurdles 33"-8.5m Open**

Sponsor: Shell Canada

Canada Games: * 13.16 2001 Angela Whyte, AB
 National Sr: # 12.46 2004-06-19 Perdita Felicien
 2003 WCSG: ^ 15.03 2003-08-08 Sue Kupper, Alberta

Name	Year	Team	Finals	Wind	Points
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Finals

6	244	Lajoie, Miranda	88	Manitoba, Stonewall	16.19	0.8	14
--	230	Baker, Dana	87	Manitoba, Winnipeg	DQ	0.8	Rule 163.6

Preliminaries

--	231	Baker, Kendra	89	Manitoba, Winnipeg
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Women 400 Metre Hurdles 30" Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 58.53 1993 Miachaela Colluney, BC
 National Sr: # 54.39 1996-07-31 Rosey Edeh
 2003 WCSG: ^ 1:01.76 2003-08-10 Holly Ratzlaff, Alberta

Name	Year	Team	Prelims	H#
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4	243	King, Diana	86	Manitoba, Winnipeg	1:05.59Q	1
5	232	Campbell, Jennifer	87	Manitoba, Winnipeg	1:04.57Q	2
6	230	Baker, Dana	87	Manitoba, Winnipeg	1:06.65Q	1

Women 400 Metre Hurdles 30" Open

Sponsor: Shell Canada

Canada Games: * 58.53 1993 Miachaela Colluney, BC
 National Sr: # 54.39 1996-07-31 Rosey Edeh
 2003 WCSG: ^ 1:01.76 2003-08-10 Holly Ratzlaff, Alberta

Name	Year	Team	Finals	Points
------	------	------	--------	--------

Finals

5	243	King, Diana	86	Manitoba, Winnipeg	1:04.89	15
6	232	Campbell, Jennifer	87	Manitoba, Winnipeg	1:05.04	14
7	230	Baker, Dana	87	Manitoba, Winnipeg	1:07.10	13

Women 3000 Metre Steeplechase Open

Sponsor: Shell Canada

National Sr: # 9:51.16 2002-06-01 Carol Henry
 2003 WCSG: ^ 11:13.00 2003-08-08 Tania Vander Meulen, Alberta

Name	Year	Team	Finals	Points
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1	238	Grégoire, Mélanie	89	Man, Springfield	11:38.86	20
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2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 4x100 Metre Relay Open**

Sponsor: Shell Canada			
Canada Games:	* 45.61	1993	BC, BC
			Matheson, Morris, Perry, Vuu
National Sr:	# 43.17	1976-07-31	
			Howe, Loverrock, McTaggart, Bailey
2003 WCSG:	^ 47.83	2003-08-10	Alberta, Alberta
			E HUA, J KING, D GRUBER, M CZAJKOWSKI
Team		Finals	Points
3 Manitoba 'A'		47.35^	16
1) Miskimmin, Caley 87		2) Johnson, Alyssa 91	
3) Nnadi, Chiazio 86		4) Grant, Chantal 89	

Women 4x400 Metre Relay Open

Sponsor: Shell Canada			
Canada Games:	* 3:40.48	1997	ON, ON
			Liphardt, Bell, Teteris, Fox
National Sr:	# 3:21.21	1984-08-11	
			Crooks, Richardson, Killingback, Payne
2003 WCSG:	^ 3:48.21	2003-08-10	Alberta, Alberta
			M CZAJKOWSKI, C BOUMA, J JONES, H RATZLAFF
Team		Finals	Points
2 Manitoba 'A'		3:49.32	18
1) King, Diana 86		2) Woo, Meaghan 88	
3) Romanson, Stephanie 90		4) Johnson, Alyssa 91	

Women High Jump Open

Sponsor: Shell Canada			
start @ 1.40m by 5's to 1.65m, then by 3's			
Canada Games:	* 1.85m	1985	Cockcroft, Forrester, BC,ON
National Sr:	# 1.98m	1984-09-02	Debbie Brill
2003 WCSG:	^ 1.72m	2003-08-09	Claire Poliquin, BC
Name		Year Team	Finals Points
9 255 Thiessen, Jen		91 Manitoba, Graysville	1.45m 11
1.40 1.45 1.50			
O XXO XXX			

Women Pole Vault Open

Sponsor: Shell Canada			
Start @ 2.40m, by 15's to 3.00m, by 10's			
Canada Games:	* 3.85m	2001	Danna Ellis, ON
National Sr:	# 4.51m	2005-07-15	Dana Ellis-Buller
Name		Year Team	Finals Points
7 236 Gauthier, Carissa		93 Manitoba, Winnipeg	2.40m 13
2.40 2.55			
XO XXX			

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women Long Jump Open**

Sponsor: Shell Canada						
Canada Games: * 6.05m 1985 Tracey Smith, ON						
National Sr: # 6.66m 1996-05-17 Nicole Devonish						
Name	Year	Team	Finals	Wind	Points	
1 249 Nnadi, Chiazio	86	Manitoba, Winnipeg	5.35m	-0.1	20	
	5.15m(-0.5)	5.34m(0.7)	5.35m(-0.1)	5.13m(+0.0)	FOUL(0.4)	5.28m(1.0)
3 230 Baker, Dana	87	Manitoba, Winnipeg	5.23m	0.6	17	
	5.13m(+0.0)	5.15m(-0.2)	FOUL(+0.0)	5.17m(+0.0)	5.23m(0.6)	FOUL(0.7)
6 231 Baker, Kendra	89	Manitoba, Winnipeg	5.06m	-0.5	14	
	5.06m(-0.5)	FOUL(+0.0)	FOUL(-0.3)	4.97m(-0.3)	FOUL(0.1)	FOUL(0.4)

Women Triple Jump Open

Sponsor: Shell Canada						
8m, 10m & 11m boards						
Canada Games: * 13.04m 1997 Althea Williams, ON						
National Sr: # 13.94m 2006-04-29 Tabia Charles						
2003 WCSG: ^ 11.65m 2003-08-07 Mandi Tasche, TS						
Name	Year	Team	Finals	Wind	Points	
3 249 Nnadi, Chiazio	86	Manitoba, Winnipeg	11.41m	+0.0	17	
	11.03m(1.5)	11.40m(0.7)	11.41m(+0.0)	11.37m(1.1)	11.34m(0.7)	10.89m(-1.5)
10 231 Baker, Kendra	89	Manitoba, Winnipeg	9.98m	0.3	10	
	FOUL(0.3)	9.92m(-0.4)	9.98m(0.3)			
12 252 Pettinger, Khalicia	88	Manitoba, Winnipeg	9.58m	0.2	8	
	9.58m(1.5)	FOUL(1.5)	9.58m(0.2)			

Women Shot Put 4 kg Open

Sponsor: Shell Canada						
Canada Games: * 15.11m 2001 Caroline Larose, QC						
National Sr: # 17.17m 1979-06-20 Carmen Ionesco						
2003 WCSG: ^ 14.33m 2003-08-10 Kate Forbes, Alberta						
Name	Year	Team	Finals	Points		
4 245 MacIver, Alexandria	87	Manitoba, Winnipeg	11.63m	16		
	11.25m	10.86m	11.33m	11.38m	10.69m	11.63m
8 246 Mackie, Kristen	89	Manitoba, Emerson	10.23m	12		
	8.96m	9.29m	9.59m	10.23m	9.21m	9.33m
9 256 Twerdun, Deondra	88	Manitoba, Winnipeg	9.53m	11		
	9.53m	9.46m	9.03m			

Women Discus Throw 1 kg Open

Sponsor: Shell Canada						
Canada Games: * 50.00m 2001 Julie Bourgon, QC						
National Sr: # 62.72m 1979-08-23 Carmen Ionesco						
2003 WCSG: ^ 47.25m 2003-08-09 Novelle Murray, BC						
Name	Year	Team	Finals	Points		
4 234 Ferris, Karen	91	Manitoba, Holland	34.46m	16		
	31.16m	FOUL	33.00m	FOUL	33.31m	34.46m

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****....Women Discus Throw 1 kg Open**

6	245	MacIver, Alexandria	87	Manitoba, Winnipeg	29.72m	14
		28.67m 28.89m 17.60m 29.72m FOUL 26.20m				
7	246	Mackie, Kristen	89	Manitoba, Emerson	29.53m	13
		27.73m FOUL 29.12m 28.81m 29.53m 27.15m				

Women Hammer Throw 4 kg Open

=====
 Sponsor: Shell Canada
 Canada Games: * 61.28m 2001 Jennifer Joyce, BC
 National Sr: # 68.48m 2005-07-09 Jennifer Joyce
 2003 WCSG: ^ 53.72m 2003-08-09 Kate Forbes, Alberta
 Name Year Team Finals Points
 =====

7	246	Mackie, Kristen	89	Manitoba, Emerson	37.25m	13
		FOUL 31.19m 36.96m FOUL FOUL 37.25m				
9	234	Ferris, Karen	91	Manitoba, Holland	28.34m	11
		27.78m 28.34m FOUL				
10	245	MacIver, Alexandria	87	Manitoba, Winnipeg	24.74m	10
		22.04m 24.74m FOUL				

Women Javelin Throw 600 g Open

=====
 Sponsor: Shell Canada
 Canada Games: * 52.22m 1981 Monique Lapres, QC
 National Sr: # 55.31m 2003-05-03 Alana Redfern
 2003 WCSG: ^ 50.23m 2003-08-07 Krista Woodward, BC
 Name Year Team Finals Points
 =====

3	248	Mullin, Debra	86	Manitoba, Baylor	38.18m	17
		37.78m 35.75m FOUL 34.32m 37.47m 38.18m				
9	240	Harmon, Sara	90	Manitoba, Melita	30.97m	11
		30.69m FOUL 30.97m				
10	239	Grondin, Renee	92	Manitoba, Winnipeg	26.93m	10
		26.93m FOUL 25.74m				

Women 100 Metre Dash Special O**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

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 Sponsor: Shell Canada
 2003 WCSG: ^ 15.48 2003-08-09 Sarah McCarthy, Alberta
 Name Year Team Prelims Wind H#
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Preliminaries

5	233	Daly, Melissa	88	Man, Winnipeg, MB	17.34Q	1.2	2
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Women 100 Metre Dash Special O

=====
 Sponsor: Shell Canada
 2003 WCSG: ^ 15.48 2003-08-09 Sarah McCarthy, Alberta
 Name Year Team Finals Wind Points
 =====

Finals

4	233	Daly, Melissa	88	Man, Winnipeg, MB	16.96	-0.1	16
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2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Women 200 Metre Dash Special O****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

2003 WCSG: ^ 32.52 2003-08-07 Morgan Urzada, TS

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1	235 Fontaine, Kim	86 Manitoba,Winnipeg	32.71Q	-1.4	1
6	233 Daly, Melissa	88 Man,Winnipeg, MB	36.25Q	-2.1	2

Women 200 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: ^ 32.52 2003-08-07 Morgan Urzada, TS

Name	Year Team	Finals	Wind	Points
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Finals

1	235 Fontaine, Kim	86 Manitoba,Winnipeg	32.68	0.1	20
6	233 Daly, Melissa	88 Man,Winnipeg, MB	36.56	0.1	14

Women Long Jump Special O

Sponsor: Shell Canada

Name	Year Team	Finals	Wind	Points
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1	235 Fontaine, Kim	86 Manitoba,Winnipeg	3.49m	0.6	20
			3.07m(0.5) 3.49m(0.6) 3.30m(0.7) 3.45m(1.1) 3.05m(0.7)	PASS(NWI)	
4	233 Daly, Melissa	88 Man,Winnipeg, MB	2.98m	0.9	16
			2.19m(+0.0) 2.58m(+0.0) 2.76m(0.9) 2.56m(+0.0) 2.78m(0.3) 2.98m(0.9)		

Men 100 Metre Dash Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 10.38 Nathon Taylor, BC

National Sr: # 9.84 1996-07-27 Donovan Bailey

2003 WCSG: ^ 10.75 2003-08-07 Donovan Alexander, Man

Name	Year Team	Prelims	Wind	H#
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Preliminaries

3	286 Szczepaniak, David	88 Manitoba,Winnipeg	10.93Q	1.6	2
8	276 Labbe, Nathan	88 Manitoba,McCreary	11.13q	1.6	2
11	280 Moolchan, Kieran	89 Man,East Selkirk	11.36	-1.5	1

Decathlon: #1 Men 100 Metre Dash Open Decathlon

Sponsor: Shell Canada

Name	Year Team	Finals	Wind	Points
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3	260 Arndt, Philip	89 Manitoba,Pierson	11.99	-0.8	653
6	259 Arndt, Alex	88 Manitoba,Pierson	12.27	-0.8	599

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men 100 Metre Dash Open**

Sponsor: Shell Canada						
Canada Games: * 10.38 Nathon Taylor, BC						
National Sr: # 9.84 1996-07-27 Donovan Bailey						
2003 WCSG: ^ 10.75 2003-08-07 Donovan Alexander, Man						
Name	Year	Team	Finals	Wind	Points	
Finals						
7 276	Labbe, Nathan	88 Manitoba, McCreary	11.29	0.7	13	
-- 286	Szczepaniak, David	88 Manitoba, Winnipeg	FS	0.7		
Preliminaries						
11 280	Moolchan, Kieran	89 Man, East Selkirk			9	

Men 200 Metre Dash Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada						
Canada Games: * 20.90 1997 Glenn Smith, ON						
National Sr: # 20.17 1991-08-26 Atlee Mahorn						
2003 WCSG: ^ 21.81 2003-08-09 Raymond Ardill, BC						
Name	Year	Team	Prelims	Wind	H#	
5 286	Szczepaniak, David	88 Manitoba, Winnipeg	22.21Q	0.7	1	
8 270	Ferguson, Quin	88 Manitoba, Winnipeg	22.35q	0.7	1	
11 280	Moolchan, Kieran	89 Man, East Selkirk	22.78	0.3	2	

Men 200 Metre Dash Open

Sponsor: Shell Canada						
Canada Games: * 20.90 1997 Glenn Smith, ON						
National Sr: # 20.17 1991-08-26 Atlee Mahorn						
2003 WCSG: ^ 21.81 2003-08-09 Raymond Ardill, BC						
Name	Year	Team	Finals	Wind	Points	
Finals						
4 286	Szczepaniak, David	88 Manitoba, Winnipeg	22.23	1.9	16	
6 270	Ferguson, Quin	88 Manitoba, Winnipeg	22.33	1.9	14	
Preliminaries						
11 280	Moolchan, Kieran	89 Man, East Selkirk			9	

Men 400 Metre Dash Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada						
Canada Games: * 46.59 1985 David Williams, ON						
National Sr: # 44.44 2005-08-12 Tyler Christopher						
2003 WCSG: ^ 48.87 2003-08-08 Neal Hurtubise, BC						
Name	Year	Team	Prelims	H#		
4 270	Ferguson, Quin	88 Manitoba, Winnipeg	49.17Q	2		
5 272	Geyson, Kris	86 Manitoba, Winnipeg	48.99Q	1		
11 268	Durand, Zacharie	89 Man, LaBroquerie	50.84	2		

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men 400 Metre Dash Open**

Sponsor: Shell Canada				
Name	Year	Team	Finals	Points
Canada Games: *	46.59	1985	David Williams, ON	
National Sr: #	44.44	2005-08-12	Tyler Christopher	
2003 WCSG: ^	48.87	2003-08-08	Neal Hurtubise, BC	
Finals				
2 270	Ferguson, Quin	88 Manitoba, Winnipeg	47.85^	18
4 272	Geyson, Kris	86 Manitoba, Winnipeg	48.18^	16
Preliminaries				
11 268	Durand, Zacharie	89 Man, LaBroquerie		9

Decathlon: #5 Men 400 Metre Dash Open Decathlon

Sponsor: Shell Canada				
Name	Year	Team	Finals	Points
5 260	Arndt, Philip	89 Manitoba, Pierson	57.89	488
6 259	Arndt, Alex	88 Manitoba, Pierson	1:00.20	406

Men 800 Metre Run Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada				
Name	Year	Team	Prelims	H#
Canada Games: *	1:48.82	1989	Michael McLean, AB	
National Sr: #	1:43.93	2006-08-27	Gary Reed	
2003 WCSG: ^	1:53.84	2003-08-09	Luke Ratzlaff, Alberta	
Preliminaries				
4 261	Barnett, Colin	89 Manitoba, Winnipeg	1:59.02Q	1
5 278	Man, Mitchell	89 Manitoba, Carman	1:57.03Q	2
10 271	Galloway, Marshall	89 Manitoba, Brandon	1:59.71	1

Men 800 Metre Run Open

Sponsor: Shell Canada				
Name	Year	Team	Finals	Points
Canada Games: *	1:48.82	1989	Michael McLean, AB	
National Sr: #	1:43.93	2006-08-27	Gary Reed	
2003 WCSG: ^	1:53.84	2003-08-09	Luke Ratzlaff, Alberta	
Finals				
5 261	Barnett, Colin	89 Manitoba, Winnipeg	1:54.45	15
6 278	Man, Mitchell	89 Manitoba, Carman	1:55.81	14
Preliminaries				
10 271	Galloway, Marshall	89 Manitoba, Brandon		10

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Decathlon: #10 Men 1500 Metre Run Open Decathlon**

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
5 260 Arndt, Philip	89	Manitoba, Pierson	5:23.65	431
6 259 Arndt, Alex	88	Manitoba, Pierson	5:54.78	286

Men 1500 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 3:45.87 1981 Dennis Stark, ON
 National Sr: # 3:31.71 2000-06-30 Kevin Sullivan
 2003 WCSG: ^ 3:54.34 2003-08-07 Brian Walker, Man

Name	Year	Team	Finals	Points
3 261 Barnett, Colin	89	Manitoba, Winnipeg	3:59.04	17
5 265 Carr, Paul	86	Manitoba, Winnipeg	4:01.80	15
7 271 Gallaway, Marshall	89	Manitoba, Brandon	4:05.72	13

Men 3000 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 8:25.76 1973 William Briten, ON
 National Sr: # 7:43.42 1998-08-28 Jeff Schiebler

Name	Year	Team	Finals	Points
2 264 Budigoma, Desire	88	Manitoba, Winnipeg	8:50.06	18
4 265 Carr, Paul	86	Manitoba, Winnipeg	8:51.90	16
11 279 Miller, Greg	89	Manitoba, Winnipeg	9:13.58	9

Men 5000 Metre Run Open

Sponsor: Shell Canada

Canada Games: * 13:57.82 1981 Dennis Stark, MB
 National Sr: # 13:13.96 1998-09-01 Jeff Schiebler
 2003 WCSG: ^ 14:55.86 2003-08-09 Brian Walker, Man

Name	Year	Team	Finals	Points
2 264 Budigoma, Desire	88	Manitoba, Winnipeg	15:16.54	18
8 279 Miller, Greg	89	Manitoba, Winnipeg	15:55.42	12
12 277 Laurier, Joel	89	Manitoba, Winnipeg	16:18.20	8

Men 110 Metre Hurdles 42"-9.13m Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 14.09 2001 Jared MacLeod, MB
 National Sr: # 13.08 1993-07-01 Mark McKoy
 2003 WCSG: ^ 15.67 2003-08-08 Daniel Mezheritsky, BC

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
5 280 Moolchan, Kieran	89	Man, East Selkirk	^ 15.24Q	1.6	2
7 283 Smook, Troy	88	Manitoba, Vita	16.40q	1.6	1

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Decathlon: #6 Men 110 Metre Hurdles 42"-9.13m Open Decathlon**

Sponsor: Shell Canada

Name	Year Team	Finals	Wind	Points
4 260 Arndt, Philip	89 Manitoba, Pierson	19.64	2.6	378
6 259 Arndt, Alex	88 Manitoba, Pierson	21.75	2.6	224

Men 110 Metre Hurdles 42"-9.13m Open

Sponsor: Shell Canada

Canada Games: * 14.09 2001 Jared MacLeod, MB

National Sr: # 13.08 1993-07-01 Mark McKoy

2003 WCSG: ^ 15.67 2003-08-08 Daniel Mezheritsky, BC

Name	Year Team	Finals	Wind	Points
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Finals

3 280 Moolchan, Kieran	89 Man, East Selkirk	15.11^	0.2	17
-- 283 Smook, Troy	88 Manitoba, Vita	DNF	0.2	

Men 400 Metre Hurdles 36" Open**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

Canada Games: * 50.54 1997 Alexandre Marchand, QC

National Sr: # 48.77 2006-08-18 Adam Kunkel

2003 WCSG: ^ 53.90 2003-08-10 Yuai Chielk, Alberta

Name	Year Team	Prelims	H#
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Preliminaries

5 268 Durand, Zacharie	89 Man, LaBroquerie	58.11Q	1
8 287 Tully, Blair	89 Manitoba, Marquette	1:00.95q	1
9 269 Esau, Kevin	86 Manitoba, Mitchell	1:01.20	2

Men 400 Metre Hurdles 36" Open

Sponsor: Shell Canada

Canada Games: * 50.54 1997 Alexandre Marchand, QC

National Sr: # 48.77 2006-08-18 Adam Kunkel

2003 WCSG: ^ 53.90 2003-08-10 Yuai Chielk, Alberta

Name	Year Team	Finals	Points
------	-----------	--------	--------

Finals

3 268 Durand, Zacharie	89 Man, LaBroquerie	56.86	17
6 287 Tully, Blair	89 Manitoba, Marquette	1:01.00	14

Preliminaries

9 269 Esau, Kevin	86 Manitoba, Mitchell		11
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2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men 3000 Metre Steeplechase Open**

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=====
Sponsor: Shell Canada
Canada Games: * 8:44.94 1989          Jean-Pierre Poulin, QC
National Sr: # 8:12.58 1985-08-28  Graeme Fell
2003 WCSG: ^ 9:19.99 2003-08-08  Ian Manyfingers, Alberta
Name                    Year Team                    Finals  Points
=====
6 380 DeJong, Calvary    86 Manitoba,Winnioeg        10:04.48  14
8 277 Laurier, Joel     89 Manitoba,Winnipeg        10:11.73  12

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Men 4x100 Metre Relay Open

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Sponsor: Shell Canada
Canada Games: * 40.12 1997          ON, ON
Channer, Nicolini, Branch, Santos
National Sr: # 37.69 1996-08-03
Esmie, Bilbert, Surin, Bailey
2003 WCSG: ^ 41.71 2003-08-10  Alberta, Alberta
J FITZGERALD, A ROSENKE, C HIRSCH, J ELLIS
Team                    Finals  Points
=====
3 Manitoba 'A'          41.95  16
1) Durand, Zacharie 89          2) Szczepaniak, David 88
3) Moolchan, Kieran 89         4) Labbe, Nathan 88

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Men 4x400 Metre Relay Open

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=====
Sponsor: Shell Canada
Canada Games: * 3:08.34 1993          ON, ON
Archer, Davis, Mooney, Raymond
National Sr: # 3:02.64 1976-07-31
Seale, Domansky, Hope, Saunders
2003 WCSG: ^ 3:16.44 2003-08-10  British Columbia, BC
J SHIMELL, R ARDILL, G PITCHES, N HURTUBISE
Team                    Finals  Points
=====
4 Manitoba 'A'          3:25.77  14
1) Esau, Kevin 86          2) Durand, Zacharie 89
3) Barnett, Colin 89       4) Ferguson, Quin 88

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Men High Jump Open

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=====
Sponsor: Shell Canada
Start @ 1.60m, 1.70, then by 5's to 1.95m, then by 3's
Canada Games: * 2.22m 1985          Mike Caza, ON
National Sr: # 2.35m 1999-08-23  Mark Boswell
2003 WCSG: ^ 2.06m 2003-08-08  Michael Kizinkewich, Man
Name                    Year Team                    Finals  Points
=====
3 281 Rodewald, Lucas    90 Manitoba,Winnipeg        2.01m   17
1.90 1.95 1.98 2.01 2.04
0    0    0    0   XXX

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2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****....Men High Jump Open**

9	291	Wilson, Aaron	89	Man, Fisher Branch	1.80m	10.50
		1.60 1.70 1.75 1.80 1.85				
		O O O O XXX				
11	260	Arndt, Philip	89	Manitoba, Pierson	1.75m	9
		1.60 1.70 1.75 1.80				
		XO XO O XXX				

Decathlon: #4 Men High Jump Open Decathlon

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
3 259 Arndt, Alex	88	Manitoba, Pierson	1.71m	552
		1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74		
		PPP PPP O O O O XO XXO XXX		
5 260 Arndt, Philip	89	Manitoba, Pierson	1.68m	528
		1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71		
		PPP PPP PPP O O O XO XXX		

Decathlon: #8 Men Pole Vault Open Decathlon

Sponsor: Shell Canada

Name	Year	Team	Finals	Points
3 260 Arndt, Philip	89	Manitoba, Pierson	3.10m	381
		2.70 2.80 2.90 3.00 3.10 3.20		
		XXO O XXO XO XO XXX		
4 259 Arndt, Alex	88	Manitoba, Pierson	2.90m	333
		2.50 2.70 2.80 2.90 3.00		
		XXO XXO O O XXX		

Men Pole Vault Open

Sponsor: Shell Canada

Start @ 2.60m by 20's to 4.00m, by 10's

Canada Games: * 5.15m 2001 Jamie Johnson, AB

National Sr: # 5.61m 1991-07-14 Douglas Wood

2003 WCSG: ^ 4.80m 2003-08-10 Graham Danzinger, BC

Name	Year	Team	Finals	Points
7 281 Rodewald, Lucas	90	Manitoba, Winnipeg	3.20m	13
		2.60 2.80 3.00 3.20 3.40		
		P P O O XXP		
8 260 Arndt, Philip	89	Manitoba, Pierson	3.00m	12
		2.60 2.80 3.00 3.20		
		O P XO XXX		
9 259 Arndt, Alex	88	Manitoba, Pierson	2.80m	11
		2.60 2.80 3.00		
		O O XXX		

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Decathlon: #2 Men Long Jump Open Decathlon**

Sponsor: Shell Canada

Name	Year Team	Finals	Wind	Points
5 260 Arndt, Philip	89 Manitoba, Pierson	6.05m	0.5	597
5.76m(0.3) 5.82m(0.7) 6.05m(0.5)				
7 259 Arndt, Alex	88 Manitoba, Pierson	5.02m	0.6	386
3.97m(0.3) 5.02m(0.6) 4.67m(0.5)				

Men Long Jump Open

Sponsor: Shell Canada

Canada Games: * 7.81m 1997 Andrew Channer, ON

National Sr: # 8.20m 1991-07-20 Edrick Floreal

Name	Year Team	Finals	Wind	Points
2 276 Labbe, Nathan	88 Manitoba, McCreary	6.97m	0.3	18
FOUL(1.7) FOUL(1.5) 6.28m(1.0) 6.74m(0.8) 6.97m(0.3) 6.49m(0.6)				
7 289 Walford, David	90 Manitoba	6.44m	NWI	13
6.44m(NWI) 5.52m(3.2) 4.32m(1.2) FOUL(0.8) 6.40m(0.4) 6.38m(0.7)				
8 379 Brown, Justin	86 Manitoba, Winnipeg	6.34m	1.6	12
6.22m(2.4) 6.34m(1.6) 6.04m(1.2) 6.21m(1.1) 6.24m(+0.0) 6.28m(0.3)				

Men Triple Jump Open

Sponsor: Shell Canada

8m, 10m, 11m, & 13m boards

Canada Games: * 16.07m 1985 Edrick Floreal, QC

National Sr: # 17.29m 1989-06-03 Edrick Floreal

2003 WCSG: ^ 15.18m 2003-08-07 Bruce McCannel, TS

Name	Year Team	Finals	Wind	Points
1 276 Labbe, Nathan	88 Manitoba, McCreary	14.35m	0.2	20
13.41m(-1.0) 13.94m(-1.0) 14.33m(-1.3) 14.35m(0.2) 14.25m(+0.0) 14.30m(-0.3)				
4 289 Walford, David	90 Manitoba	13.59m	-0.2	16
13.45m(-0.6) FOUL(-0.4) 12.45m(-0.5) 12.99m(-0.2) 13.25m(-0.5) 13.59m(-0.2)				
7 273 Gundrum, Joshua	89 Manitoba, Swan Lake	13.13m	+0.0	13
FOUL(-1.3) 13.01m(-1.1) 12.74m(-0.7) 12.62m(-0.6) 13.07m(-0.1) 13.13m(+0.0)				

Decathlon: #3 Men Shot Put 16 lbs Open Decathlon

Sponsor: Shell Canada

Name	Year Team	Finals	Points
3 259 Arndt, Alex	88 Manitoba, Pierson	10.57m	520
10.30m 8.92m 10.57m			
6 260 Arndt, Philip	89 Manitoba, Pierson	9.84m	476
9.70m 9.84m 9.62m			

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men Shot Put 16 lbs Open**

Sponsor: Shell Canada						
Canada Games: * 17.76m 2001 Dylan Armstrong, BC						
National Sr: # 20.86m 2004-06-18 Brad Snyder						
2003 WCSG: ^ 17.95m 2003-08-08 Chris Meisner, Alberta						
Name	Year	Team			Finals	Points
4 282 Sedor, Mat	88	Manitoba,Ste. Rose			13.31m	16
FOUL 12.61m 13.12m 13.31m FOUL 13.00m						
6 285 Suppes, Patrick	86	Manitoba,Ridgeville			12.53m	14
12.44m 12.08m 12.34m FOUL 11.87m 12.53m						
7 266 Charrier, Justin	86	Manitoba,Riverton			12.10m	13
12.08m 11.85m FOUL 12.10m 11.73m FOUL						

Decathlon: #7 Men Discus Throw 2 kg Open Decathlon

Sponsor: Shell Canada						
Name	Year	Team			Finals	Points
4 260 Arndt, Philip	89	Manitoba,Pierson			28.81m	441
24.49m 23.15m 28.81m						
5 259 Arndt, Alex	88	Manitoba,Pierson			27.45m	415
27.31m FOUL 27.45m						

Men Discus Throw 2 kg Open

Sponsor: Shell Canada						
Canada Games: * 54.28m 1997 Jason Gervais, ON						
National Sr: # 67.88m 1998-05-14 Jason Tunks						
2003 WCSG: ^ 45.40m 2003-08-07 Jon Doucette, Alberta						
Name	Year	Team			Finals	Points
1 282 Sedor, Mat	88	Manitoba,Ste. Rose			46.71m^	20
45.55m 46.71m 45.31m 45.67m 44.56m FOUL						
4 285 Suppes, Patrick	86	Manitoba,Ridgeville			40.82m	16
38.36m 39.42m 39.35m 39.21m FOUL 40.82m						
9 266 Charrier, Justin	86	Manitoba,Riverton			34.50m	11
34.50m FOUL 27.47m						

Men Hammer Throw 16 lbs Open

Sponsor: Shell Canada						
Canada Games: * 64.96m 2001 Dylan Armstrong, BC						
National Sr: # 75.96m 2006-07-15 James Steacy						
2003 WCSG: ^ 58.76m 2003-08-07 Adam Smith, Alberta						
Name	Year	Team			Finals	Points
6 284 Suppes, Garth	87	Manitoba			39.83m	14
36.50m 39.18m FOUL 37.77m 39.83m 39.40m						
7 266 Charrier, Justin	86	Manitoba,Riverton			36.98m	13
FOUL 36.98m FOUL FOUL 35.27m 35.27m						
8 285 Suppes, Patrick	86	Manitoba,Ridgeville			36.30m	12
35.22m 36.30m FOUL 33.93m 35.83m FOUL						

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****Men Javelin Throw 800 g Open**

Sponsor: Shell Canada						
Canada Games: * 75.20m 1981 Mike Mahovlich, BC						
National Sr: # 84.41m 2005-07-20 Scott Russell						
2003 WCSG: ^ 54.80m 2003-08-09 Pat Clark, TS						
Name	Year	Team		Finals	Points	
5 290 Waterhouse, Travis	88	Manitoba, Carberry		52.29m	15	
			50.57m 47.65m 52.24m	52.29m FOUL 51.56m		
6 285 Suppes, Patrick	86	Manitoba, Ridgeville		51.75m	14	
			48.68m 51.75m 47.98m	49.62m 51.03m 47.94m		
10 288 Twiss, Justin	90	Manitoba, Haywood		42.10m	10	
			41.59m 41.11m 42.10m			

Decathlon: #9 Men Javelin Throw 800 g Open Decathlon

Sponsor: Shell Canada						
Name	Year	Team		Finals	Points	
3 260 Arndt, Philip	89	Manitoba, Pierson		38.78m	424	
			20.79m FOUL 38.78m			
4 259 Arndt, Alex	88	Manitoba, Pierson		36.61m	393	
			33.41m 36.61m 34.40m			

Men Decathlon Open

Sponsor: Shell Canada						
Canada Games: * 7133 1989 Garth Peet, ON						
National Sr: # 8626 1996-05-26 Michael Smtih						
Name	Year	Team		Finals	Points	
5 260 Arndt, Philip	89	Manitoba, Pierson		4797	15	
6 259 Arndt, Alex	88	Manitoba, Pierson		4114	14	

Men 100 Metre Dash Special O**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada						
2003 WCSG: ^ 12.09 2003-08-09 Randy Debruyne, Alberta						
Name	Year	Team		Prelims	Wind	H#
Preliminaries						
4 274 Ingram, David	85	Manitoba, Winnipeg		13.45Q	1.0	1
5 275 Kehler, Brenton	86	Man, Winnipeg, MB		13.60Q	1.0	1
6 262 Breitfeld, Dietrich	85	Man, Steinbach, MB		13.60Q	1.0	2

Men 100 Metre Dash Special O

Sponsor: Shell Canada						
2003 WCSG: ^ 12.09 2003-08-09 Randy Debruyne, Alberta						
Name	Year	Team		Finals	Wind	Points
Finals						
4 274 Ingram, David	85	Manitoba, Winnipeg		13.49	0.7	16
5 275 Kehler, Brenton	86	Man, Winnipeg, MB		13.55	0.7	15

2007 Western Canada Summer Games - 2007-08-08 to 2007-08-11**Strathcona Athletic Park****Sherwood Park, Alberta****Results****....Men 100 Metre Dash Special O**

7 262 Breitfeld, Dietrich 85 Man,Steinbach, MB 13.78 0.7 13

Men 200 Metre Dash Special O**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Sponsor: Shell Canada

2003 WCSG: ^ 24.53 2003-08-07 Randy Debruyne, Alberta

Name	Year	Team	Prelims	Wind	H#
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Preliminaries

4 274 Ingram, David	85	Manitoba,Winnipeg	28.12Q	0.6	1
6 275 Kehler, Brenton	86	Man,Winnipeg, MB	28.56Q	0.6	1
7 262 Breitfeld, Dietrich	85	Man,Steinbach, MB	29.01q	-1.1	2

Men 200 Metre Dash Special O

Sponsor: Shell Canada

2003 WCSG: ^ 24.53 2003-08-07 Randy Debruyne, Alberta

Name	Year	Team	Finals	Wind	Points
------	------	------	--------	------	--------

Finals

5 262 Breitfeld, Dietrich	85	Man,Steinbach, MB	28.89	0.5	15
6 275 Kehler, Brenton	86	Man,Winnipeg, MB	29.12	0.5	14

Preliminaries

4 274 Ingram, David 85 Manitoba,Winnipeg

Men Long Jump Special O

Sponsor: Shell Canada

Name	Year	Team	Finals	Wind	Points
------	------	------	--------	------	--------

3 274 Ingram, David	85	Manitoba,Winnipeg	4.63m	-1.2	17
4.22m(-0.1) 4.21m(-0.3) 4.13m(-1.5) 4.63m(-1.2) 4.43m(-0.6) 3.86m(-0.5)					
5 262 Breitfeld, Dietrich	85	Man,Steinbach, MB	4.55m	-0.4	15
4.22m(-0.2) FOUL(-1.0) 4.49m(-0.5) 4.46m(-1.0) 4.55m(-0.4) 4.48m(-0.4)					
8 275 Kehler, Brenton	86	Man,Winnipeg, MB	4.11m	-0.7	12
3.69m(-1.6) FOUL(-0.1) FOUL(-0.7) 4.11m(-0.7) 3.64m(-0.4) FOUL(+0.0)					

Mixed 4x100 Metre Relay Co-ed Special O

Sponsor: Shell Canada

2003 WCSG: ^ 55.68 2003-08-10 Manitoba, Man

Team	Finals	Points
------	--------	--------

2 Manitoba 'A'	57.21	18
1) Daly, Melissa 88	2) Kehler, Brenton 86	
3) Breitfeld, Dietrich 85	4) Ingram, David 85	